

**WELCOME TO  
ST. MARK'S EPISCOPAL CHURCH**

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**CAPITOL HILL**

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in life's struggles and care for others with love, justice, and compassion.



**THE FIFTH SUNDAY  
IN LENT**

**March 22, 2026**

**5:00 PM HOLY EUCHARIST**

**Rector**

The Reverend Michele H. Morgan

**Associate Rector**

The Reverend Caitlin Frazier

**Pastoral Associate**

The Reverend Patricia Catalano

**Seminarian**

Rebekah Taylor

**Director of Music**

Jeff Kempskie

**Children, Youth, & Family**

**Ministry Director**

Lisa Ramish

## Welcome to St. Mark's Episcopal Church ☩ Capitol Hill

To view the **parish calendar online**, please visit our homepage [www.stmarks.net](http://www.stmarks.net) and click "Calendar" at the top of the page.

**Hearing** – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

**Restrooms** are available in the foyer, with more downstairs.

**Land Acknowledgement** We acknowledge with respect the history, spirituality, and culture of the peoples on whose traditional territory we are located, specifically the Piscataway and Nacotchtank (Anacostan) peoples. We make this acknowledgment mindful of the traumatic events and the ongoing forces of systemic racism and oppression that forced native peoples from their lands. We continue our commitment to learning, growing, and finding a new way forward for meaningful, mutual healing.

☩ ☩ ☩

## THE LITURGY OF THE WORD

### OPENING SENTENCES

Listen to the silence.  
Hear the Voice of all;  
The still, small Voice.  
**The Voice of God.**

*Silence is observed.*

Seek the silence.  
Find the Source of all.  
That still, small Voice.  
**The Voice of God.**

*Silence is observed.*

Welcome the silence.  
Live in the Center of all;  
The still, small Voice.  
**The Voice of God.**

*A period of silence is observed.*

## **THE COLLECT**

Let us pray

**Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## **THE FIRST READING** Romans 8:6-11

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear what the Spirit is saying to us.  
**Thanks be to God.**

## **THE GOSPEL** John 11:1-45

The Gospel of Jesus according to John.  
**Glory to you, Lord Christ.**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world."

When she had said this, she went back and called her sister Mary, and told her privately, "The Teacher is here and is calling for you." And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died."

When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus began to weep. So the Jews said, "See how he loved him!" But some of them said, "Could not he who opened the eyes of the blind man have kept this man from dying?"

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, already there is a stench because he has been dead four days." Jesus said to her, "Did I not tell you that if you believed, you would see the glory of God?" So they took away the stone. And Jesus looked upward and said, "Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go."

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

The Gospel of Jesus.

**Praise to you, Lord Christ.**

**SERMON**

The Reverend Michele H. Morgan

**MUSIC FOR MEDITATION**

**NICENE CREED**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,**

**begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*A period of silence is observed.*

## **PRAYERS OF THE PEOPLE**

Let us pray for the Church, ourselves, and the world.

Gracious God: As we walk through this season of Lent, we give thanks for our chosen spiritual home, all who guide and work for it, here and abroad.

**Our help comes from you.**

Creator God, who breathed this world into being and established a covenant with those who follow you: bring us out of the captivity of our lives into your promised land.

**Our help comes from you.**

Forgiving God, you entrusted to us this world of wonder and delight, yet we so often use it for our own glory rather than yours. Awaken us to its beauty, to its fragility, and to our call to speak and act for its healing.

**Our help comes from you.**

Loving God, you hold every life as precious. We pray for everyone affected by the conflict among Iran, Israel, and the United States, for the dead and the grieving, the fearful and the displaced. Do not let us look away from their suffering. Turn our hearts and our leaders toward peace, and renew in us compassion and courage.

**Our help comes from you.**

Loving God, you taught that none are forgotten in your sight. Be near to the lonely, the isolated, and the weary. Carry us all through these dark days, and breathe new life into us, as you breathe new life into the earth each spring.

**Our help comes from you.**

Living God, your Son walked among us and touched those the world overlooked.

Help us remember the unhoused, the refugee, and the stranger, and remind us that we are your hands in the world.

