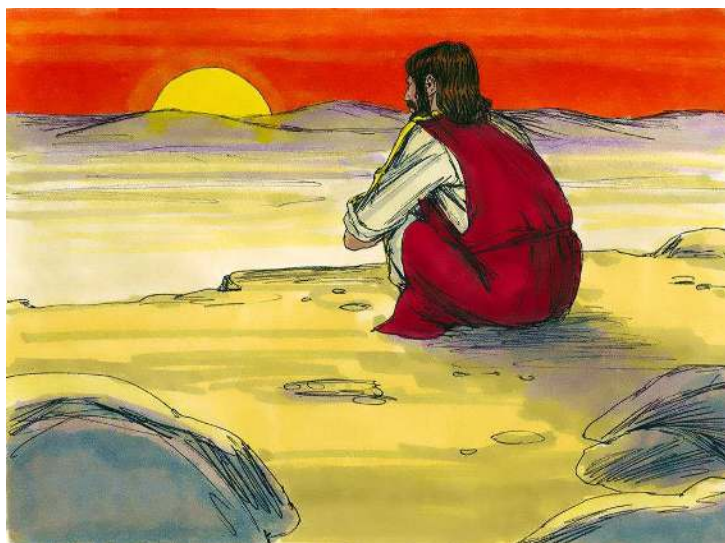


WELCOME TO ST. MARK'S EPISCOPAL CHURCH ✠ CAPITOL HILL

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.



**THE FIRST SUNDAY IN LENT
FAMILY EUCHARIST
February 26, 2023**

9:00 AM HOLY EUCHARIST

10:00 AM SERMON SEMINAR

Rector

The Reverend Michele H. Morgan

Associate Rector

The Reverend Christopher Phillips

Deacon

The Reverend Thom Sinclair

Director of Youth & Family Ministries

Caleb Nelson Amaker

Director of Music

Jeff Kempskie

Welcome to St. Mark's Episcopal Church ☩ Capitol Hill

To view the **parish calendar online**, please visit our homepage www.stmarks.net and click "Calendar" at the top of the page.

Masks are optional at St. Mark's and you may continue to wear them during the service.

Hearing – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.



THE BROKEN MIRROR CROSS, which hangs above the altar in Lent, an especially fitting symbol reflecting to us the often fragmented nature of our lives, was designed and made by Joya Cox.

THE LITURGY OF THE WORD

PRELUDE Reverie

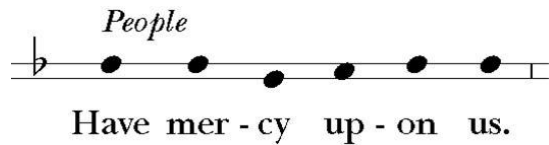
David Lasky (b. 1957)

The people stand as able.

THE GREAT LITANY (adapted)

Book of Common Prayer

O God the Father, Creator of heaven and earth,

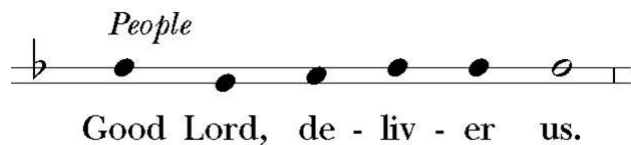


O God the Son, Redeemer of the world,
Have mercy upon us.

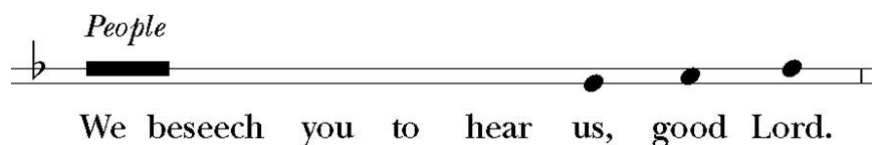
O God the Holy Spirit, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

From all blindness of heart; from pride, vainglory, and hypocrisy;
from envy, hatred, and malice; and from all want of charity,



That it may please you to give us a heart to love you,
and diligently to live after your commandments.



That it may please you so to rule the hearts of your servants,
the President of the United States, and all
others in authority, that they may do justice, and love mercy,
and walk in the ways of truth,
We beseech you to hear us, good Lord.

