



What's Happening at St. Mark's

Ongoing Announcements - October 2026

PLEASE NOTE

An Announcement About Announcements Do you sometimes make spoken announcements? Please note that all announcements should now be submitted in advance. To keep the total time to about five minutes, each one should be clear, concise, and prepared ahead of time. To request a spoken announcement, please complete the online form by the preceding Tuesday evening. Clergy and staff will review submissions and confirm later in the week. If your announcement isn't selected, it may still be briefly highlighted by the clergy. Scan the QR code or visit shorturl.at/vaXg7



AROUND ST. MARK'S

Want to Reserve a Space at St. Mark's? There are forms for space reservations on the ["Reserve Our Facilities" page](#) of the St. Mark's website. Please use a form, regardless of what you need the space for or for how long. Parishioners should use the [Parishioner Form](#). For music events, use the [Music Form](#). For people outside our church community, use the [Non-Parishioner Form](#). All forms can be found using the QR code. Questions? Contact Samantha White, Parish Admin, at parishadmin@stmarks.net.



PRAYER & SPIRITUAL LIFE

Morning Prayer on Zoom Monday, Wednesday, and Friday, 11:00–11:40 a.m. Readings from the Bible and the life of a notable holy person, prayers (as for Thursday Eucharist), and wide-ranging discussion similar to Sermon Seminar. Join by screen or phone for reflection and fellowship. The latest Zoom information is at stmarks.net/morningprayer. For more information, contact Elin Whitney-Smith at elinwhitneysmith@gmail.com.

Centering Prayer Every day on Zoom at 8:00 a.m. Centering Prayer is an early Christian contemplative practice that emphasizes interior silence. For more information or to join the group, contact The Rev. Patricia Catalano at adjunct@stmarks.net.

COMMUNITY & CARE

Migrant Solidarity Opportunities: As detentions and deportations in the DMV continue to ramp up, so do opportunities to help. If you are interested in learning about ways to support migrants, please contact Julie Murphy at juliaabbotmurphy@gmail.com or Holly Kreutter at hkreutts@hotmail.com.

Caregivers Support Group: If you care for a loved one and would like to share your experiences with similarly engaged others, email Kathleen Frydl at kfrydl@gmail.com to join our monthly Caregivers Support Group. We meet by Zoom on the first Wednesday of the month at 7:30 p.m. Over the course of the hour, we share the challenges of caregiving—the stuff that breaks our hearts and challenges our minds, but also the quiet moments of profound grace and deep love for the one who needs us.

ST. MARK'S COMMUNITY CENTERS

St. Mark's Meditation Center: Meditation, silence, dharma talk, discussion, and metta (such as “May I, you, and all beings be safe, joyful, and at peace”). We are peer-led, with a different member or guest facilitating. Whether you have meditated for weeks or years—or never before—you are welcome to join Monday evenings from 7:30–9:00 p.m. in the Parish Hall. Zoom is also available. Questions? Email mmrivard@hotmail.com.

St. Mark's Yoga Center: Since 1978, SMYC has offered yoga at affordable prices, accessible to all. Classes are held seven days a week, and the first class is free. We now have two new teachers and a Friday class. [Visit stmarksyogadc.org](http://stmarksyogadc.org)

(* denotes that this announcement has been recently added or re-added)