**Our help comes from you.**

Comforting God, you welcomed your Son home after his earthly life.

Welcome into your embrace all those we have loved and lost, those we remember and those we do not, those known and those forgotten, and remind us that one day we too shall be welcomed home.

**Our help comes from you.**

Let us pray for our own needs and those of others.

*Community members may now offer petitions ending with  
"This is my prayer," to which all will respond, "Amen."*

Merciful God, **grant that what we, your servants, have prayed for, we may have grace to work for; and in the purpose of your love, answer our prayers and fulfill our hope. Amen.**

## **CONFESSION**

Let us confess our sins against God and our neighbor.

*Silence is observed.*

Together,  
**Forgiving God,**  
we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing and cleanse us from our sin.  
Renew a right spirit within us  
and restore us to the joy of your salvation,  
through Jesus Christ our Lord. Amen.

### **ABSOLUTION**

God forgives you, forgive yourself and go in peace.

**MISSION MOMENT** Responsive Grants, Bridging Hearts Club

### **THE PEACE**

May the peace of God be with you!  
And also with you.

### **VESTRY GREETING**

### **WELCOME**

### **ELECTRONIC OFFERING**

*Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark's website, [stmarks.net](http://stmarks.net), and choosing "Donate or Pledge" at the top.*

*Gifts to St. Marks can also be made by texting "stmarks20003" to 73256, or by visiting the QR code. Thank you for your generous support of our collective work.*



*Food offerings may be brought forward to the baskets under the altar at this time.*

### **OFFERTORY SENTENCE**

Offer to the Holy One a sacrifice of Thanksgiving and make good your vows to the Most High.  
*(Psalm 50:14)*

# THE LITURGY OF THE TABLE

## EUCCHARISTIC PRAYER

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to God.**

Let us give thanks to God.

**It is right to give our thanks and praise.**

Eternal God, in the abundance of your love, you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings, you never cease to call us to fullness of life.

You gave us Jesus, son of Mary, the bread of life broken for the world; he fed us and feasted with us, suffering with us, in his dying and rising, sharing with us the pattern of our living.

Therefore, with all whom you have made, cherished, and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

We ask that your Holy Spirit fall upon us and upon these gifts that these fragile, earthly things may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom.

Calling them to his table, he took bread, gave thanks, broke it, and said, "This, my body, I give to you. Eat and remember me." In the same way, after supper, he took the cup, saying: "This, my blood, I give to you. Drink and remember me."

As on that night, so here and now he offers himself in touch and taste beyond all words can hold. Great is the mystery of faith.

**Christ has died. Christ is risen. Christ will come again.**

Therefore, in our eating and drinking, we are filled with Jesus' life-giving presence; we proclaim him as creation's host, transforming poverty into plenty in the reckless generosity of love.

Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal. **Amen.**

## **THE LORD'S PRAYER**

And now, as Jesus taught us, let us pray:

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## **THE FRACTION**

Christ our Passover is sacrificed for us;

**Therefore, let us keep the feast.**

## **THE INVITATION TO COMMUNION**

We recognize this as God's table and this bread and wine as God's food for us all.

**Therefore, whoever we are, from wherever we have come, and whatever we believe or do not believe, All are welcome and invited to receive. Amen!**

## **THE COMMUNION**

*St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community.*

*You will be offered bread by a celebrant and invited to drink from the common cup. Please put out your hands to help guide the cup to your lips, and drink.*

*If you do not wish to receive the wine, please cross your hands over your chest. Please refrain from intincting (dipping) the host (the bread) into the wine.*

## MUSIC DURING COMMUNION

## POST-COMMUNION PRAYER

Together, let us pray.

**Lord of this feast beyond measure and price: we thank you for meeting us in our brokenness so that none might be lost: liberate us now to share bread with our neighbor, each receiving from the other what we need to be ourselves. Amen.**

## THE BLESSING

May our wilderness bear no terror for us, only truth. May our truth never break us, only make bold our strength. May we, in our strength, seek not to sustain only ourselves but make swift our service to others. And may the blessing of God –Creator, Redeemer, Sustainer – shine in us and through us, this day and always.

