# WELCOME TO ST. MARK'S EPISCOPAL CHURCH

X

# **CAPITOL HILL**

#### ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in life's struggles and care for others with love, justice, and compassion.



# FOURTH SUNDAY AFTER THE EPIPHANY

January 28, 2024

11:15 AM HOLY EUCHARIST

#### Rector

The Reverend Michele H. Morgan

#### Associate Rector

The Reverend Christopher Phillips

#### **Pastoral Associate**

The Reverend Patricia Catalano

#### Deacon

The Reverend Thom Sinclair

#### Director of Youth & Family Ministries

Caleb Nelson Amaker

**Director of Music** 

Jeff Kempskie

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\* \* \*

**Hearing** – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

Land Acknowledgement We acknowledge with respect the history, spirituality, and culture of the peoples on whose traditional territory we are located, specifically the Piscataway and Nacotchtank (Anacostan) peoples. We make this acknowledgment mindful of the traumatic events and the ongoing forces of systemic racism and oppression that forced native peoples from their lands. We continue our commitment to learning, growing, and finding a new way forward for meaningful, mutual healing.

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#### THE LITURGY OF THE WORD

PRELUDE Prayer, Op. 47 No. 4

Alexandre Guilmant (1837-1911)

The people stand as able.

#### **OPENING SENTENCES**

Breath of God, breath of life, breath of deepest yearning. Come, Holy Spirit.

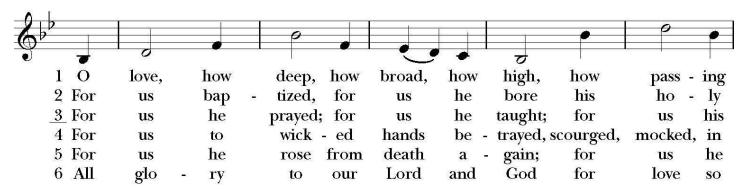
Comforter, Disturber, Interpreter,

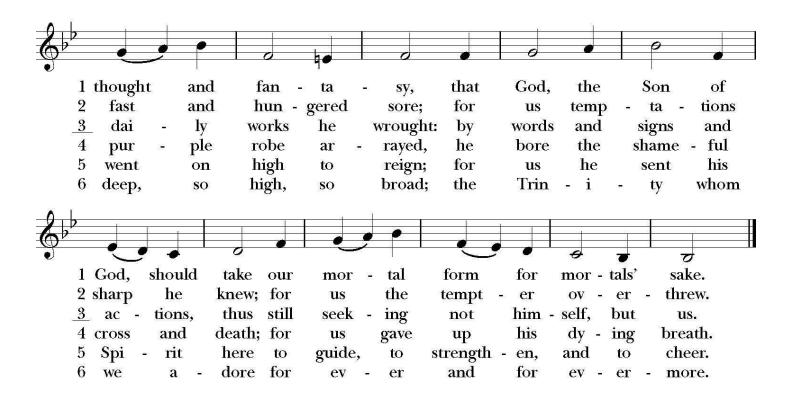
Come, Holy Spirit.

Friend, Lamplighter, Revealer of truth, Midwife of change.

Come, Holy Spirit.

**OPENING HYMN** 448 O love, how deep, how broad, how high *Deus tuorum militum* 





#### **OPENING PRAYER**

Let us pray. Lord, teach us the silence of humility.

The silence of wisdom.

The silence of love.

The silence that speaks without words.

The silence of faith.

Lord, teach us to silence our own hearts and minds so that we may listen for the movement of your Holy Spirit and feel your presence in the depths of our beings. Amen.

#### THE COLLECT

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

(9:00) Children wishing to participate in Children's Chapel may follow the leader at this time.

The people sit.

#### THE FIRST READING 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Hear what the Spirit is saying to us. Thanks be to God.

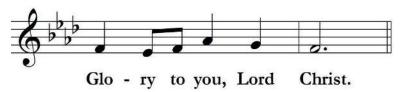
#### **ALLELUIA** Celtic Alleluia Christopher Walker All Sing. le ia! lu le lu ia. lu le le lu ia! ia. al

Choir only: The Word of the Lord lasts forever. What is the word that is living? It is brought to us through his Son Jesus Christ.

All repeat refrain.

