

**WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
✠
CAPITOL HILL**

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE FIFTH SUNDAY AFTER EPIPHANY



In It for the Long Haul

February 7, 2021

4:50 PM GATHER

**5:00 PM CONTEMPLATIVE
EUCCHARIST**

Rector

The Reverend Michele H. Morgan

Deacon

The Reverend Cindy Dopp

Director of Youth & Family Ministries

Caleb Nelson Amaker

Director of Music

Jeff Kempskie

Welcome to St. Mark's Episcopal Church ✠ Capitol Hill



To view the **parish calendar online**, go to our homepage www.stmarks.net and click “Calendar” at the top of the page.

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.



The Epiphany Star above the altar is a gift from Joya Cox, its creator. It is an icosahedron, a figure with 20 plane surfaces, each of which also serves as the base of a pyramid.

Cover Image:

Creator: Erik McGregor | Credit: LightRocket via Getty Images Copyright: © 2020 Erik McGregor



THE LITURGY OF THE WORD

WELCOME

OPENING SENTENCES

The poorest and most vulnerable are among us,
Let us not look away.

The voices of the poorest and most vulnerable are so diminished,
Let us lend our voices to call for justice.

A period of silence is observed.

THE COLLECT

Let us pray:

Almighty God, who created us in your own image: Grant us grace fearlessly to contend against evil and to make no peace with oppression; and, that we may reverently use our freedom, help us to employ it in the maintenance of justice in our communities and among the nations, to the glory of your holy Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

THE FIRST READING 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear what the Spirit is saying to us.

Thanks be to God.

A period of silence is observed.

THE GOSPEL Mark 1:29-39

The Gospel of Jesus according to Mark.

Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of Jesus.

Praise to you, Lord Christ.

HOMILY

The Reverend Patricia Catalano

A period of silence is observed.

PRAYERS OF THE PEOPLE

God of light and life, our prayers rise before you this day in hope and faith. We seek to add our voice and actions to make your vision of radical love for all real in the world.

A brief silence.

Open our hearts to the needs of our neighbors, near and far. Guide us to be your hands and feet in the world, offering solidarity and hope to those in the shadows.

By the light of your Spirit,

Inspire us to add our voice and actions.

Show us the way of love and justice. Spur us to advocate for those in our city in need of healthy food, affordable homes, and a living wage. Enlighten the minds of decision-makers at all levels of government to seek the common good.

By the light of your Spirit,

Inspire us to add our voice and actions.

Stir up in us steadfast love for all children during this time when the rhythms of childhood have been displaced. Help us to support them through the challenges of remote learning, social distancing, and anxious adults.

By the light of your Spirit,

Inspire us to add our voice and actions.

Awaken in us a reverence for your creation each day. Send us energy for the long haul to engage constructively in climate justice and sustainable development issues. Touch our hearts with persevering hope when we feel overwhelmed at the task before us.

By the light of your Spirit,

Inspire us to add our voice and actions.

Abide with us during these days of COVID. Receive our prayers for those who have died and for those who are grieving the loss of loved ones. Move us to offer a healing touch to those feeling isolated through phone calls, cards, and Zoom. And when we grow weary, sustain us with a touch of your generous grace.

By the light of your Spirit,

Inspire us to add our voice and actions.

Turn us each day to prayers of thanksgiving for the abundant love offered through God's incarnation in Jesus. In this winter of 2021, we give particular thanks for the dedication and perseverance of all workers who are making the COVID vaccine available. May this accomplishment be seen as a sign of hope and inspiration for future global cooperation.

By the light of your Spirit,

Inspire us to add our voice and actions.

Let us pray for our needs and those of others...

Members of the congregation may offer their own prayers at this time.

Together, let us pray:

God of radiant light, your steadfast love illumines our hopes. Enkindle your flame within us so that we might add our voice and actions to your vision of radical love and see your transforming presence at work in the world around us. Amen.

CONFESSION

Let us confess our sins before God.

Silence.