**Amen.**

## DISMISSAL

In this season of contemplation, let us move into a world  
**In which we bring all of ourselves**

Go in peace, to love and serve God.

**Thanks be to God.**

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## Liturgical Leaders and Worship Participants

*We'd love to talk to you if you're interested in serving in the liturgy in any of the following roles!  
For more information, contact our Assistant Rector Caitlin Frazier, [Caitlin@stmarks.net](mailto:Caitlin@stmarks.net)*

<b>Ministers</b>	All the Members of St. Mark's
<b>Presider &amp; Preacher</b>	The Reverend Michele H. Morgan
<b>Verger</b>	Jennifer Cate

**Acknowledgements:** Opening Sentences: Lisa Frenz 1999. The Collect: *The Book of Common Prayer*. Prayers of the People: Saint Mark's Common Usage. Eucharistic Prayer: *Prayers for an Inclusive Church* -- Eucharistic Prayer I. Post-communion Prayer, The Blessing: *Prayers from an Inclusive Church* by Steven Shakespeare. The Dismissal: The Rev. Michele H. Morgan

As we move into the season of Lent, you will notice several changes: the cross over the altar is **the broken mirror cross** created by the late Joya Cox symbolizing our broken nature. All the silver is stored until Easter: the offering plates, alms basin; the candlesticks on the altar are wood and our chalices are **pottery**. The acolytes wear **Jerusalem crosses** made of olive wood from Bethlehem on purple ribbons. The hangings on the pulpit, lectern and altar are purple, the color of penitence, as are the stoles worn by the clergy. All crosses are draped in purple until Holy Week when the color changes to red.



## **Holy Week and Easter Services**

### **Palm Sunday, March 29**

- 9:00 a.m. Liturgy of the Palms
- 10:00 a.m. Sermon Seminar
- 11:15 a.m. Liturgy of the Palms (live-streamed)
- 5:00 p.m. Liturgy of the Palms

### **Tenebrae, Wednesday, April 1**

- 7:00 p.m. A solemn candlelit service of Scripture and shadows, remembering Christ's Passion

### **Maundy Thursday, April 2**

- 6:30 p.m. Reception
- 7:00 p.m. Dinner in Parish Hall
- 8:00 p.m. Holy Eucharist (live-streamed)

### **Good Friday, April 3**

- 12:00 p.m. Good Friday Service (live-streamed)
- 3:00 p.m. Stations of the Cross at the U.S. Capitol
- 7:00 p.m. Good Friday Service

### **Special Service, April 4**

- 10:00 a.m. Walking after Jesus, Interactive Children's Holy Week Service

### **Easter Sunday, April 5**

- 9:00 a.m. Festival Eucharist
- 10:30 a.m. Easter Egg Hunt and Potluck Brunch
- 11:15 a.m. Festival Eucharist with incense (live-streamed)
- 5:00 p.m. Contemplative Eucharist

### **Our Regular Sunday Service Schedule**

- 9:00 a.m. – Eucharist
- 10:00 a.m. – Sermon Seminar
- 11:15 a.m. – Festival Eucharist (live-streamed)
- 5:00 p.m. – Contemplative Eucharist

Online at <https://www.stmarks.net/lent-and-easter>



# Cycle of Prayer

## *In the Diocese of Washington*

The Annunciation (March 25) • Chapel of the Annunciation, Church House  
All Parish Altar Guilds of the Diocese • Pray in thanksgiving for the life and witness  
of Oscar Romero and the Martyrs of El Salvador

