

**WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
✠
CAPITOL HILL**

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.



**THE FIRST SUNDAY IN LENT
March 6, 2022**

**5:00 PM CONTEMPLATIVE
EUCCHARIST**

Rector

The Reverend Michele H. Morgan

Assistant Rector

The Reverend Christopher Phillips

Director of Youth & Family Ministries

Caleb Nelson Amaker

Director of Music

Jeff Kempskie

Welcome to St. Mark's Episcopal Church ☩ Capitol Hill



To view the **parish calendar online**, go to our homepage www.stmarks.net and click “Calendar” at the top of the page.



Everyone attending worship at St. Mark's is expected to sign-in for contact tracing purposes. To support those who may be immunocompromised and those with small children, masks must be worn at all times in the nave. Please know that arriving a little early will help get everyone in.



The Miracle of the Five Loaves and Two Fish A Sculpture by the People of St. Mark's Church, Capitol Hill 2019-2020

This mixed media liturgical sculpture was built by the people of St. Mark's Church during Advent 2019 and Lent 2020, under the leadership of Tracy Councill, Lynda Smith Bugge, Elin Whitney-Smith, Penny Farley and Cindy Dopp. The concept was proposed by Peter Mosley, who sought to create a representation of the miracle of the loaves and fishes as a symbol for our gathering around the table and sharing a communion meal in the community's spirit of acceptance and hospitality.

During Advent 2019, parishioners of all ages gathered before and after services to create the “scales” of the fish—small paper circles on which they wrote or drew something to represent “what do you bring to be blessed?” Each week's batch of scales were laminated and hole punched, and folks shared the work of stringing them and joining them to the metal armatures outlining the fish.

During Lent 2020, we began work on the loaves of bread. Everyone was invited to convey their thoughts about “what sustains you?” on muslin cloth to be wrapped onto sculpted bread loaves. Only three weeks into Lent, Covid-19 required us to suspend in-person gatherings, so the loaves were finished with the thoughts folks had shared up until then.

THE LITURGY OF THE WORD

THE GREAT LITANY (adapted)

Book of Common Prayer

O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the world,
Have mercy upon us.

O God the Holy Spirit, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

From all evil and wickedness; from sin; from the crafts
and assaults of the devil.
Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy;
from envy, hatred, and malice; and from all want of charity,
Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and
flood; from plague, pestilence, and famine,
Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from
violence, battle, and murder; and from dying suddenly and unprepared,
Good Lord, deliver us.

That it may please you to illumine all bishops, priests, and
deacons, with true knowledge and understanding of your
Word; and that both by their preaching and living, they may
set it forth, and show it accordingly,
We beseech you to hear us, good Lord.

That it may please you to give us a heart to love you,
and diligently to live after your commandments.
We beseech you to hear us, good Lord.

That it may please you so to rule the hearts of your servants,
the President of the United States, and all
others in authority, that they may do justice, and love mercy,
and walk in the ways of truth,
We beseech you to hear us, good Lord.

That it may please you to make wars to cease in all the world;
to give to all nations unity, peace, and concord; and to
bestow freedom upon all peoples,
We beseech you to hear us, good Lord.

That it may please you to show your pity upon all prisoners
and captives, the homeless and the hungry, and all who are
desolate and oppressed,
We beseech you to hear us, good Lord.

That it may please you to inspire us, in our several callings,
to do the work which you give us to do with singleness of
heart as your servants, and for the common good,
We beseech you to hear us, good Lord.

That it may please you to preserve all who are in danger by
reason of their labor or their travel,
We beseech you to hear us, good Lord.

That it may please you to visit the lonely; to strengthen all
who suffer in mind, body, and spirit; and to comfort with your
presence those who are failing and infirm,
We beseech you to hear us, good Lord.

That it may please you to give us true repentance; to forgive
us all our sins, negligences, and ignorances; and to endue
us with the grace of your Holy Spirit to amend our lives
according to your holy Word,
We beseech you to hear us, good Lord.

That it may please you to grant to all the faithful departed
eternal life and peace,
We beseech you to hear us, good Lord.

That it may please you to grant that in the fellowship of Mark
and all the saints we may attain to your heavenly kingdom
We beseech you to hear us, good Lord.

Son of God, we beseech you to hear us.

Son of God, we beseech you to hear us.

O Lamb of God that takes away the sins of the world,
Have mercy upon us.