God forgives you, forgive yourself and go in peace.
Amen.

THE PEACE

The peace of God be always with you.
And also with you.

VESTRY GREETING

CLERGY GREETING & ANNOUNCEMENTS

ELECTRONIC OFFERING

To support the work of the church, make an [online gift](#) now or learn about the [other ways to give](#).

Pledges to support the church in the future and online gifts can also be made through the St. Mark's website stmarks.net by choosing "Donate or Pledge" at the top.

OFFERTORY SENTENCE

Walk in love as Christ loves us.

*We lift an offertory plate acknowledging the online giving
and checks that have been mailed into the office this week.
We are so grateful for your ongoing support.*

THE LITURGY OF THE TABLE

EUCCHARISTIC PRAYER

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Worship and praise belong to you, God our maker. Out of nothing, you called all worlds into being, and still you draw the universe to its fulfilment. Day and night celebrate your glory till time shall be no more. In Christ, your only-begotten Son, you have revealed yourself to the world. By the guiding of a star, you made him known to the nations as the son of David and king of Israel; that in following him, we might be led from darkness and into his marvelous light.

Filled with the Spirit, who descended upon your Son at his Baptism in the Jordan, we who are baptized in his name strive for his heavenly kingdom in whose radiance we are transfigured and the earth is transformed.

As children of your redeeming purpose we offer you our praise, with angels and archangels and the whole company of heaven singing the hymn of your unending glory:

Holy, holy, holy Lord, God of power and might: heaven and earth are full of your glory! Hosanna in the highest! Blessed is the one who comes in the name of the Lord; hosanna in the highest!

Glory and thanksgiving be to you, most loving Creator. In Jesus the Messiah you have come to us. Our hope is built on him in whom you are well pleased.

Having been shown to the world as your beloved Son, he proclaimed the good news of your kingdom. The blind received their sight, the lame walked, the lepers were cleansed, and the captives set free. At his word, water became wine, the hungry were filled with bread, and the dead were raised.

Before Jesus was given up to suffering and death, desiring to complete the work for which he came into the world, at supper with his disciples he took bread and offered you thanks.

He broke the bread, and gave it to them, saying: "Take, eat. This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying: "Drink this, all of you. This is my Blood of the new covenant; it is poured out for you, and for all, that sins may be forgiven. Do this in remembrance of me."

We now obey your Son's command. We recall his blessed passion and death, his glorious resurrection and ascension; and we look for the coming of his Kin-dom. Made one with him, we offer you these gifts and with them ourselves, a single, holy, living sacrifice.

Christ has died. Christ is risen. Christ will come again.

Hear us, most merciful Creator, and send your Holy Spirit upon us and upon this bread and this wine, that, overshadowed by his life-giving power, they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your World.

Help us, who are baptized into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of Mary, Mark, the apostles, and prophets, and of all our siblings living and departed.

Through Jesus Christ, with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be to you, God of all ages, world without end.

Amen.

Please note that during the season of Epiphany, we will pray with the contemporary translation of the Lord's Prayer.

THE LORD'S PRAYER

And now, as Jesus taught us, let us pray:

Our Father in heaven, hallowed be your name;

Your kingdom come, your will be done, on earth as it is in heaven.

Give us today our daily bread,

And forgive us our sins as we forgive those who have sinned against us.

Save us from the time of trial, and deliver us from evil,

For yours is the kingdom, and the power, and the glory, forever and ever.

Amen.

THE BREAKING OF THE BREAD

Alleluia, Christ our Passover has sacrificed for us!
Therefore let us keep the feast! Alleluia!

THE INVITATION TO COMMUNION

We recognize this as God's table set before us, and this bread and wine as God's food for us. Therefore, whoever we are, from wherever we have come, and whatever we believe,
All are welcome and invited to receive. Amen!