That it may please you to make wars to cease in all the world;
to give to all nations unity, peace, and concord; and to
bestow freedom upon all peoples,
We beseech you to hear us, good Lord.

That it may please you to give us true repentance; to forgive
us all our sins, negligences, and ignorances; and to endue
us with the grace of your Holy Spirit to amend our lives
according to your holy Word,
We beseech you to hear us, good Lord.

That it may please you to grant to all the faithful departed
eternal life and peace,
We beseech you to hear us, good Lord.

That it may please you to grant that in the fellowship of Mark
and all the saints we may attain to your heavenly kingdom
We beseech you to hear us, good Lord.

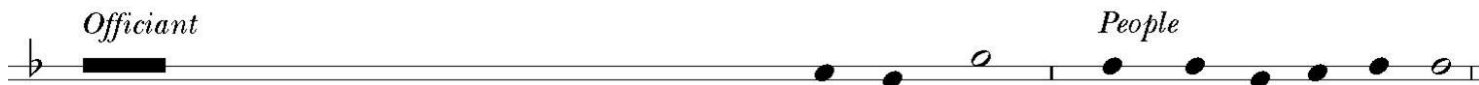
Let us pray for our own needs and those of others.

*All may now offer their own prayers, either silently or aloud, ending with
"This is my prayer" to which all will respond "Amen."*



Officiant Son of God, we beseech you to hear us.

People Son of God, we beseech you to hear us.



Officiant O Lamb of God, that takes away the sins of the world, Have mer-cy up-on us.

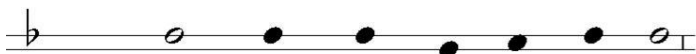
People O Lamb of God, that takes away the sins of the world, Have mer-cy up-on us.



Officiant O Lamb of God, that takes away the sins of the world, Grant us your peace.



Officiant O Christ, hear us. *People* O Christ, hear us.



Officiant Lord, have mer - cy up - on us.

People Christ, have mer - cy up - on us.

Officiant Lord, have mer - cy up - on us.

COLLECT

God be with you.

And also with you.

Let us pray:

Almighty God: your son, Jesus Christ, fasted forty days in the wilderness. As we begin this season, give us grace to direct our lives in obedience to your Spirit. As you know our weakness, so may we know your power to save; through Jesus Christ our redeemer. Amen.

The people sit.

THE FIRST READING Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Hear what the Spirit is saying to us.

Thanks be to God.

The people stand as able.

THE GOSPEL Matthew 4:1-11

The Message

The Gospel of Jesus according to Matthew



Glo - ry to you, Lord Christ.

Next Jesus was taken into the wild by the Spirit for the Test. The Devil was ready to give it. Jesus prepared for the Test by fasting forty days and forty nights. That left him, of course, in a state of extreme hunger, which the Devil took advantage of in the first test: "Since you are God's Son, speak the word that will turn these stones into loaves of bread." Jesus answered by quoting Deuteronomy: "It takes more than bread to stay alive. It takes a steady stream of words from God's mouth."

For the second test the Devil took him to the Holy City. He sat him on top of the Temple and said, "Since you are God's Son, jump." The Devil goaded him by quoting Psalm 91: "He has placed you in the care of angels. They will catch you so that you won't so much as stub your toe on a stone." Jesus countered with another citation from Deuteronomy: "Don't you dare test the Lord your God."

For the third test, the Devil took him on the peak of a huge mountain. He gestured expansively, pointing out all the earth's kingdoms, how glorious they all were. Then he said, "They're yours - lock, stock, and barrel. Just go down on your knees and worship me, and they're yours." Jesus' refusal was curt: "Beat it, Satan!" He backed his rebuke with a third quotation from Deuteronomy: "Worship the Lord your God, and only him. Serve him with absolute single-heartedness."

The Test was over. The Devil left. And in his place, angels! Angels came and took care of Jesus' needs. Teaching and Healing

The Gospel of Jesus.



Praise to — you, Lord Christ.

CHILDRENS REFLECTION

Caleb Nelson Amaker

SERMON

The Reverend Michele Morgan

The sermon for the 9 AM service will be delivered after the service during sermon seminar.