O Lamb of God that takes away the sins of the world,
Grant us your peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Lord, have mercy upon us.

Lord, have mercy upon us.

COLLECT¹

God be with you.

And also with you.

Let us pray:

Almighty God: your son, Jesus Christ, fasted forty days in the wilderness. As we begin this season, give us grace to direct our lives in obedience to your Spirit. As you know our weakness, so may we know your power to save; through Jesus Christ our redeemer. Amen.

You are invited to hold silence.

THE FIRST READING² Deuteronomy 26:1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us."

¹ Pronounced 'COLL-ect' and is the special prayer for the day

² The reading(s) before the Gospel may be from the Hebrew Scriptures (Old Testament) and/or the Epistles (letters to the new Christian communities)

When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Hear what the Spirit is saying to us.

Thanks be to God.

The people stand as able.

THE GOSPEL Luke 4:1-13

The Gospel of Jesus according to Luke.

Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

The Gospel of Jesus.
Praise to you, Lord Christ.

Please be seated.

HOMILY³

The Reverend Michele H. Morgan

MUSIC FOR MEDITATION

AFFIRMATION⁴

**We believe in God the Creator, by whom every person in heaven and earth is named.
We believe in God the Son, who lives in our hearts through faith, and fills us with his love.
We believe in God the Holy Spirit, who strengthens us with power from on high.
We believe in one God: Creator, Redeemer, and Sustainer. Amen**

You are invited to hold silence.

DEDICATION OF THE MIRACLE OF THE FIVE LOAVES AND TWO FISH

We rejoice in the miracle of the five loaves and two fishes. We celebrate an act of enough for all. We rejoice in a community gathered blessing fish brought forward and sustaining loaves of bread created by all.

Taste and see that God is good.

The act of blessing and sustaining we all have a share in this place and at this time.

Let us pray.

O gracious God, who in your generosity ordained that your Son should feed all on a hillside. We thank you that it has become for us a way to bless and a way to sustain ourselves, our community, and the creative spirit of all of us working together.

Amen.

THE PEACE⁵

The peace of God be always with you.

And also with you.

From your seats, offer a sign of peace to those around you. Suggestions include a peace sign, hand over your heart, bow, and/or a prayer hand gesture.

³ *A means to engage a dialogue between the Bible and current world events*

⁴ *A communal statement of our belief*

⁵ *A sign to one another in gratitude for God's presence among us*

WELCOME

ELECTRONIC OFFERING

Please consider supporting the work of the church. You may make an online gift, or learn about the other ways to give, by visiting the St. Mark's website, stmarks.net, and choosing "Donate or Pledge" at the top.



Gifts to St. Marks can also be made by texting "stmarks20003" to 73256, or by visiting the QR code.

Thank you for your generous support of our collective work.

OFFERTORY SENTENCE⁶

Walk in love as Christ loves us.



THE LITURGY OF THE TABLE

EUCCHARISTIC PRAYER

The Lord is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Abba, Lord of all creation, we praise you for your goodness and your love. When we turned away you did not reject us. You came to meet us in your Son, you welcomed us as your children and prepared a table where we might feast with you. Jesus shared our life that we might live in him and he in us.

He opened wide his arms upon the cross and, with love stronger than death, made the perfect sacrifice.

Christ, our redeemer: on the night before you died you came to table with your friends. Taking bread, you gave thanks, broke it and gave it to them saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.'

Lord Jesus, we bless you: you are the bread of life.

⁶ Reminds us that we offer ourselves and what we have to God's service

At the end of supper, you took the cup of wine, gave thanks, and said, ‘Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins; do this in remembrance of me.’

We bless you, O Christ: you are the true vine.

Praise to you, Lord Christ:

Dying, you destroyed our death; rising, you restored our life; Lord Jesus, come in glory.

Holy Spirit, giver of life, come upon us now; may this bread and wine be to us the body and blood of our Savior.

As we eat and drink these holy gifts, make us who know our need of grace, one in Christ, our risen Lord.

Blessed Trinity: with your whole Church throughout the world, we offer you this sacrifice of thanks and praise and lift our voices to join the song of heaven, forever praising you and saying:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Thanks be to you, our God, for your gift beyond words.

Amen. Amen. Amen.

Throughout the season of Lent, we will use the traditional translation of the Lord’s Prayer.

THE LORD’S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE FRACTION

The bread which we break is a sharing in the body of Christ.