#### THE GOSPEL Mark 1:21-28

The Gospel of Jesus according to John.



Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of Jesus.



#### **SERMON**

The Reverend Michele H. Morgan

#### A CELTIC CREED

Together, let us affirm our faith:

We believe in God above, maker and sustainer of all life, of sun and moon of water and Earth of male, female, non-binary, cisgender, and transgender.

We believe in God beside us, Jesus Christ, the word made flesh, born of a woman, servant to the poor, tortured and nailed to a tree. A man of sorrows, he died forsaken.

He descended into the Earth to the place of death. On the third day, he rose from the tomb. He ascended into heaven to be everywhere present, and his kin-dom will come on earth.

We believe in God within us, the Holy Spirit of Pentecostal fire, the life-giving breath of the church, Spirit of healing and forgiveness, source of resurrection, and eternal life. Amen.

#### PRAYERS OF THE PEOPLE

Eternal God, whom our words may cradle but never contain, we thank you for all the sound and silence and color and symbols which, through the centuries, have helped the worship of your Church to be relevant and real.

Here, we pause to remember those who helped us to come to faith by singing songs or telling us stories, by inviting us in when we felt distant, and by praying for us without being asked.

Silence is kept.

We remember the preachers, the readers, the musicians, the leaders, whose sensitivity and skill have helped us to grow in faith and enjoy worshiping you.

Silence is kept.

We remember those who encourage people to raise you outside the sanctuary:

those who teach young people,

those who lead youth groups,

those who take prayers to hospitals, schools, and prisons.

Silence is kept.

Finally, we pray for ourselves and for those who are closely connected to us: our family, our friends, and all those needing our prayers.

Let us pray for our needs and those of others...

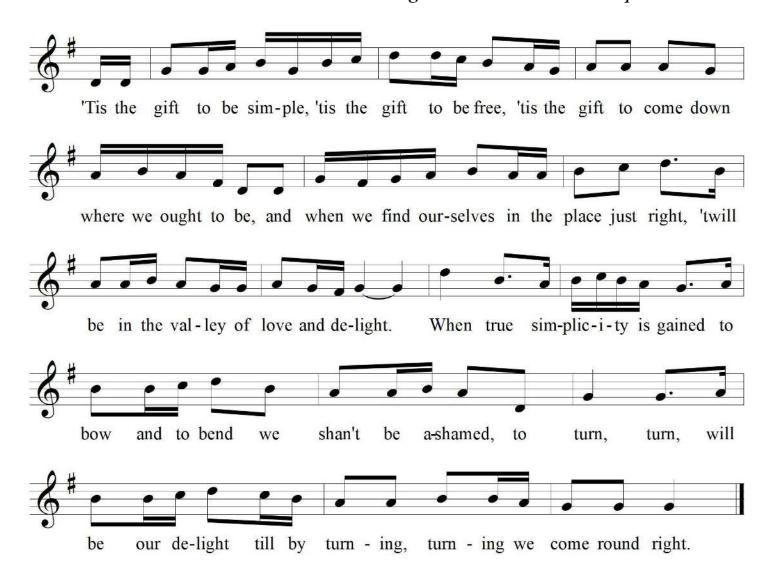
Members of the congregation may offer their own prayers at this time.

Together, let us pray:

God, we thank you for always being with us. Open and transform our hearts so that we might connect more deeply with the needs of others and be moved to be your love and care in the world. Help us to keep courage as we learn, share, and give. Amen.

### Elin Whitney-Smith, dance leader; Marika Klein, soloist

First time: Soloist only; Second time: Choir only; Third time: All are invited to stand, sing, and do the movements in place.



#### THE PEACE

Christ, the Good Shepherd, binds us with a bond of love that cannot be broken. My siblings, may the Peace of the Lord always be with you.

And also with you.

#### **VESTRY GREETING**

#### ANNOUNCEMENTS & WELCOME

#### **ELECTRONIC OFFERING**

Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark's website, stmarks.net, and choosing "Donate or Pledge" at the top.

Gifts to St. Marks can also be made by texting "stmarks20003" to 73256, or by visiting the QR code. Thank you for your generous support of our collective work.