The people stand as able.

AFFIRMATION

**We believe in God the Creator, by whom every person in heaven and earth is named.
We believe in God the Son, who lives in our hearts through faith, and fills us with his love.
We believe in God the Holy Spirit, who strengthens us with power from on high.
We believe in one God: Creator, Redeemer, and Sustainer. Amen**

THE PEACE

The peace of God be always with you.
And also with you.

WELCOME

ELECTRONIC OFFERING

Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark's website, stmarks.net, and choosing "Donate or Pledge" at the top.

Gifts to St. Marks can also be made by texting "stmarks20003" to 73256, or by visiting the QR code.

Thank you for your generous support of our collective work.



OFFERTORY SENTENCE

Walk in love as Christ loves us.

THE LITURGY OF THE TABLE

OFFERTORY ANTHEM

If Thou But Suffer God to Guide Thee

Georg Neumark, arr. Jody W. Lindh

Chancel Choir

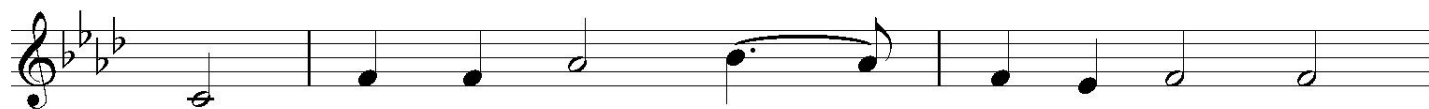
*If thou but suffer God to guide thee, and hope in God through all thy ways,
God will give strength, whate'er betide thee, and bear thee through the evil days;
Who trusts in God's unchanging love builds on the rock that naught can move.*

*Only be still, and wait God's leisure in cheerful hope, with heart content.
to take whate'er thy maker's pleasure and all-discerning love hath sent;
we know our inmost wants are known, for we are called to be God's own.*

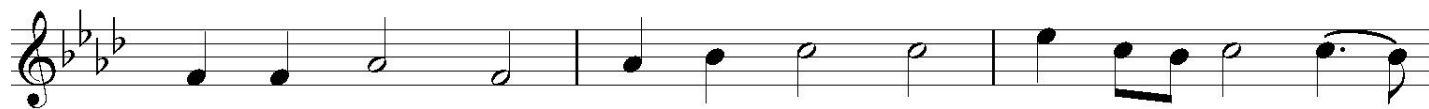
*Sing, pray, and keep God's ways unswerving; so do thine own part faithfully,
and trust God's word; though undeserving, thou yet shalt find it true for thee.
God never yet forsook in need the soul that trusts in God indeed.*

PRESENTATION HYMN 147 Now let us all in one accord, vv. 1, 3, 5

Bourbon



1 Now let us all with one ac - cord, in
2 The cov - e - nant, so long re - vealed to
3 Your love, O Lord, our sin - ful race has
4 Re - mem - ber, Lord, though frail we be, in
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
2 those of faith in for - mer time, Christ by his own ex -
3 not re - turned, but fal - si - fied; au - thor of mer - cy,
4 your own i - mage were we made; help us, lest in anx -
5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
2 am - ple sealed, the Lord of love, in love sub - lime.
3 turn your face and grant re - pent - ance for our pride.
4 i - e - ty, we cause your Name to be be - trayed.
5 ev - er live, in love and u - ni - ty and peace.

EUCCHARISTIC PRAYER

God is here.

We praise God together.

Let us say thank you to God
who has done so much for us.

God, you made us and the world and everything in it. All the good we see comes from you. You have always loved us but we have not always loved you. You sent Jesus to show us how to live and to bring us back to you again.

We are alive in Jesus.

He died for us on the cross so that through your Spirit we can all be your people. And so with thanks we praise you.

We are alive in Jesus.

SANCTUS S 124

From *New Plainsong*, David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Blessed is the one who comes in the name of the Lord. Ho-san-na in the high - est.

We are here because on the night before he died Jesus shared a meal with his friends. There he took some bread and gave thanks to you, God. He broke it into pieces and gave it to them. "This is my body," he said. "Do this, and know that I am with you."

