

**WELCOME TO
ST. MARK'S EPISCOPAL CHURCH**
✠
CAPITOL HILL

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.



**THE FOURTH SUNDAY
AFTER PENTECOST:
INDEPENDENCE DAY
LESSONS IN DEMOCRACY**

July 3, 2022

**5:00 PM CONTEMPLATIVE
EUCCHARIST**

Rector

The Reverend Michele H. Morgan

Assistant Rector

The Reverend Christopher Phillips

Liturgy & Pastoral Associate

The Reverend Patricia Catalano

Director of Youth & Family Ministries

Caleb Nelson Amaker

Director of Music

Jeff Kempskie

Welcome to St. Mark's Episcopal Church ☩ Capitol Hill



To view the **parish calendar online**, please visit our homepage www.stmarks.net and click “Calendar” at the top of the page.

To support those who may be immunocompromised and those with small children, masks must be worn at all times in the nave.

Hearing – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

This Week's Guest Preacher: Caitlin Frazier, a member of St. Mark's and our choir, is now a Postulant for Holy Orders at the Seminary of the Southwest in Austin, Texas.



Upcoming Guest Preachers!

St Mark's is excited to welcome a series of guest preachers through the summer:

July 17 – Imam Talib M. Shareef, President and Imam of the historic, Nation's Mosque, Masjid Muhammad here in Washington

July 24 – Rabbi Hannah Spiro, Rabbi of Hill Havurah on Capitol Hill and songwriter

July 31 – Rev. Jim Steen, former Interim Rector at St. Mark's, went on to a distinguished career as Rector and diocesan administrator in the Diocese of Chicago.

THE LITURGY OF THE WORD

OPENING SENTENCES

Today, the Spirit calls us!
Let us hear, and let us act.

THE COLLECT

The Holy Spirit is upon you!
And also upon you!

Let us pray.

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. Amen.

You are invited to hold silence.

THE FIRST READING LETTER TO JOHN ADAMS Abigail Adams • March 31, 1776

In March, 1776, Abigail Adams wrote to her husband, John, while the Continental Congress was deliberating independence:

“I long to hear that you have declared an independency. And, by the way, in the new code of laws which I suppose it will be necessary for you to make, I desire you would remember the ladies and be more generous and favorable to them than your ancestors. Do not put such unlimited power into the hands of the husbands. Remember, all men would be tyrants if they could. If particular care and attention is not paid to the ladies, we are determined to foment a rebellion, and will not hold ourselves bound by any laws in which we have no voice or representation.”

You are invited to hold silence.

**THE SECOND READING THE UNANIMOUS DECLARATION OF THE
THIRTEEN UNITED STATES OF AMERICA, in Congress • July 4, 1776**

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to affect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and, accordingly, all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed.

The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world:

He has refused his Assent to Laws, the most wholesome and necessary for the public good.

He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.

He has endeavored to prevent the population of these States; for that purpose, obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.

He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers.

He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.

He has excited domestic insurrections amongst us.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

The people stand as able.

THE THIRD READING THE CONSTITUTION OF THE UNITED STATES •
September 17, 1787

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

The people sit.
You are invited to hold silence.

THE FOURTH READING CHANCE FOR PEACE SPEECH (THE CROSS OF IRON SPEECH), Dwight D. Eisenhower • April 16, 1953

Every gun that is made, every warship launched, every rocket fired signifies, in the final sense, a theft from those who hunger and are not fed, those who are cold and are not clothed. This world in arms is not spending money alone. It is spending the sweat of its laborers, the genius of its scientists, the hopes of its children.

The cost of one modern heavy bomber is this: a modern brick school in more than 30 cities.

It is two electric power plants, each serving a town of 60,000 population. It is two fine, fully equipped hospitals.

It is some fifty miles of concrete pavement.

We pay for a single fighter plane with a half million bushels of wheat.

We pay for a single destroyer with new homes that could have housed more than 8,000 people...

This is not a way of life at all, in any true sense. Under the cloud of threatening war, it is humanity hanging from a cross of iron... This is one of those times in the affairs of nations when the gravest choices must be made, if there is to be a turning toward a just and lasting peace... It calls upon them to answer the question that stirs the hearts of all sane men: is there no other way the world may live?

You are invited to hold silence.

THE FIFTH READING An Excerpt from “LET AMERICA BE AMERICA AGAIN”
Langston Hughes • July, 1936

Let America be the dream the dreamers dreamed —

Let it be that great strong land of love

Where never kings connive nor tyrants scheme

That any man be crushed by one above.

(It never was America to me.)

O, let my land be a land where Liberty

Is crowned with no false patriotic wreath,

But opportunity is real, and life is free,

Equality is in the air we breathe.

....

Say, who are you that mumbles in the dark?

And who are you that draws your veil across the stars?

I am the poor white, fooled and pushed apart,

I am the Negro bearing slavery's scars.