**OFFERTORY SENTENCE** Walk in love as Christ loves us.

#### THE LITURGY OF THE TABLE

#### **OFFERTORY ANTHEM**

There's a Wideness in God's Mercy

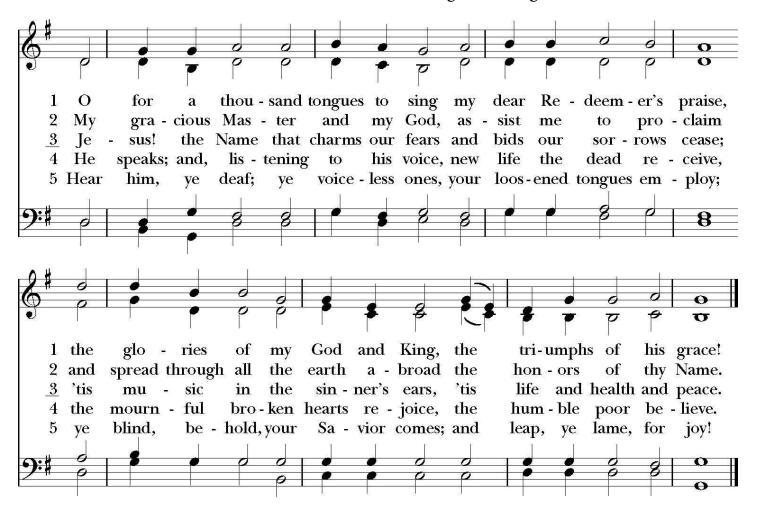
Words by Frederick W. Faber, alt. Music by Calvin Hampton, arr. Rick McNeely

#### Chancel Choir

There's a wideness in God's mercy like the wideness of the sea; There's a kindness in his justice, which is more than liberty. There is welcome for the sinner, and more graces for the good; There is mercy with the Savior; there is healing in his blood.

There is no place where earth's sorrows are more felt than up in heaven; There is no place where earth's failings have such kindly judgment given. There is plentiful redemption in the blood that has been shed; There is joy for all the members in the sorrows of the Head.

For the love of God is broader than the measures of our mind, And the heart of the Eternal is most wonderfully kind. If our love were but more faithful, we should take him at his word; And our lives would be thanksgiving for the goodness of the Lord.



6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

#### **EUCHARISTIC PRAYER**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, for you made us, and before us, you made the world we inhabit, and before the world, you made the eternal home in which, through Christ, we have a place.

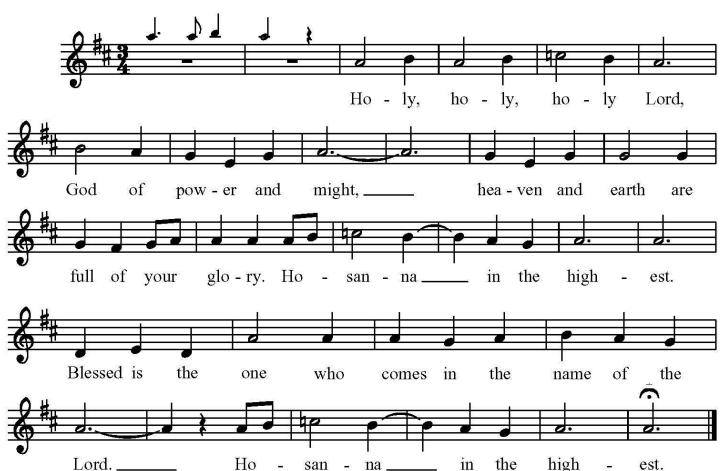
All that is spectacular; all that is plain have their origins in you; all that is lovely; all who are loving point to you as their fulfillment.

And grateful as we are for the world we know and the universe beyond our ken, we particularly praise you whom eternity cannot contain, for coming to earth and entering time in Jesus. For his life which informs our living, for his compassion which changes our hearts, for his clear speaking that contradicts our confusion, for his disturbing presence, for his innocent suffering, for his fearless dying, his rising to life breathing forgiveness, we praise you and follow him.

Here also, our gratitude rises from the promise of the Holy Spirit, who even now confronts us with your claims and attracts us to your goodness. Therefore, we gladly join our voices to the song of the Church on earth as in heaven.