We are alive in Jesus.

Later, he took a cup of wine and gave thanks to you. He shared it with them, and said "This is my blood, which brings new life. Do this, and know that I am with you."

We are alive in Jesus.

And so, remembering Jesus, who died, was raised to new life by you, and is alive forever, we are glad to share that life and live in him.

We are alive in Jesus.

Send your Holy Spirit so that this bread and wine can be for us the body and blood of Jesus, and through this food give us strength to live as your people.

We are alive in Jesus.

Help us care for your world and for each other in the way that Jesus showed us. Until he comes again, with all your people in every time and every land we worship you and say:

We praise you. We thank you. We bless you. Amen.

Throughout the season of Lent, we will use the traditional translation of the Lord's Prayer.

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE FRACTION S 161

From *New Plainsong*, David Hurd

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

THE INVITATION TO COMMUNION

We recognize this as God's table set before us and this bread and wine as God's food for all. Therefore, whoever we are, from wherever we have come, and whatever we believe, **All are welcome and invited to receive. Amen!**

THE COMMUNION

St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community.

*You will be offered bread by a celebrant, and invited to drink from the common cup.
Please refrain from intincting (dipping) the host (the bread) into the wine.*

MUSIC DURING COMMUNION

WLP 810 You who dwell in the shelter of the Lord

Michael Joncas



1. You who dwell in the shel - ter of the Lord, who a -
2. Snares of the fowl - er will nev - er cap - ture you, and
3. For to the an - gels God's giv - en a com - mand to



bide in his sha - dow for life, say to the Lord: "My
fam - ine will bring you no fear; un - der God's wings your
guard you in all of your ways; up - on their hands they will



ref - uge, my rock in whom I trust!"
ref - uge with faith - ful - ness your shield.
bear you up, lest you dash your foot a - gainst a stone.

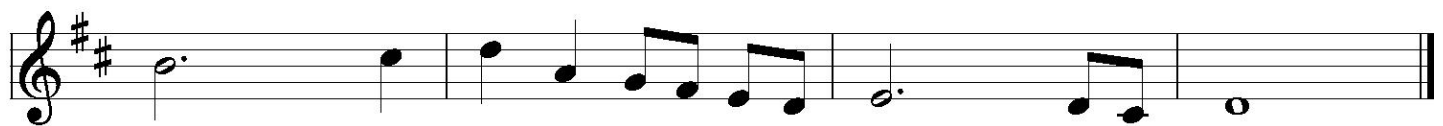
Refrain



"And I will raise you up on ea - gle's wings,



bear you on the breath of dawn, make you to shine like the



sun, and hold you in the palm of my hand."

