

**WELCOME TO
ST. MARK'S EPISCOPAL CHURCH**

✠

CAPITOL HILL

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in life's struggles and care for others with love, justice, and compassion.

And what does the
LORD require
of you but to
do justice,
to love kindness,
and to walk humbly
with your God?



Michah 6:8

**THE FOURTH SUNDAY
AFTER THE EPIPHANY**

February 1, 2026

**5:00 PM HOLY EUCHARIST
& LAYING ON OF HANDS**

Rector

The Reverend Michele H. Morgan

Associate Rector

The Reverend Caitlin Frazier

Pastoral Associate

The Reverend Patricia Catalano

Seminarian

Rebekah Taylor

Interim Director of Music

Michael McCarthy

Children, Youth, & Family

Ministry Director

Lisa Ramish

Welcome to St. Mark's Episcopal Church ☩ Capitol Hill

To view the **parish calendar online**, please visit our homepage www.stmarks.net and click "Calendar" at the top of the page.

Hearing – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

Restrooms are available in the foyer, with more downstairs.

Land Acknowledgement We acknowledge with respect the history, spirituality, and culture of the peoples on whose traditional territory we are located, specifically the Piscataway and Nacotchtank (Anacostan) peoples. We make this acknowledgment mindful of the traumatic events and the ongoing forces of systemic racism and oppression that forced native peoples from their lands. We continue our commitment to learning, growing, and finding a new way forward for meaningful, mutual healing.



THE LITURGY OF THE WORD

OPENING SENTENCES

Arise, shine for your light has come,
And the glory of the Lord has dawned upon us.

The gates will always be open;
By day or night they will never be shut.

A period of silence is observed.

THE COLLECT

Let us pray

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING Micah 6:1-8

Hear what the Lord says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,
and you enduring foundations of the earth;

for the Lord has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?
In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;

and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,

and what happened from Shittim to Gilgal,
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,
and bow myself before God on high?

Shall I come before him with burnt-offerings,
with calves a year old?

Will the Lord be pleased with thousands of rams,
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;
and what does the Lord require of you

but to do justice, and to love kindness,
and to walk humbly with your God?

Hear what the Spirit is saying to us.

Thanks be to God.

THE GOSPEL Matthew 5:1-12

The Gospel of Jesus according to Matthew.

Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The Gospel of Jesus.

Praise to you Lord Christ

SERMON

The Reverend Caitlin Frazier

MUSIC FOR MEDITATION

THE AFFIRMATION

We believe that God has created us.

We believe that God is born among us.

We believe that God will always sustain us.

We believe that God calls us to bring peace, justice, and compassion into this world.

We believe that in the end of all things, God’s love shall prevail. Amen.

A period of silence is observed.

THE PRAYERS OF THE PEOPLE

Let us pray

Emmanuel – bright Morning Star:

**Give us the perseverance and courage to seek out and approach you,
wherever you are to be found.**

Emmanuel – bright Morning Star:

**Grant us the vision and understanding to see and recognise you,
whenever we might meet you.**

Emmanuel – bright Morning Star:

**Gift us the grace and generosity to respond freely and fully,
whatever you might ask of us.**

We pray especially for the people on our prayer list,

Louise, Ben, Nora, Beth and Col. James, Pam, Jackie, Jackie, Joseph, Suzanne, Charlotte, Tracy, Martin, Mary, Charley, Dottie, Rudy, Pete, Eddie, Jack, Barbara, Michael, Darnell, Judith, Jack, Gale, Liam, Julia, Shadi, Hatcher, Pat, Marwan, Lila, Nat, Taylor, Walton, Karen, Fred, Delia, Mariza, Bob, James, Wanda, Susan, Malik, T.H., Jon, Ben, Stephanie, Elin, Helen, Martha, Deb, Anthony, Yasser, Jawaher, David, Stephanie, Mateo, Stephen, Geoffrey, Tom, Chase, Clint, Jason, Noah, Andrew, Tyler, and Colin and for those traveling to Egypt from our community.

*All may now offer their own prayers, either silently or aloud, ending with
“This is my prayer” to which all will respond “Amen.”*

So may our loving and living become,

**in their turn, places of epiphany where you can be recognised and known, and the
transforming life of your Kingdom unleashed. Amen**

THE PEACE

May the peace of God be with you!

And also with you.

VESTRY GREETING

WELCOME

ELECTRONIC OFFERING

Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark's website, stmarks.net, and choosing "Donate or Pledge" at the top.



Gifts to St. Marks can also be made by texting "stmarks20003" to 73256, or by visiting the QR code. Thank you for your generous support of our collective work.