Susan Calvin Fletcher



And now, lest we believe that our praises alone fulfill your purpose, we fall silent and remember him who came because words are not enough. Setting our wisdom, our will, our words aside, emptying our heart, and bringing nothing in our hands, we yearn for the healing, the holding, the accepting, the forgiving, which Christ alone can offer.

Merciful god, send now, in kindness, your Holy Spirit to settle on this bread and wine and fill them with the fullness of Jesus. And let that same Spirit rest on us, converting us from the patterns of this passing world, until we conform to the shape of him whose food we now share.

Among friends, gathered around a table, Jesus took bread, gave thanks, and broke it, and said, 'This is my body– broken for you. Take it, all of you, to remember me.'

Later, he took a cup of wine, gave thanks, and said, "This is the new relationship with God made possible because of my death. drink it, all of you, to remember me.'

Therefore, we proclaim the mystery of faith:



He whom the universe could not contain is present to us in this bread. He who redeemed us and called us by name now meets us in this cup. So take the bread and this wine. In them, God comes to us so that we may come to God.



#### THE LORD'S PRAYER

And now, as Jesus taught us, let us pray:

Our Father in heaven, hallowed be your name;

Your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread,

And forgive us our sins as we forgive those who have sinned against us.

Save us from the time of trial, and deliver us from evil,

For yours is the kingdom, and the power, and the glory, forever and ever.

Amen.







#### THE INVITATION TO COMMUNION

We recognize this as God's table set before us and this bread and wine as God's food for all. Therefore, whoever we are, from wherever we have come, and whatever we believe or do not believe, all are welcome and invited to receive. Amen!

#### THE COMMUNION

St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community.

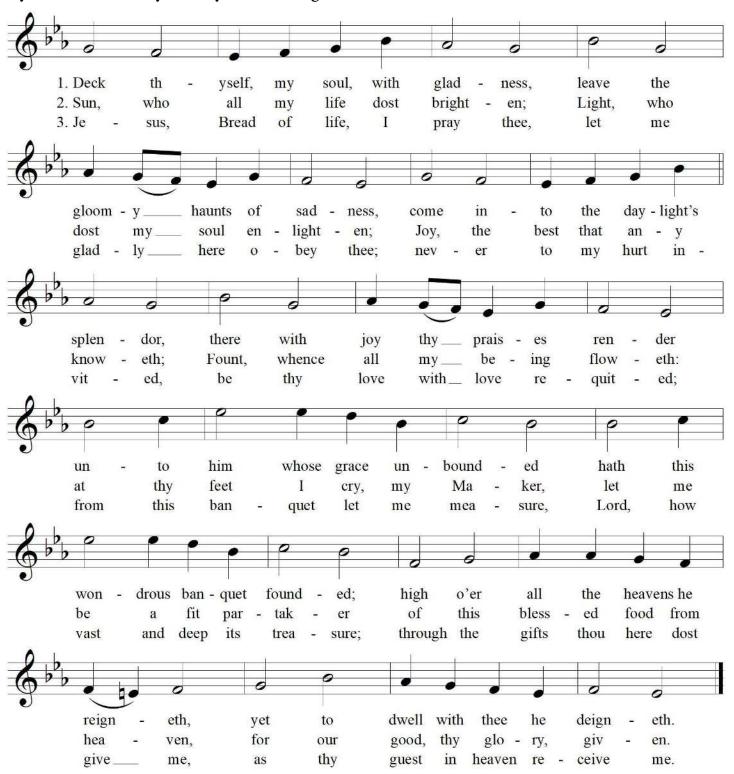
You will be offered bread by a celebrant, and invited to drink from the common cup. Please refrain from intincting (dipping) the host (the bread) into the wine.

We offer Laying on of Hands in the chapel on the first and third Sunday of the month. On those Sundays, you may receive communion and go to the chapel to have prayers.

#### **MUSIC DURING COMMUNION**

Hymn 339 Deck thyself, my soul, with gladness

Schmücke dich



Hymn 576 God is Love, and where true love is

Mandatum

#### **POST-COMMUNION PRAYER**

Let us pray, saying together:

In gratitude, in deep gratitude for this moment, this meal, these people, we give ourselves to you. May we live as changed people because we have shared the Living Bread and cannot remain the same. Ask much of us, expect much from us, enable much by us, and encourage many through us. So, God, we live to your glory, both as inhabitants of Earth and citizens of the Commonwealth of Heaven. Amen



#### THE BLESSING

May the raindrops fall lightly on your brow,

May the soft ones freshen your spirit,

May the sunshine brighten your heart,

May the burden of the day rest lightly upon you

and the blessing of God Almighty, Mother, Child, and Holy Spirit be among you and

remain with you always.