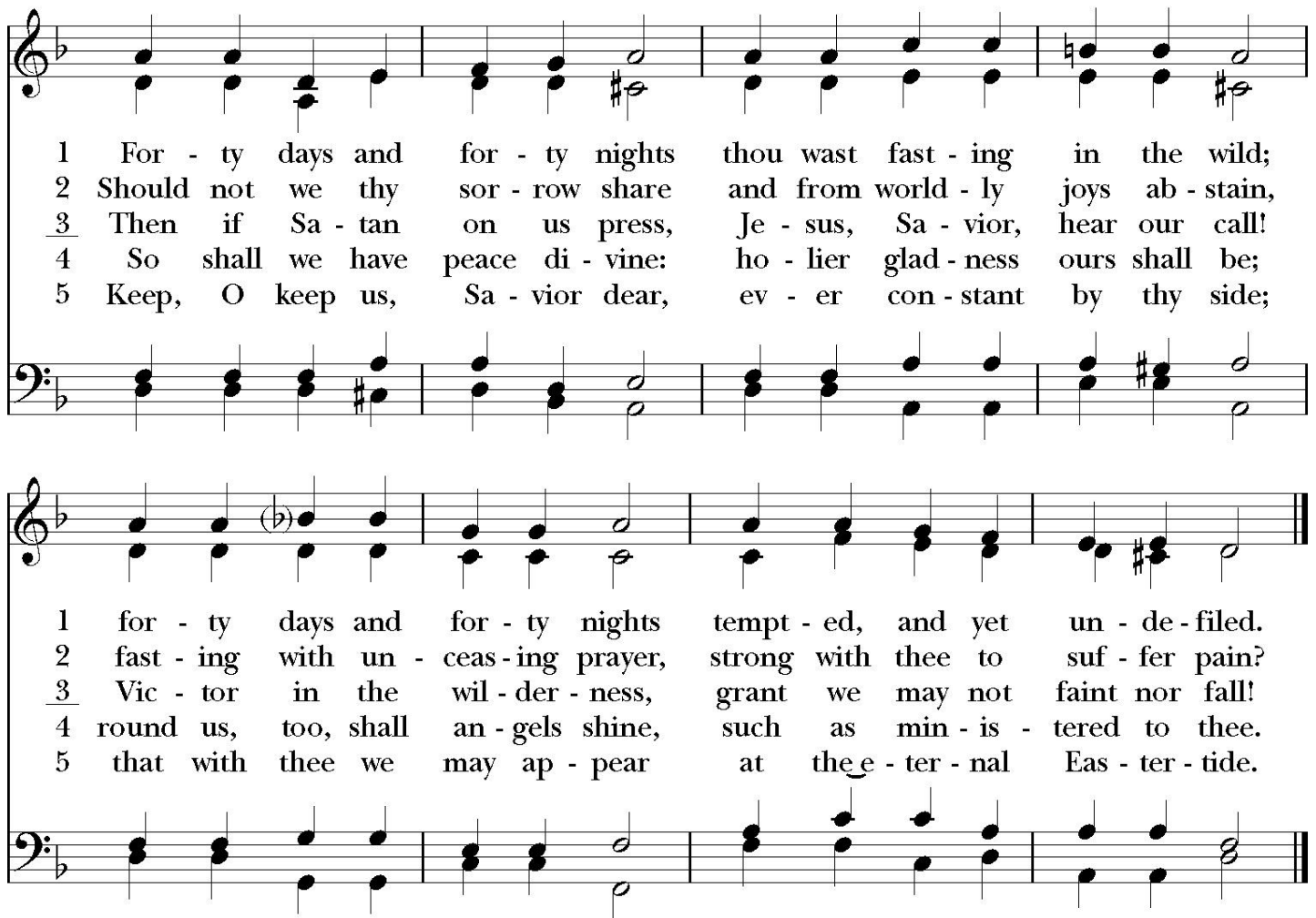
POST-COMMUNION PRAYER

Let us pray, saying together:

Lord God, you renew us with the living bread from heaven. Nourish our faith, increase our hope, strengthen our love, and enable us to live by every word that proceeds from your mouth; through Jesus Christ our Lord. Amen.

CLOSING HYMN 150 Forty days and forty nights

Aus der Tiefe rufe ich



The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in G major, 4/4 time. It consists of two systems of music. The first system contains five lines of lyrics, and the second system contains five lines of lyrics. The melody is simple and hymn-like, with a key signature of one sharp (F#) and a common time signature of 4/4. The lyrics are printed below the vocal staves.

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, and to take up your cross and follow; and the blessing of God Almighty, the Creator, the Redeemer and the Sustainer, be with you, and remain with you always.

Amen.

DISMISSAL

Go now to love and serve the Lord. Go in peace.

We go in the name of Christ. Amen.

POSTLUDE Aus der Tiefe rufe ich
(Out of the depths I cry, Lord, to thee)

setting by C.P.E. Bach
(1714-1788)

✠ ✠ ✠

Sermon Seminar at 10:00 am

Announcements

Please limit announcements to one minute or less.

The Sermon

The Reverend Michele Morgan

Sermon Seminar Guidelines:

1. Is what I have to say relevant to the sermon?
2. Is it meaningful? Will others care?
3. Can I make it short?
4. Will I later regret having said it?
5. Has anyone else said it?