Food offerings may be brought forward to the baskets under the altar at this time.

OFFERTORY SENTENCE

Let us continue to make community with Joy and step into our Abundance.

THE LITURGY OF THE TABLE

EUCCHARISTIC PRAYER

God be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks to God.

It is right to give our thanks and praise.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of Jesus Christ our Lord.

He has revealed himself as your Son, and all nations have come to praise you. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Blessed are you, Lord God, our light and our salvation; to you be glory and praise forever.

From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you sent your Son, the Word made flesh, to reveal your glory, to bring light to the nations, and to call us out of darkness into your marvelous light.

As we look for the coming of your kingdom, we remember his perfect offering of himself made once for all upon the cross.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Recalling his death and resurrection, we offer you these gifts of bread and wine, and our own lives as a living sacrifice. Send your Holy Spirit upon us and upon these gifts, that they may be to us the Body and Blood of your Son.

Shine your light upon your Church, O God, that we who are fed by this holy food may be filled with the radiance of Christ and show forth your light in all the world.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, O source of all light, now and forever.

Amen.

THE LORD'S PRAYER

And now, as Jesus taught us, let us pray:

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever.

Amen.

THE FRACTION

Alleluia. Christ our Passover is sacrificed for us;
Therefore, let us keep the feast. Alleluia.

THE INVITATION TO COMMUNION

We recognize this as God's table and this bread and wine as God's food for us all.
Therefore, whoever we are, from wherever we have come, and whatever we believe or do not believe, All are welcome and invited to receive. Amen!

THE COMMUNION

St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community.

You will be offered bread by a celebrant and invited to drink from the common cup. Please put out your hands to help guide the cup to your lips, and drink.

If you do not wish to receive the wine, please cross your hands over your chest. Please refrain from intincting (dipping) the host (the bread) into the wine.

We offer Laying on of Hands in the chapel on the first and third Sunday of the month. On those Sundays, you may receive communion and go to the chapel to have prayers.

MUSIC DURING COMMUNION

POST-COMMUNION PRAYER

Let us pray

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

THE BLESSING

The Father, whose glory fills the heavens, cleanse you by his holiness and send you to proclaim his word. **Amen.**

The Son, who has ascended to the heights, pour upon you the riches of his grace. **Amen.**

The Holy Spirit, the Comforter, equip you and strengthen you in your ministry. **Amen.**

And the Blessing of God: Father, Son, and Holy Spirit, be with us now and forever. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord.

In the name of Christ. Amen.



Liturgical Leaders and Worship Participants

*We'd love to talk to you if you're interested in serving in the liturgy in any of the following roles!
For more information, contact our Assistant Rector Caitlin Frazier, Caitlin@stmarks.net*

| | |
|--------------------------------|-------------------------------|
| Ministers | All the Members of St. Mark's |
| Presider & Preacher | The Reverend Caitlin Frazier |
| Verger | Michele Rivard |
| Laying on of Hands | Stephanie Deutsch |



Acknowledgements: Opening Sentences: *The Book of Common Prayer* excerpt from the 3rd Song of Isaiah BCP p. 87 adapted. The Collect: *The Book of Common Prayer*. Prayers of the People: Iona Community / Wild Goose Publications. Eucharistic Prayer: *Enriching Our Worship 1* (1998), Eucharistic Prayer 2. Post Communion Prayer, The Blessing: *Church of England Common Worship*. The Dismissal: *Enriching Our Worship*.

The Star that is processed is a gift from Doris Burton in memory of her husband, Jack (Junior Warden, 2003-05). It is metallic needlepoint and processed by one of the children through Epiphany.

Epiphany Star above the altar is a gift from Joya Cox, its creator. It is an icosahedron, a figure with 20 plane surfaces, each of which also serves as the base of a pyramid.

Cycle of Prayer

In the Diocese of Washington

Theological Education Sunday
All Seminaries, Seminarians, and Seminary Faculty and Staff
Postulants and Candidates • Diocesan Commission on Ministry