Amen.

#### **DISMISSAL**

Beloved, let us love, not only in word or speech, but in truth and action.

Go in peace to love and serve our God.

Amen!

POSTLUDE Processional March, Op. 41, No. 5

Alexandre Guilmant

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## Liturgical Leaders and Worship Participants

If you're interested in serving in the liturgy in any of the following roles, we'd love to talk to you! For more information, contact our Associate Rector Christopher Phillips, Christopher@stmarks.net

Presider The Reverend Christopher Phillips

Preacher The Reverend Michele H. Morgan

Deacon The Reverend Thom Sinclair

Deacon The Reverend Thom Sinclair

Deacon Intern Annemarie Quigley

Director of Music Jeff Kempskie

Verger Jan Lipscomb

Readers Louise Walsh & Linda Ewald

Altar Guild Mary Cooper

Acolytes TBD

Bread & Wine Mae Clark & Larry Lokken

Video Director Victor Creef-Meza

**Technical Director** Chris Berendes

The Epiphany Star above the altar is a gift from Joya Cox, its creator. It is a stellated icosahedron (20-sided polygon with a triangular solid shape built on each of the faces of that polygon). As its name indicates, the star was originally commissioned to mark the Epiphany, the Christian feast day commemorating the visit of the Magi to the Christ Child, and Jesus Christ's physical manifestation to the world. The imagery of a star, with its light distant but still visible, is also appropriate for Advent, and as a result is now displayed during the season of Advent as well as during Epiphanytide. The star was restored by Jim Pittman, Junior Warden, 2020-2023.

The Needlepoint Star carried behind the cross was made by Doris Burton and given in memory of her husband Jack Burton. It is carried in procession throughout Epiphany.

To view the **parish calendar online**, please visit our homepage, www.stmarks.net, and click "Calendar" at the top.

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Acknowledgements & Permissions: Opening Sentences, Opening Prayer, Creed, Prayers of the People and the Peace from Celtic Eucharist Church of the Holy Comforter Kenilworth IL. Collect from Alternative Collects, Prepared by the Liturgy Task Force, Faith, Worship, and Ministry Committee of the General Synod of the Anglican Church of Canada. Eucharistic prayer, Post-communion prayer, and Blessing from Eucharist prayer A from Wee Worship Iona community. Invitation to communion St. Mark's Capitol Hill. Dismissal Enriching Our Worship, Volume 1, adapted. | O love, how deep, how broad, how high. Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: Deus tuorum militum, from Antiphoner, 1753; adapt. The English Hymnal, 1906, alt.; harm. after Basil Harwood (1859-1949). Gospel Responses. Music: Jeff Kempskie. Tis the gift to be simple. Words & Music: Shaker Song, 18th century. Public domain. There's a Wideness in God's Mercy. Words: Frederick W. Faber, alt. Music: St. Helena, Calvin Hampton, arr. Rick McNeely, © 2010 GIA Publications, Inc. O for a thousand tongues to sing. Words: Charles Wesley (1707-1788), alt. Music: Azmon, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872). Sanctus, Christ has died & Alleluia, Christ Our Passover. Music: Susan Calvin Fletcher, setting © 2002 Susan Calvin Fletcher. Used by permission. *Deck* thyself, my soul, with gladness. Words: Johann Franck (1618-1677); tr. Catherine Winkworth (1827-1878), alt. Music: Schmücke dich, melody Johann Cruger (1598-1662); harm. The English Hymnal, 1906. Here in Christ we gather, love of Christ our calling. Words: Latin; tr. James Quinn (b. 1919), alt. Music: Mandatum, Richard Proulx (b. 1937). Copyright: Words: Copyright © 1969, James Quinn, SJ, printed by permission of Geoffery Chapman, a division of Cassell Ltd. Music: G.I.A. Publications, Inc. *Tell out, my soul, the greatness of the Lord*. Words: Timothy Dudley-Smith (b. 1926); based on The Song of Mary. Music: Woodlands, Walter Greatorex (1877-1949), alt. Copyright: Words: Copyright © 1962 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: By permission of Oxford

