

**WELCOME TO  
ST. MARK'S EPISCOPAL CHURCH  
✠  
CAPITOL HILL**

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in life's struggles and to care for others with love, justice, and compassion.



**THE THIRD SUNDAY  
AFTER PENTECOST**

**JUNE 21, 2026**

**5:00 PM HOLY EUCHARIST &  
LAYING ON OF HANDS**

**Rector**

The Reverend Michele H. Morgan

**Associate Rector**

The Reverend Caitlin Frazier

**Pastoral Associate**

The Reverend Patricia Catalano

**Director of Music**

Jeff Kempskie

**Children, Youth, & Family**

**Ministry Director**

Lisa Ramish

# Welcome to St. Mark's Episcopal Church ☩ Capitol Hill

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To view the **parish calendar online**, go to our homepage [www.stmarks.net](http://www.stmarks.net) and click “Calendar” at the top of the page.

**Hearing** – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

**Restrooms** are available in the foyer, with more downstairs.

**Childcare** – The Nursery is open until 12:30 PM. Children up to PreK-3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, the last room on your right.

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## THE LITURGY OF THE WORD

### OPENING SENTENCES

God is our hope and strength  
a very present help in trouble.

*A period of silence is observed.*

### THE COLLECT

God be with you.  
And also with you.

Let us pray,

**O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

## **THE FIRST READING** Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Hear what the Spirit is saying to us.

**Thanks be to God.**

## **THE GOSPEL** Matthew 10:24-39

The Gospel of Jesus according to Matthew.

**Glory to you, Lord Christ.**

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,  
and a daughter against her mother,  
and a daughter-in-law against her mother-in-law;  
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

The Gospel of Jesus.  
**Praise to you, Lord Christ.**

**SERMON**

The Reverend Caitlin Frazier

**MUSIC FOR MEDITATION**

**THE NICENE CREED**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,**

**God from God, Light from Light,  
true God from true God,  
begotten, not made,**

of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

*A period of silence is observed.*

## **PRAYERS OF THE PEOPLE**

I ask your prayers for God's people throughout the world; for our Bishops Mariann and Eugene; for this gathering; and for all ministers and people. Pray for the Church.

*A brief silence is observed after each petition.*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

I ask your prayers for the departed. Pray for those who have died.

I ask your prayers for your own needs and for those of others.

*All may now offer their own prayers, either silently or aloud, ending with*

*“This is my prayer” to which all will respond “Amen.”*

Let us pray:

**Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. Amen.**

## **MISSION MOMENT**

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## **THE PEACE**

The peace of God be with you!  
And also with you.

## **VESTRY GREETING & WELCOME**

## **ELECTRONIC OFFERING**

*Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark’s website, [stmarks.net](http://stmarks.net), and choosing “Donate or Pledge” at the top.*

*Gifts to St. Marks can also be made by texting “stmarks20003” to 73256, or by visiting the QR code. Thank you for your generous support of our collective work.*



## **OFFERTORY SENTENCE**

O Lord our God, you are worthy to receive glory and honor and power; because you have created all things, and by your will they were created and have their being.

# THE LITURGY OF THE TABLE

## EUCCHARISTIC PRAYER

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we proclaim:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. Amen.

## **THE LORD’S PRAYER**

And now, as Jesus taught us, let us pray:

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil.**

**For the kingdom, the power, and the glory are yours, now and forever. Amen.**

## **THE FRACTION**

Alleluia. Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia.**

## **THE INVITATION TO COMMUNION**

We recognize this as God’s table set before us and this bread and wine as God’s food for all.

**Therefore, whoever we are, from wherever we have come, and whatever we believe or do not believe, all are welcome and invited to receive. Amen!**

## THE COMMUNION

*St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community.*

*You will be offered bread by a celebrant and invited to drink from the common cup. Please put out your hands to help guide the cup to your lips, and drink.*

*If you do not wish to receive the wine, please cross your hands over your chest. Please refrain from intincting (dipping) the host (the bread) into the wine.*

## MUSIC DURING COMMUNION

### POST-COMMUNION PRAYER

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Creator, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

### THE BLESSING

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and strengthen you to proclaim the word and works of God; and the blessing of God, Creator, Redeemer, and Sustainer be with you now and forever. **Amen.**

### DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit.  
**Thanks be to God.**

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### Worship Participants

*We'd love to talk to you if you're interested in serving in the liturgy in any of the following roles!  
For more information, contact our Assistant Rector Caitlin Frazier, [Caitlin@stmarks.net](mailto:Caitlin@stmarks.net)*

**Presider & Preacher  
Verger**

The Reverend Catilin Frazier  
Michele Rivard

**Acknowledgments:** The Collect, Prayers of the People, Dismissal: *The Book of Common Prayer*.  
The Eucharistic Prayer: *Enriching Our Worship*, volume 1: Post-communion Prayer, the Blessing:  
*Common Worship*, The Church of England.

Our **Pentecost Paraments** were designed by the Altar Guild and financed by the Endowment Board. The pulpit fall, lectern fall, and veil reflect the symbols of the three regions from this region. They illustrate the bird, tree, butterfly, fish, and flower of DC, VA & MD. They were made by English needle artist, Jacquie Binns, who designed and created our banner

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## **Cycle of Prayer**

### ***In the Diocese of Washington***

Pray for all fathers and those who have been as fathers to us.