Anglican Communion

The Church of England

Parish Prayer List

Louise Abbot • Ben Alquiros • Nora Alquiros • Beth & Col. James Arthur
Pam Baugh • Jackie Boddie • Joseph Boone • Suzanne Burnette Charlotte Clymer
Tracy Councill • Martin and Mary De Nys • Charley Donnelly Dottie & Rudy
Pete Eveleth • Eddie Garnett • Jack Guza • Barbara Harvey • Michael Henely
Darnell Hill • Judith Holt • Jack Howell • Gale Johnson • Julia Jones
Liam Kenny • Shadi Khoury Hatcher Byrd Kincheloe • Pat Latin
Marwan Ibrahim Maadi • Lila Marks • Nat Marks • Taylor Emerson Marks
Walton Moody • Karen Molye • Fred Muller (and family) • Delia Neuman (and family)
Mariza Oliveira • Bob Pearson • James & Wanda Pittman • Susan Puhala (and family)
Malik Robinson Jr • T.H. Salmon Jon Sand • Ben Schaibly • Stephanie Seely
Elin Whitney Smith • Helen Soheilli Martha Kincheloe Spain • Deb Sullivan
Anthony Sullivan • Yasser & Jawaher Toshtash • David Thacker • Stephanie Toth
Mateo Martinez-Vega & Family • Stephen Wolf • Geoffrey Wood • Tom Zarek

Those Who Have Died

Louise Abbot, Mother of Julie Murphy
Jackie Blondin, Friend of Doris Burton

Parishioners and Family Members Serving in the Military

Chase Allen Ammon • Clint Billings • Jason Earnest • Noah Landen
Ensign Andrew Loevinger • Lt. Tyler Gray-Hoehn • 1st Lt. Colin Gray-Hoehn

*If you would like to request to add or remove a name,
please email the Bulletin Coordinator at bulletin@stmarks.net*

St. Mark's Episcopal Church, Capitol Hill

301 A Street, SE

Washington, DC 20003

202-543-0053

www.stmarks.net

Office Directory

| | |
|--|--|
| The Reverend Michele H. Morgan, Rector | michele@stmarks.net |
| The Reverend Caitlin Frazier, Associate Rector | caitlin@stmarks.net |
| The Reverend Patricia Catalano, Liturgy & Pastoral Associate | adjunct@stmarks.net |
| Rebekah Taylor, Seminarian | seminarian@stmarks.net |
| Michael McCarthy, Interim Director of Music | mike@stmarks.net |
| Lisa Ramish, Children's, Youth, & Family Ministry Director | youthdirector@stmarks.net |
| Samantha White, Parish Administrator for Building and Facilities | parishadmin@stmarks.net |
| Annick Milde, Parish Administrator for Finance | pfa@stmarks.net |
| Judith Rautenberg, Children's Choir Director | judith@stmarks.net |
| Katherine Philipson, Bulletin Coordinator | bulletin@stmarks.net |

The Vestry

| | | |
|---------------|-----------------|--|
| Senior Warden | Jim Brooks | srwarden@stmarks.net |
| Junior Warden | Martha Huizenga | juniorwarden@stmarks.net |

| | |
|--------------|--|
| Class of '26 | Travis Beaty, Meg Platt & Todd Thorpe |
| Class of '27 | Elizabeth Becker, Kristina Keenan & Doug Padgett |
| Class of '28 | Mary Ellison, Ben Flowers, Katherine White |

Officers

| | |
|--|--|
| Doug Ammon, <i>Treasurer</i> | Nick Simons, <i>Risk Manager</i> |
| Roy Phillips, <i>Asst. Treasurer</i> | Randy Marks, <i>Clerk</i> , |
| Frank Nickerson, <i>Assistant Treasurer for Special Gifts & Bequests</i> | Ryan Baugh, <i>Assistant Clerk</i> Rosemary Harold, <i>Vestry Counsel</i> |

Diocesan Delegates

J.R. Randall (2027), Mary Neznec (2027), Jan Lipscomb (2028), Randy Marks (2026)

Upcoming Vestry Meetings will be held on February 27th 7:00 PM via Zoom and in-person.
If you have questions, contact the Vestry Clerk at clerk@stmarks.net



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. If you have questions, please speak with the clergy or one of the greeters after the service.

To complete this form online, or sign up for our weekly newsletter, use this QR code:



I attended: _____ 5 p.m. Worship Service on February 1, 2026

Name _____

E-mail _____

Phone No. _____

Zip Code _____

I am interested in learning more about:

- _____ Becoming a member
- _____ Service and Social Justice
- _____ Adult education classes and prayer groups
- _____ Volunteer during worship (Greet, Lay Serve, Altar Guild, Read, etc.)
- _____ Baptism/Confirmation (child, adult)
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs including Sunday School
- _____ Affinity groups (20s/30s, Men's Group, Women's Group)
- _____ Getting married at St. Mark's
- _____ Meditation Center
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Anything else you would like to share?

Thank you for visiting St. Mark's today. *Go in peace and return often!*