✠ ✠ ✠

Liturgical Leaders and Worship Participants

*If you're interested in serving in the liturgy in any of the following roles, we'd love to talk to you!
For more information, contact our Associate Rector Christopher Phillips, Christopher@stmarks.net*

Presider	The Reverend Christopher Phillips
Preacher	The Reverend Michele H. Morgan
Childrens Reflection	Caleb Nelson Amaker
Director of Music	Jeff Kempskie
Readers	TBD
Acolytes	TBD
Altar Guild	Susan Ryerson
Verger	David Deutsch
Bread	Maureen Shea & Kenn Allen

Acknowledgements & Permissions:

The Collect, Post-Communion Prayer, Blessing, and Dismissal: *The Book of Common Prayer* of New Zealand, adapted. The Penitential Litany *The Book of Common Prayer* of the USA, adapted. The Eucharistic prayer: "Alternative Great Thanksgiving for use with Children A" from *The New Zealand Prayer Book*. The Creed: Scott Lipscomb, adapted. | *The Great Litany*. Setting: John Merbecke (1510?-1585?), alt. Copyright © 1927 Wallace Goodrich, Secretary for the Joint Commission on Church Music. *Gospel Responses*. Music: Jeff Kempkie. Used with permission. *If Thou But Suffer God to Guide Thee*. Words: George Neumark, 1640, trans. Catherine Winkworth, 1863. Music: *Wer nur den lieben Gott*, Georg Neumark, setting by Jody W. Lindh, © 1971 Concordia Publishing House. *Now let us all with one accord*. Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938). Copyright: Words: James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*. Music: From *New Plainson*; David Hurd (b. 1950). Copyright: Copyright © 1981 GIA Publications, Inc. The Holy Eucharist II, Fraction Anthem: Lamb of God: *Agnus Dei*. Music: From *New Plainson*; David Hurd (b. 1950). Copyright: Copyright © 1981 GIA Publications, Inc. *You who dwell in the shelter of the Lord*. Words & Music: Michael Joncas, © 1979, 1991 New Dawn Music. *Forty days and forty nights*. Words: George Hunt Smyttan (1822-1870), alt. Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889). All rights reserved. All selections: All rights reserved. Reprinted under OneLicense.net A-718991.

Upcoming Services in Lent

Sunday, February 26

- 9:00 a.m. Family Eucharist
- 11:15 a.m. Eucharist (*service live-streamed on Facebook Live*)
- 5:00 p.m. Choral Evensong

Sunday, March 5

- 10:00 a.m. Eucharist (*service live-streamed on Facebook Live*)
- 12:30 p.m. St. Mark's Annual Meeting
- 5:00 p.m. Contemplative Eucharist

Sunday, March 12

- 9:00 a.m. Eucharist
- 11:15 a.m. Eucharist (*service live-streamed on Facebook Live*)
- 5:00 p.m. Contemplative Eucharist

Sunday, March 19

- 9:00 a.m. Eucharist
- 11:15 a.m. Eucharist (*service live-streamed on Facebook Live*)
- 5:00 p.m. Contemplative Eucharist

Sunday, March 26

- 9:00 a.m. Family Eucharist
- 11:15 a.m. Eucharist (*service live-streamed on Facebook Live*)
- 5:00 p.m. Contemplative Eucharist

Holy Week and Easter Services

Holy Saturday, April 1

10:00 a.m. Following after Jesus, Interactive Children's Holy Week Service

Palm Sunday, April 2

9:00 a.m. Liturgy of the Palms

10:00 a.m. Sermon Seminar

11:15 a.m. Liturgy of the Palms (*service live-streamed on Facebook Live*)

5:00 p.m. Liturgy of the Palms

Tenebrae Wednesday, April 5

7:00 p.m. Tenebrae, Contemporary readings and music that prepares us for Easter

Maundy Thursday, April 6

6:30 p.m. Reception

7:00 p.m. Dinner in Parish Hall

8:00 p.m. Holy Eucharist

Good Friday, April 7

12:00 p.m. Good Friday Service

1:00 p.m. Stations of the Cross

3:00 p.m. Stations of the Cross at the U.S. Capitol

7:00 p.m. Good Friday Service

Easter Sunday, April 9

9:00 a.m. Festival Eucharist

11:15 a.m. Festival Eucharist (*service live-streamed on Facebook Live*)

