

**WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
✠
CAPITOL HILL**

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.



THE FIRST SUNDAY IN LENT

March 1, 2020

**5:00 PM CONTEMPLATIVE
EUCCHARIST
& LAYING ON OF HANDS**

Rector

The Reverend Michele H. Morgan

Deacon

The Reverend Cindy Dopp

Interim Director of Youth & Family Ministries

Caleb Nelson Amaker

Director of Music

Jeff Kempskie

Cell Phones – Please silence cell phones and other electronic devices any time you are in the Nave.

Hearing Assist – Set your hearing aid to the 'T' setting or see an usher for a headset.

Welcome to St. Mark's Episcopal Church ✠ Capitol Hill



To view the **parish calendar online**, go to our homepage www.stmarks.net and click "Calendar" at the top of the page.

Restrooms and water fountains are available in the foyer and on the lower level. **Lost & Found** is managed by our Parish Administrator. Please contact James (202-543-0053, ext. 306) to see if your item has been found or to turn in an item.

In this space, we will post the number of people for the previous week in the context of our average Sunday attendance and our numbers last year. At the end of February, we will share financials to give you a snapshot of "where we are," including our online giving.

	Average Sunday Attendance 2019	2019 total number of people at all 3 services	2020 total number of people at all 3 services
February 23	284	285	355

THE BROKEN MIRROR CROSS, which hangs above the altar in Lent, an especially fitting symbol reflecting to us the often fragmented nature of our lives, was designed and made by Joya Cox.



Sunday Worship Schedule

9:00 am Holy Eucharist (*Family Eucharist is celebrated on the fourth Sunday of most months*)

9:00 am Children's Chapel (*not offered when Family Eucharist is celebrated at 9:00 am*)

10:00 am Sermon Seminar

11:15 am Holy Eucharist

5:00 pm Contemplative Eucharist

We formally begin the worship service with the prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the nave as much as possible. While greeting each other is important, we ask that you do so outside the nave or near the doors so that others can have quiet time.

THE LITURGY OF THE WORD

Please stand as the procession enters the nave.

THE GREAT LITANY (adapted)

Book of Common Prayer

O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the world,
Have mercy upon us.

O God the Holy Spirit, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

From all evil and wickedness; from sin; from the crafts
and assaults of the devil.

Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy;
from envy, hatred, and malice; and from all want of charity,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and
flood; from plague, pestilence, and famine,

Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from
violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

That it may please you to illumine all bishops, priests, and
deacons, with true knowledge and understanding of your
Word; and that both by their preaching and living, they may
set it forth, and show it accordingly,

We beseech you to hear us, good Lord.

That it may please you to give us a heart to love you,
and diligently to live after your commandments.

We beseech you to hear us, good Lord.

That it may please you so to rule the hearts of your servants,
the President of the United States, and all
others in authority, that they may do justice, and love mercy,
and walk in the ways of truth,

We beseech you to hear us, good Lord.

That it may please you to make wars to cease in all the world;
to give to all nations unity, peace, and concord; and to
bestow freedom upon all peoples,

We beseech you to hear us, good Lord.

That it may please you to show your pity upon all prisoners
and captives, the homeless and the hungry, and all who are
desolate and oppressed,

We beseech you to hear us, good Lord.

That it may please you to inspire us, in our several callings,
to do the work which you give us to do with singleness of
heart as your servants, and for the common good,

We beseech you to hear us, good Lord.

That it may please you to preserve all who are in danger by
reason of their labor or their travel,

We beseech you to hear us, good Lord.

That it may please you to visit the lonely; to strengthen all
who suffer in mind, body, and spirit; and to comfort with your
presence those who are failing and infirm,

We beseech you to hear us, good Lord.

That it may please you to give us true repentance; to forgive
us all our sins, negligences, and ignorances; and to endue
us with the grace of your Holy Spirit to amend our lives
according to your holy Word,

We beseech you to hear us, good Lord.

That it may please you to grant to all the faithful departed
eternal life and peace,

We beseech you to hear us, good Lord.

That it may please you to grant that in the fellowship of Mark
and all the saints we may attain to your heavenly kingdom
We beseech you to hear us, good Lord.

Son of God, we beseech you to hear us.

Son of God, we beseech you to hear us.

O Lamb of God that takes away the sins of the world,
Have mercy upon us.

O Lamb of God that takes away the sins of the world,
Grant us your peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Lord, have mercy upon us.

Lord, have mercy upon us.