## *Anglican Communion*

The Anglican Church of Korea

## *Parish Prayer List*

Ben Alquiros • Nora Alquiros • Pam Baugh • Alex Beau • Jackie Boddie  
Joseph Boone • Suzanne Burnette • Tracy Council  
Mark, Karen, Abby & Aimee Dahl • Martin & Mary De Nys • Charley Donnelly  
Pete Eveleth • Karen Falk • Jack Guza • Dianne Hall • Barbara Harvey  
Michael Henely • Jack Howell • Gale Johnson • Julia Jones • Liam Kenny  
Shadi Khoury • Hatcher Byrd Kincheloe • Pat Latin • Marwan Ibrahim Maadi  
Lila Marks • Nat Marks • Taylor Emerson Marks • Sis McKay • Walt Moody  
Fred Muller (and family) • Mike Neuman • Hester Ohbi  
Malik Robinson Jr • Charlie Rupp • T.H. Salmon • Ben Schaibly • Bob Schaaf  
Stephanie Seely • Elin Whitney Smith • Richard Smith • Helen Soheilli  
Martha Kincheloe Spain • Suzanne Stepanek Spratt • Barbara Starkey  
Deb Sullivan • Anthony Sullivan • Yasser & Jawaher Toshtash • David Thacker  
Carol Thornhill • Stephanie Toth • Stephen Wolf • Geoffrey Wood • Tom Zarek

## *Those Who Have Died*

Rudy Grube  
Delia Neuman  
Kate Billings

## *Parishioners and Family Members Serving in the Military*

Chase Allen Ammon • Clint Billings • Jason Earnest • Noah Landen  
Ensign Andrew Loevinger • Lt. Tyler Gray-Hoehn • 1st Lt. Colin Gray-Hoehn

*If you would like to request to add or remove a name,  
please email the Bulletin Coordinator at [bulletin@stmarks.net](mailto:bulletin@stmarks.net)*

# St. Mark's Episcopal Church, Capitol Hill

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## Office Directory

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The Reverend Caitlin Frazier, Associate Rector	<a href="mailto:caitlin@stmarks.net">caitlin@stmarks.net</a>
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Katherine Philipson, Bulletin Coordinator	<a href="mailto:bulletin@stmarks.net">bulletin@stmarks.net</a>

## The Vestry

Senior Warden	Alix Pereira	<a href="mailto:srwarden@stmarks.net">srwarden@stmarks.net</a>
Junior Warden	Martha Huizenga	<a href="mailto:juniorwarden@stmarks.net">juniorwarden@stmarks.net</a>
Class of '27	Elizabeth Becker, Kristina Keenan & Doug Padgett	
Class of '28	Mary Ellison, Ben Flowers, Katherine White	
Class of '29	Laura Gladstone, Randy Marks, Bo Ranney	

### Officers

Doug Ammon,	<i>Treasurer</i>	Ryan Baugh, <i>Clerk</i>
Roy Phillips,	<i>Asst. Treasurer</i>	Karen Wiedemann, <i>Vestry Counsel</i>
Nick Simons,	<i>Risk Manager</i>	

## Diocesan Delegates

J.R. Randall (2027), Mary Neznok (2027), Jan Lipscomb (2028), Michael Knipe (2029)

Upcoming Vestry Meetings will be held on March 24th 7:00 PM via Zoom and in-person. If you have questions, contact the Vestry Clerk at [clerk@stmarks.net](mailto:clerk@stmarks.net)



# Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. If you have questions, please speak with the clergy or one of the greeters after the service.

To complete this form online, or sign up for our weekly newsletter, use this QR code:



I attended: \_\_\_\_\_ 5 p.m. Worship Service on March 22, 2026

Name \_\_\_\_\_

E-mail \_\_\_\_\_

Phone No. \_\_\_\_\_

Zip Code \_\_\_\_\_

I am interested in learning more about:

- \_\_\_\_\_ Becoming a member
- \_\_\_\_\_ Service and Social Justice
- \_\_\_\_\_ Adult education classes and prayer groups
- \_\_\_\_\_ Volunteer during worship (Greet, Lay Serve, Altar Guild, Read, etc.)
- \_\_\_\_\_ Baptism/Confirmation (child, adult)
- \_\_\_\_\_ Music (choir, lessons)
- \_\_\_\_\_ Children/youth classes & programs including Sunday School
- \_\_\_\_\_ Affinity groups (20s/30s, Men's Group, Women's Group)
- \_\_\_\_\_ Getting married at St. Mark's
- \_\_\_\_\_ Meditation Center
- \_\_\_\_\_ Yoga classes
- \_\_\_\_\_ Dance classes
- \_\_\_\_\_ St. Mark's Players (theatrical productions)

Anything else you would like to share?

\_\_\_\_\_  
\_\_\_\_\_

Thank you for visiting St. Mark's today. *Go in peace and return often!*