### ***Anglican Communion***

The Church of South India (United)

### ***Parish Prayer List***

Ben Alquiros • Nora Alquiros • Pam Baugh • Alex Beau • Jackie Boddie  
Joseph Boone • Suzanne Burnette • Tracy Councill • Mark, Karen, Abby & Aimee Dahl  
Martin & Mary De Nys • Charley Donnelly • Leonard "Toby" Ellison • Karen Falk  
Eddie Garnett • Jack Guza • Dianne Hall • Michael Henely • David Hoffman  
Jack Howell • Gale Johnson • Julia Jones • Liam Kenny • Shadi Khoury  
Hatcher Byrd Kincheloe • Pat Latin • Marwan Ibrahim Maadi • Lila Marks  
Nat Marks • Taylor Emerson Marks • Sis McKay • Walt Moody  
Fred Muller (and family) • Mike Neuman • Bruce Noble • Hester Ohbi  
James & Wanda Pittman • Malik Robinson Jr • T.H. Salmon  
Ben Schaibly • Bob Schaaf • Stephanie Seely • Elin Whitney Smith • Richard Smith  
Helen Soheilli • Martha Kincheloe Spain • Barbara Starkey • Deb Sullivan  
Anthony Sullivan • Yasser & Jawaher Toshtash • David Thacker • Carol Thornhill  
Stephanie Toth • Stephen Wolf • Geoffrey Wood • Tom Zarek

### ***Parishioners and Family Members Serving in the Military***

Chase Allen Ammon • Clint Billings • Jason Earnest • Noah Landen  
Ensign Andrew Loevinger • Lt. Tyler Gray-Hoehn • 1st Lt. Colin Gray-Hoehn

*If you would like to request to add or remove a name,  
please email the Bulletin Coordinator at [bulletin@stmarks.net](mailto:bulletin@stmarks.net)*

# St. Mark's Episcopal Church, Capitol Hill

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## Office Directory

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The Reverend Caitlin Frazier, Associate Rector	caitlin@stmarks.net
The Reverend Patricia Catalano, Liturgy & Pastoral Associate	adjunct@stmarks.net
Jeff Kempkie, Director of Music	jeff@stmarks.net
Lisa Ramish, Children's, Youth, & Family Ministry Director	youthdirector@stmarks.net
Samantha White, Parish Administrator for Building and Facilities	parishadmin@stmarks.net
Annick Milde, Parish Administrator for Finance	pfa@stmarks.net
Judith Rautenberg, Children's Choir Director	judith@stmarks.net
Katherine Philipson, Bulletin Coordinator	bulletin@stmarks.net

## The Vestry

Senior Warden	Alix Pereira	srwarden@stmarks.net
Junior Warden	Martha Huizenga	juniorwarden@stmarks.net
Class of '27	Elizabeth Becker, Kristina Keenan, Doug Padgett	
Class of '28	Mary Ellison, Ben Flowers, Katherine White	
Class of '29	Laura Gladstone, Randy Marks, Bo Ranney	

### Officers

Doug Ammon, <i>Treasurer</i>	Ryan Baugh, <i>Clerk</i>
Roy Phillips, <i>Asst. Treasurer</i>	Karen Wiedemann, <i>Vestry Counsel</i>
Nick Simons, <i>Risk Manager</i>	

## Diocesan Delegates

J.R. Randall (2027), Mary Neznok (2027), Jan Lipscomb (2028), Michael Knipe (2029)

Upcoming Vestry Meetings will be held on June 23 at 7:00 PM via Zoom and in-person. If you have questions, contact the Vestry Clerk at [clerk@stmarks.net](mailto:clerk@stmarks.net)



## Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. If you have questions, please speak with the clergy or one of the greeters after the service.

To complete this form online, or sign up for our weekly newsletter, use this QR code:



I attended: \_\_\_\_\_ 5:00 p.m. Worship Service on June 21, 2026

Name \_\_\_\_\_

E-mail \_\_\_\_\_

Phone No. \_\_\_\_\_

Zip Code \_\_\_\_\_

I am interested in learning more about:

- \_\_\_\_\_ Becoming a member
- \_\_\_\_\_ Service and Social Justice
- \_\_\_\_\_ Adult education classes and prayer groups
- \_\_\_\_\_ Volunteer during worship (Greet, Lay Serve, Altar Guild, Read, etc.)
- \_\_\_\_\_ Baptism/Confirmation (child, adult)
- \_\_\_\_\_ Music (choir, lessons)
- \_\_\_\_\_ Children/youth classes & programs including Sunday School
- \_\_\_\_\_ Affinity groups (20s/30s, Men's Group, Women's Group)
- \_\_\_\_\_ Getting married at St. Mark's
- \_\_\_\_\_ Meditation Center
- \_\_\_\_\_ Yoga classes
- \_\_\_\_\_ Dance classes
- \_\_\_\_\_ St. Mark's Players (theatrical productions)

Anything else you would like to share?

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Thank you for visiting St. Mark's today. *Go in peace and return often!*