I am the red man driven from the land,

I am the immigrant clutching the hope I seek —

And finding only the same old stupid plan

Of dog eat dog, of mighty crush the weak.

....

O, yes, I say it plain, America never was America to me,

And yet I swear this oath — America will be!

THE GOSPEL Luke 10:1-11, 16-20

The Gospel of Jesus according to Luke.
Glory to you, Lord Christ.

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.'

"Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me."

The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" He said to them, "I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven."

The Gospel of Jesus.
Praise to you, Lord Christ.

HOMILY

Caitlin Frazier

MUSIC FOR MEDITATION

THE AFFIRMATION

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
is seated at the right hand of the Father,
and will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

You are invited to hold silence.

PRAYERS OF THE PEOPLE

God has promised to hear us when we call in his son's name: let us lift our voices in prayer:

Let us give thanks for the multitude of blessings:

For our lives and the lives of those whom we love; for the beauty of the Earth you created, and for our families and friendships, Gracious God, we give you thanks.

Let us pray for the just use of God's creation.

Remind us, O God, to care for what you have given us, with attention and thought.

Let us pray for the Church and its mission.

For Michael and Mariann, and for all clergy; for all lay people who serve parishes at home and around the world, and for those who gather in worship and prayer, O God, we give you thanks.

Let us pray for all who have not yet returned to their spiritual home.
Breathe fresh life, O God, into your people and guide them back.

Let us pray for the nations and peoples of the world.
Give strength, O God, to all people who are confronted by oppression, especially the people of Ukraine; for refugees and the homeless, that your presence will be felt by them.

Let us pray for those whose decisions affect the lives of others.
Inspire them, O God, to act with integrity and courage.

Let us pray for all who face pain and grief, here and elsewhere.
Hearten, O God, those who struggle wherever violence intrudes, especially those in Buffalo and Uvalde; may they face the future with the knowledge that you are by their side.

Let us pray for all who mourn.
Comfort them, O God, in the emptiness left behind.

Let us pray for those who have died, whether in the faith of Christ or those whose faith is known only to you.
Welcome your children to your arms, O God.

Let us pray for those in our lives and for others.

*All may now offer their own prayers, either silently or aloud, ending with
"This is my prayer" to which all will respond "Amen."*

Let us pray together saying:

Grant, O God, that we may walk in your presence with your love in our hearts, your truth in our minds, and your strength in our will until, at the end of our journey, we know the joy of homecoming and the welcome of your embrace, through Jesus Christ our Lord, Amen.

THE PEACE

The peace of God be with you!
And also with you.

VESTRY & CLERGY GREETING

ELECTRONIC OFFERING

To support the work of the church, make an [online gift](#) now or learn about the [other ways to give](#).

Pledges to support the church in the future and online gifts can also be made through the St. Mark's website stmarks.net by choosing "Donate or Pledge" at the top.

Text "stmarks20003" to 73256 to give to St. Mark's using text messaging.



OFFERTORY SENTENCE

Walk in love as Christ loves us.

*Please note that offering plates will be at both doors as you depart
Thank you for your generous support of our collective work.*

THE LITURGY OF THE TABLE

EUCCHARISTIC PRAYER

The Lord is here

God's spirit is with us

Lift up your hearts

We lift them to the Lord

Let us give thanks to the Lord our God

It is right to offer thanks and praise.

It is right indeed, it is our joy and our salvation, holy Lord, almighty Creator, everlasting God, at all times and in all places to give you thanks and praise through Jesus, your only Son.

You are the source of all life and goodness; through your eternal Word you have created all things from the beginning and formed us in your own image.

In him you have made us a holy people by sending upon us your holy and lifegiving Spirit, who came with signs from heaven to lead your Church into all truth. In the power of the Spirit, and made ready with his gifts, we take the joy of the gospel into all the world.

Therefore with the faithful who rest in him, with angels and archangels and all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

All glory and thanksgiving to you, holy Father; on the night before he died your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given you thanks, he gave it to them and said: Drink this, all of you, for this is my blood of the new covenant which is shed for you and for all for the forgiveness of sins; do this as often as you drink it, to remember me.

Therefore loving God, recalling your great goodness to us in Christ, his suffering and death, his resurrection and ascension, and looking for his coming in glory, we celebrate our redemption with this bread of life and this cup of salvation. Accept our sacrifice of praise and thanksgiving which we offer through Christ our great high priest.

Send your Holy Spirit that these gifts of bread and wine which we receive may be to us the body and blood of Christ, and that we, filled with the Spirit's grace and power, may be renewed for the service of your kingdom.

United in Christ with all who stand before you in earth and heaven, we worship you, O God, in songs of everlasting praise.

Blessing, honor and glory be yours, here and everywhere, now and for ever. Amen.

THE LORD'S PRAYER

As Christ teaches us, let us pray:

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE FRACTION

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

THE INVITATION TO COMMUNION

We recognize this as God's table set before us, and this bread and wine as God's food for us and for all. Therefore whoever we are, from wherever we have come, and whatever we believe,
All are welcome and invited to receive. Amen!