5:00 p.m. Contemplative Eucharist

St. Mark's Episcopal Church, Capitol Hill

301 A Street, SE
Washington, DC 20003

202-543-0053 (phone)

202-546-3695 (fax)

www.stmarks.net

Office Directory

The Reverend Michele H. Morgan, Rector	michele@stmarks.net
The Reverend Christopher Phillips, Associate Rector	christopher@stmarks.net
The Reverend Patricia Catalano, Liturgy & Pastoral Associate	adjunct@stmarks.net
The Reverend Thom Sinclair	deacon@stmarks.net
Jeff Kempskie, Director of Music	jeff@stmarks.net
Caleb Nelson Amaker, Director of Youth & Family Ministries	youthdirector@stmarks.net
Michael Gravlee, Parish Administrator for Building and Facilities	parishadmin@stmarks.net
Annick Milde, Parish Administrator for Finance	pfa@stmarks.net
Judith Rautenberg, Children's Choir Director	judith@stmarks.net
Katherine Philipson, Bulletin Coordinator	bulletin@stmarks.net
Joel Martinez, Seminarian	seminarian@stmarks.net

The Vestry

Senior Warden	Louise Walsh	louise@stmarks.net
Junior Warden	David Wellman	juniorwarden@stmarks.net
Manciple	Martha Huizenga	manciple@stmarks.net
Class of '23	Brent Bickley, Fritz Henn, and Edna Boone	
Class of '24	Christoph Berendes, Katherine Buchanan and Jeb Ory	
Class of '25	Harrison Donnelly, Jan Lipscomb, and Nick Rogers	
Officers	Randy Marks, <i>Treasurer</i>	
	Bill Jordan, <i>Asst. Treasurer</i>	
	Shay Waye, <i>Register</i>	

Diocesan Delegates

Tom Getman, Mary Neznok and Ruth Roman

The upcoming Vestry Meetings are held on Zoom on these dates.

Contact Michele for the link if you want to join us:

Tuesday 7pm on 2/28, 3/28, 4/25, 5/23, 6/27, 7/25

Cycle of Prayer

In the Diocese of Washington

St. David's Church, DC

Anglican Communion

Pray for The Scottish Episcopal Church

Parish Prayer List

Louise Abbot • Betsy Agle • Ben Alquiros • Nora Alquiros
Don Bennett • Pamela Blumgart • Joseph Boone • Fairfield Butt
Alexander Casadonte • Aldena Clifford • Deborah Cunningham • Shadi Khoury
Martin De Nys • Mary De Nys • Charley Donnelly • Pete Eveleth • Nat Marks
Taylor Emerson Marks • Steve Marshall • Pam Burton Moore • David Peterson
Sylvia Peterson • Joan Pierotti • James and Wanda Pittman • Betty Wellman
Eleanor Whitman • Joel Wilson • May Yazawa • Tom Zarek

Parishioners family members who have died

Mollie Falk mother of Karen Falk

Parishioners and Family Members serving in the military

Chase Allen Ammon • Clint Billings • Andrew Ernst

*In order to keep the prayer list updated, we begin anew semi-annually.
If you would like to request to add a name, please email the*

Bulletin Coordinator at bulletin@stmarks.net



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, and office directory.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please remove this page and place in the offering plate or give to a greeter.

I attended: _____ 9 a.m. Holy Eucharist
_____ Sermon Seminar
_____ 11:15 a.m. Holy Eucharist
_____ 5 p.m. Contemplative Eucharist
_____ Special (wedding, funeral, etc.)

on February 26, 2023

Name _____

E-mail _____

Phone No. _____

Zip Code _____

I am interested in learning more about:

- _____ Volunteering during Worship (Usher, Lay Server, Altar Guild, etc.)
- _____ Baptism (child, adult)
- _____ Getting married at St. Mark's
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs
- _____ Adult classes
- _____ Senior programs/activities
- _____ Outreach/community service
- _____ Environmental issues
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? _____ Yes _____ No

You can stay up to date on St. Mark's news by signing up online for the weekly eGospel newsletter at www.stmarks.net/contact-us/. If you'd like to join the St. Mark's egroup to interact with other parishioners, please contact Raiford Gaffney (rgaffneydc@gmail.com).