We, being many, are one body, for we all share in the one bread

THE INVITATION TO COMMUNION

We recognize this as God's table set before us and this bread and wine as God's food for all. Therefore, whoever we are, from wherever we have come, and whatever we believe,
All are welcome and invited to receive. Amen!

THE COMMUNION

*Please join us in the eating of the bread,
knowing this act of community is a full communion.*

MUSIC DURING COMMUNION

POST-COMMUNION PRAYER

Let us pray, saying together:

Lord God, you renew us with the living bread from heaven. Nourish our faith, increase our hope, strengthen our love, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen.

THE BLESSING

Life is short, and we do not have much time to gladden the hearts of those who make the journey with us. So be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and forever.
Amen.

DISMISSAL⁷

Go now to love and serve the Lord. Go in peace.
We go in the name of Christ. Amen.

✠ ✠ ✠

⁷ *A reminder of God's presence in our lives as we go into the world*

Welcome Newcomers!

We hope you feel a sense of connection, whether you're with us online or in-person. There are many opportunities to get involved with St. Mark's, even remotely.

If you are a newcomer and want us to get to know you better, please fill out this form. Those attending in-person may complete the form on the last page. If you have questions, you can also contact the staff listed on the third to last page.

We will be happy to help you in any way we can.



Liturgical Leaders and Worship Participants

Presider & Preacher

The Reverend Michele H. Morgan

Verger

Jennifer Cate

Liturgy Request: At St. Mark's, we plan the liturgy periodically. If you would like more information on how we do this as a community, please contact Rector Michele Morgan at michele@stmarks.net.

Acknowledgements:

The Collect, Post-Communion Prayer, Blessing, and Dismissal: *The Book of Common Prayer* of New Zealand, adapted. The Penitential Litany and the Eucharist: *The Book of Common Prayer* of the USA, adapted. The Creed: Scott Lipscomb, adapted. Prayers of the People St Mark's Episcopal

Lenten & Easter Services

Wednesdays in Lent	8:00 am Eucharist
Thursdays 12:00 pm	12:00 pm Eucharist, <i>Chapel</i>
Sunday, March 6	9:00 am Holy Eucharist, <i>Nave</i> 10:00 am Sermon Seminar, <i>Nave</i> 11:15 am Holy Eucharist, <i>Nave</i> & <i>FB Live</i> 5:00 pm Contemplative Eucharist, <i>Nave</i>
Sunday, March 13	9:00 am Holy Eucharist, <i>Nave</i> 10:00 am Sermon Seminar, <i>Nave</i>

11:15 am Holy Eucharist, *Nave & FB Live*

5:00 pm Contemplative Eucharist, *Nave*

Sunday, March 20

9:00 am Family Eucharist & Children's Reflection, *Nave*

10:00 am Sermon Seminar, *Nave*

11:15 am Holy Eucharist, *Nave & FB Live*

5:00 pm Contemplative Eucharist, *Nave*

Sunday, March 27

10:00 am Holy Eucharist, *Nave & FB Live*

12:00 pm Annual Meeting by Zoom

5:00 pm Contemplative Eucharist, *Nave*

Sunday, April 3

9:00 am Holy Eucharist, *Nave*

10:00 am Sermon Seminar, *Nave*

11:15 am Holy Eucharist, *Nave & FB Live*

5:00 pm Contemplative Eucharist, *Nave*

Sunday, April 10

Palm Sunday

9:00 am Liturgy of the Palms, *Nave*

10:00 am Sermon Seminar, *Nave*

11:15 am Liturgy of the Palms, *Nave & FB Live*

5:00 pm, Liturgy of the Palms, *Nave*

Wednesday, April 13

7:00 pm Tenebrae, Contemporary readings and music, *Nave*

Maundy Thursday,

April 14

12:00 pm Noon Eucharist, *Chapel*

6:30 pm Agape Feast

8:00 pm Holy Eucharist, *Nave*

Good Friday, April 15

12:00 pm Good Friday Service, *Nave*

1:30 pm Stations of the Cross, *Nave*

3:30 pm Stations of the Cross *at the U.S. Capitol*

7:00 pm Good Friday Service, *Nave*

Holy Saturday,

April 16

10:00 am Following after Jesus, *Baxter Hall & other spaces*

Easter Sunday,

April 17

9:00 am Festival Eucharist, *Nave*

11:15 am Festival Eucharist, *Nave & Facebook Live*

5:00 pm Contemplative Eucharist, *Nave*

St. Mark's Episcopal Church, Capitol Hill

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Office Directory

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Judith Rautenberg, Children's Choir Director	judith@stmarks.net
Katherine Philipson, Bulletin Coordinator	bulletin@stmarks.net
The Reverend Patricia Catalano, Adjunct Priest	adjunct@stmarks.net
Joel Martinez, Seminarian	seminarian@stmarks.net