THE COMMUNION

If you have bread and wine in your home you are welcome to consume it now. If you would like us to deliver a blessed communion wafer to you, please contact Michele@stmarks.net

MUSIC DURING COMMUNION

THE BLESSING

The world is too dangerous and too beautiful for anything but love. May your eyes be so blessed that you see God in everyone. Your ears, so you hear the cry of the poor. May your hands be so blessed that everything you touch is a sacrament. Your lips, so you speak nothing but the truth with love. May your feet be so blessed that you run to those who need you. And may your heart be so opened, so set on fire, that love changes everything. And may the blessing of God, our Creator, our Redeemer, and our Sustainer be with us now and always. Amen.

DISMISSAL

Beloved, let us love, not only in word or speech,
but in truth and action.

Go in peace to love and serve our God.
Amen!



Welcome Newcomers!

We hope you feel a sense of connection as we share this time together online. There are many other opportunities to get involved with St. Mark's, even remotely.

If you are a newcomer and want us to get to know you better, please fill out [this form](#). If you have questions, you can also contact the staff listed on the last page. We will be happy to help you in any way we can.



Worship Participants

Presider	The Reverend Michele H. Morgan
Preacher	The Reverend Patricia Catalano

Acknowledgements

Opening Sentences and Post communion prayer by Michele Morgan. Eucharistic Prayer the Scottish Book of Common Prayer. The collect Book of Common Prayer. The Prayers of the People Josie and Bill Jordan, *The Confession, the people of Saint Mark's*, Absolution St. John's Episcopal Church Minneapolis Minnesota. Invitation to communion St. Mark's Capitol Hill, Burning Man Blessing by Brian Baker.

Epiphany Sermon Series

Adding Voices: Acts of Radical Love that change the world

The Reverends Michele Morgan, Cindy Dopp, Patricia Catalano,
Justice Schunior and Joe Hubbard



January 10	Introduction: What does lending your voice mean?	Michele Morgan
January 17	Listening to the change.	Cindy Dopp
January 24	Seeing the world anew.	Justice Schunior
January 31	Teaching and learning	Joe Hubbard
February 7	In it for the long haul	Patricia Catalano
February 14	Of change and being changed	Michele Morgan

1. Wall of Moms Portland, OR. Source:
<https://www.theguardian.com/us-news/2020/jul/21/trump-federal-agents-portland-protests-moms>

Cycle of Prayer

In the Diocese of Washington

Theological Education Sunday
All Seminaries, Seminarians, and Seminary Professors; Postulants and Candidates

Anglican Communion

Pray for The Anglican Church of Burundi

Parish Prayer List

Louise Abbot • Collie Agle • Ben Alquiros • William Aycok
Bernard • John Barton • Robert Baugh • Sean Bishop
Pamela Blumgart • Joseph Boone • Fairfield Butt
Taylor Emerson • Jean Eveleth • Elizabeth Fowler
Jan Hoffman • Gale Johnson • Jocelyn Kovalenko
Carol Lewis • Phyllis Love • Barbara Marks • Nat Marks
Jane Miller • Don Mosher • Joan Pierotti
Rick Rutherford • Mary Welker • Nell Whitman

Parishioners and Family Members serving in the military

Chase Allen Ammon • Clint Billings • Jason Earnest

Please send any names you would like to add to bulletin@stmarks.net.

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The Reverend Patricia Catalano, Adjunct Priest	adjunct@stmarks.net
The Reverend Joe Hubbard, Seminarian	seminarian@stmarks.net

The Vestry

Senior Warden	Ryan Baugh	seniorwarden@stmarks.net
Junior Warden	Jim Pittman	juniorwarden@stmarks.net
Class of '21	Christina Herman, Brandon Dunn Knight, & Amber Macdonald	
Class of '22	Andrew Stafford, Shay Waye, & Kit Arrington	
Class of '23	Brent Bickley, Linell Grundman, & Fritz Henn	
Officers	John Edwards, <i>Treasurer</i>	
	Kim Bayliss, <i>Register</i>	
	Mary Thuell, <i>Counsel</i>	

Diocesan Delegates

Peter Nye Caitlin Frazier Sandy Padgett