THE COMMUNION

St. Mark's receives communion "in the round" as a symbol of our strong belief in the power of community. Please form a single line in the main aisle. Ushers will guide you into a circle; please remain approximately six feet apart from others for COVID protection.

You will be offered bread by a celebrant, which you may consume as usual. Please remain in place until the presider dismisses the group. Return to your seat by way of the clergy chairs.

If you are uncomfortable receiving and unmasking to consume the host while standing close to others, please remain seated until the last circle has finished and then come forward to receive from the clergy.

*Please join us in the eating of the bread,
knowing this act of community is a full communion.*

MUSIC DURING COMMUNION

POST-COMMUNION PRAYER

God of Life:

You have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: send us out in the power of your Spirit to live and work to your praise and glory. Amen.

THE BLESSING

Now go in Peace, do what God wills, follow where Christ calls, pray for the gifts of the Spirit; and may the blessing of God: the Creator, Redeemer and Sustainer rest on and remain with you now and always.

Amen.

DISMISSAL

Alleluia, alleluia! Let us go forth in the power of the Spirit!

Thanks be to God; alleluia, alleluia!



Liturgical Leaders and Worship Participants

Presider	The Reverend Christopher Phillips
Preacher	Caitlin Frazier
Verger	Malissa Zimmerman

Liturgy Request

At St. Mark's, we plan the liturgy periodically. If you have a suggestion for the liturgy, please contact michele@stmarks.net.

Acknowledgements & Permissions

Opening sentences: Michele Morgan. Bidding Prayer adapted from the Book of Occasional Services.
Post-Communion Prayer: Scott Lipscomb. Eucharistic Prayer: *Enriching Our Worship*, volume 1. Prayers of the People: The Book of Common Prayer Form VI, adapted. The Creed (adapted) and the Blessing: *Iona Abbey Worship Book*. Peace and Dismissal: *The Book of Common Prayer*, 1979.

St. Mark's Episcopal Church, Capitol Hill

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Office Directory

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**Michele will be on sabbatical until August 24, 2022.*

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assistantrector@stmarks.net

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Katherine Philipson, Bulletin Coordinator

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Joel Martinez, Seminarian

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The Vestry

Senior Warden

Linell Grundman seniorwarden@stmarks.net

Junior Warden

David Wellman juniorwarden@stmarks.net

Class of '23

Brent Bickley, Fritz Henn, and Edna Boone

Class of '24

Christoph Berendes, Katherine Buchanan and Jeb Ory

Class of '25

Harrison Donnelly, Jan Lipscomb, and Nick Rogers

Officers

Randy Marks, *Treasurer*

Bill Jordan, *Asst. Treasurer*

Kim Bayliss, *Register*

Diocesan Delegates

Tom Getman, Mary Neznok and Ruth Roman

Cycle of Prayer

In the Diocese of Washington

Independence Day (July 4) Pray for justice, freedom and peace for all people.

Anglican Communion

Pray for The Diocese of Malindi – The
Anglican Church of Kenya

Parish Prayer List

Betsy Agle • Ben Alquiros • Nora Alquiros • Fairfield Butt
Pamela Blumgart • Molly & David Bonnell • Joseph Boone • Fairfield Butt
Martin De Nys • Jan Hoffman • Elizabeth Long
Nat Marks • Taylor Emerson Marks • Pam Burton Moore
David Peterson • Joan Pierotti • Rick Rutherford • Gardner Van Scoyoc
Eleanor Whitman • Joel Wilson Margaret Wood • May Yazawa • Tom Zarek

Parishioners and Family Members serving in the military

Chase Allen Ammon • Clint Billings • Jason Earnest

Those Who Have Died

Diane Carey • Denise Dietrich

In order to keep the prayer list updated, we begin anew semi-annually.

If you would like to request to add a name, please email the

Bulletin Coordinator at bulletin@stmarks.net

Welcome Guests!

We'd like to get to know you better!



We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, and office directory.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please remove this page and place in the offering plate or give to a greeter.

I attended: _____ 10 am Holy Eucharist
_____ Sermon Seminar
_____ 5 pm Contemplative Eucharist
_____ Special (wedding, funeral, etc.)

On July 3, 2022

Name _____

E-mail _____

Phone No. _____

Zip Code _____

I am interested in learning more about:

- _____ Volunteering during Worship (Usher, Lay Server, Altar Guild, etc.)
- _____ Baptism (child, adult)
- _____ Getting married at St. Mark's
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs
- _____ Adult classes
- _____ Senior programs/activities
- _____ Outreach/community service
- _____ Environmental issues
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? _____ Yes _____ No

You can stay up to date on St. Mark's news by signing up online for the weekly eGospel newsletter at www.stmarks.net/contact-us/. If you'd like to join the St. Mark's egroup to interact with other parishioners, please contact Raiford Gaffney (rgaffneydc@gmail.com).