The Vestry

Senior Warden	Linell Grundman	seniorwarden@stmarks.net
Junior Warden	Jim Pittman	juniorwarden@stmarks.net

Class of '22	Andrew Stafford, Shay Waye, & Kit Arrington
Class of '23	Brent Bickley, Fritz Henn, & Edna Boone
Class of '24	Christoph Berendes, Jeb Ory & Dave Wellman

Officers	Frank Nickerson, <i>Treasurer</i>
	Randy Marks, <i>Asst. Treasurer</i>
	Kim Bayliss, <i>Register</i>

Diocesan Delegates

Mary Neznek Raiford Gaffney and Tom Getman

Cycle of Prayer

In the Diocese of Washington

Grace Church, Georgetown
Grace Church, Silver Spring Parish

Anglican Communion

Pray for The Anglican Church of Korea

Parish Prayer List

Betsy Agle • Ben Alquiros • Nora Alquiros • John Barton • Pamela Blumgart
Joseph Boone • Fairfield Butt • Diane Carey • Martin De Nys • Ben Dibblee
Jim Frazier • Jan Hoffman • Elizabeth Long • Nat Marks • Taylor Emerson Marks
Pam Burton Moore • David Peterson • Joan Pierotti • Janet Vail
Gardner Van Scoyoc • Eleanor Whitman • Joel Wilson • Margaret Wood • Tom Zarek

Parishioners and Family Members serving in the military

Chase Allen Ammon • Clint Billings • Andrew Ernst

Those who have died

Mary Jo Detweiler

*In order to keep the prayer list updated, we begin anew semi-annually.
If you would like to request to add a name, please email the
Bulletin Coordinator at bulletin@stmarks.net*

⌘ Lend your gifts as a worship volunteer! ⌘

Your gifts are needed to help craft and participate in worship services and hospitality at St. Mark's. There are many ways to get involved and the time commitment is up to you.

Please share your contact information and select the ministries that interest you. Return this form by putting it into the offering plate or handing it to one of the greeters as you leave.

Name: _____

E-mail: _____

I am interested in learning more about:

- The Worship Planning Committee works with the clergy to craft liturgy that invites us into a deeper relationship with God and each other.
- The Altar Guild prepares the altar for worship and cares for the linens and the liturgical items used in worship.
- Greeters and ushers make everyone feel welcome during worship, both newcomers and long timers alike. They ensure everyone receives a bulletin, assist with the Sunday collection, and much more.
- Acolytes carry the processional cross, torches, and banner in processions, and assist at the altar.
- Lay readers take an active role in every worship service, reading lessons and leading prayers.
- Hospitality volunteers offer refreshments to worshipers after services, allowing for fellowship and conversation. They are responsible for setting up and putting away the refreshments, which are provided by St. Mark's.

Questions? Please contact the Reverend Christopher Phillips at

assistantrector@stmarks.net



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, and office directory.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please remove this page and place in the offering plate or give to a greeter.

I attended: _____ 9 a.m. Holy Eucharist
 _____ Sermon Seminar
 _____ 11:15 a.m. Holy Eucharist
 _____ 5 p.m. Contemplative Eucharist
 _____ Special (wedding, funeral, etc.)

on March 6, 2022

Name _____

E-mail _____

Phone No. _____

Zip Code _____

I am interested in learning more about:

- _____ Volunteering during Worship (Usher, Lay Server, Altar Guild, etc.)
- _____ Baptism (child, adult)
- _____ Getting married at St. Mark's
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs
- _____ Adult classes
- _____ Senior programs/activities
- _____ Outreach/community service
- _____ Environmental issues
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? _____ Yes _____ No

You can stay up to date on St. Mark's news by signing up online for the weekly eGospel newsletter at www.stmarks.net/contact-us/. If you'd like to join the St. Mark's egroup to interact with other parishioners, please contact Raiford Gaffney (rgaffneydc@gmail.com).