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# St. Mark's Episcopal Church, Capitol Hill

# 301 A Street, SE Washington, DC 20003

202-543-0053 www.stmarks.net

### Office Directory

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# The Vestry

Senior Warden	Jim Brooks	srwarden@stmarks.net
Junior Warden	David Wellman	juniorwarden@stmarks.net
Class of '24	Christoph Berendes, Katherine Buchanan, and Jeb Ory	
Class of '25	Harrison Donnelly, Jan Lipscomb, and Nick Rogers	
Class of '26	Travis Beaty, Meg Platt, and Todd Thorpe	
Officers	Randy Marks, Treasurer	
	Bill Jordan, Asst. Tre	easurer
	Shay Waye, Clerk	
	Martha Huizenga, <i>Manciple</i>	
	Rosemary Harold, V	Yestry Counsel

# **Diocesan Delegates**

Tom Getman (2025), and Mary Neznek (2024)

# Cycle of Prayer

# In the Diocese of Washington

St. Andrew's Church, College Park
St. Andrew's Church, Leonardtown
St. Andrew's Episcopal School and St.
Andrew's Lower School, Potomac
Diocesan Latino Ministry

Samaritan Ministry of Greater Washington Episcopal Relief and Development

## Anglican Communion

Pray for The Anglican Church of Southern Africa

### Parish Prayer List

Louise Abbot • Ben Alquiros • Nora Alquiros • Eileen Blumenthal
Pamela Blumgart • Joseph Boone • Alexander Casadonte • Michael Curry
Kathrine Ebert • Shadi Khoury • Martin De Nys • Mary De Nys
Charley Donnelly • Pete Eveleth • Candance Golladay • Gale Johnson
Pat Latin • Nat Marks • Taylor Emerson Marks • Kate McFadden • Mac McLaughlin
David Peterson • Sylvia Peterson • James and Wanda Pittman • Deb Sullivan
Olga, Tony & Anthony Sullivan • Eleanor Whitman Joel Wilson • Rita Wolfinger
Geoffrey Wood • May Yazawa • Tom Zarek

## Additional Prayers

Pray not for Arab or Jew, for Palestinian or Israeli, but pray rather for ourselves, that we might not divide them in our prayers, yet keep them both together in our hearts.

(From a Palestinian Christian))

## Parishioners and Family Members Serving in the Military

Chase Allen Ammon • Clint Billings • Jason Earnest • Noah Landen

# If you would like to request to add or remove a name, please email the Bulletin Coordinator at bulletin@stmarks.net

#### Welcome Guests!



We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you so that you can refer to the service schedule and office directory.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time, and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today. Go in peace and return often! After completing, please remove this page and place it in the offering plate or give it to a greeter. \_\_\_ 10 a.m. Holy Eucharist I attended: Sermon Seminar \_\_\_\_\_ 4 p.m Pageant and Family Service Holy Eucharist \_\_\_\_\_ 5 p.m. Contemplative Eucharist On January 28, 2024 \_\_\_\_\_ Special (wedding, funeral, etc.) Name E-mail Phone No. Zip Code I am interested in learning more about: BECOMING A MEMBER Volunteering during Worship (Usher, Lay Server, Altar Guild, etc.) Baptism (child, adult) Getting married at St. Mark's \_\_\_\_ Music (choir, lessons) \_\_ Children/youth classes & programs Adult classes Senior programs/activities Outreach/community service

You can stay up to date on St. Mark's news by signing up online for the weekly eGospel newsletter at <a href="www.stmarks.net/contact-us/">www.stmarks.net/contact-us/</a>. If you'd like to join the St. Mark's egroup to interact with other

\_\_ St. Mark's Players (theatrical productions)

Environmental issues

Would you like to be contacted by a clergyperson? \_\_\_\_\_ Yes \_\_\_\_ No

\_\_\_\_\_ Yoga classes

Dance classes

parishioners, please contact Raiford Gaffney (<u>rgaffneydc@gmail.com</u>)