A period of silence is observed.

COLLECT

God be with you.

And also with you.

Let us pray:

God, you know better than we the temptations that will bring us down. Grant that our love for you may protect us from all foolish and corrupting desire. Be gracious to us; we long for you. Be our strength every morning; our salvation in time of distress. Amen.

THE FIRST READING Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?"

The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Hear what the Spirit is saying to us.
Thanks be to God.

PSALM 32

The psalm will be read responsively by half-verse.

Happy are they whose transgressions are forgiven,
and whose sin is put away!

Happy are they to whom the Lord imputes no guilt,
and in whose spirit there is no guile!

While I held my tongue, my bones withered away,
because of my groaning all day long.

For your hand was heavy upon me day and night;
my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you,
and did not conceal my guilt.

I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble;
when the great waters overflow, they shall not reach them.

You are my hiding-place; you preserve me from trouble;
you surround me with shouts of deliverance.

"I will instruct you and teach you in the way that you should go;
I will guide you with my eye.

Do not be like horse or mule, which have no understanding;
who must be fitted with bit and bridle,
or else they will not stay near you."

Great are the tribulations of the wicked;
but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord;
shout for joy, all who are true of heart.

The people stand as able.

THE GOSPEL Matthew 4:1-11

The Gospel of Jesus according to Matthew.
Glory to you, Lord Christ.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'

Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Jesus.
Praise to you, Lord Christ.

Please be seated.

HOMILY

Mr. Joe Hubbard, Seminarian

MUSIC FOR MEDITATION

The people stand as able.

AFFIRMATION

We believe that God has created us.

We believe that God is born among us.

We believe that God will always sustain us.

We believe that God calls us to bring peace, justice, and compassion into this world.

We believe that in the end of all things, God's love shall prevail.

Amen.

THE PEACE

The peace of God be always with you.

And also with you.

All, one with another, exchange a sign of peace.

WELCOME & GREETING

ANNOUNCEMENTS

Please limit announcements to one minute or less.

ELECTRONIC OFFERING



Text "stmarks20003" to 73256 to give to St. Mark's using text messaging.

There may be a slight delay and then you will receive a reply text which will guide you through the initial set up.

THE LITURGY OF THE TABLE

EUCCHARISTIC PRAYER

God is always present.

God is here, among us!

Lift up your hearts.

We lift them up to the living God.

Let us give thanks to our sovereign God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through, Jesus Christ our Lord; who was tempted in every way we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord; God of power and might! Heaven and earth are full of your glory. Hosanna in the highest! Blessed is the one who comes in the name of the Lord; hosanna in the highest!

Holy and gracious Mother: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Source of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died; Christ is risen; Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

Amen!

THE LORD'S PRAYER

Throughout the season of Lent, we are using the traditional translation of the Lord's Prayer:

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

THE FRACTION

Christ our Passover is sacrificed for us.

Therefore let us keep the feast

THE COMMUNION

Gluten-free wafers and grape juice are available; please make your needs known to the minister.

*If you would like someone to pray with you about anything that is on your mind or heart,
please go to the Chapel after receiving communion for laying on of hands.*

MUSIC DURING COMMUNION

POST-COMMUNION PRAYER

O God, giver of life and health—

—your Son Jesus Christ has called us to hunger and thirst to see right prevail; refresh us with your grace that we may not be weary of well-doing; for the sake of him who meets all our needs, our Saviour Jesus Christ.

Amen.

THE BLESSING

May Christ who calls you to take up your cross, give you strength to bear your own and one another's burdens—and the blessing of God Our Creator, Redeemer and Giver of Life be with you always.

Amen.

DISMISSAL

Go now to love and serve the Lord. Go in peace.

We go in the name of Christ. Amen.



Please join us for light refreshments after the service.

Liturgical Leaders and Worship Participants

Verger

Michele Rivard

Laying on of Hands

Ben Schaibly

Liturgy Request: At St. Mark's, we plan the liturgy periodically. If you would like more information on how we do this as a community, please contact Rector Michele Morgan at michele@stmarks.net.

Acknowledgements

The Collect, Post-Communion Prayer, Blessing, and Dismissal: *The Book of Common Prayer* of New Zealand, adapted. The Penitential Litany and the Eucharist: *The Book of Common Prayer* of the USA, adapted. The Creed: Scott Lipscomb, adapted. Prayers of the People St Mark's episcopal

Lenten & Easter Services

Wednesdays 8:00 am Eucharist, *Chapel* (light snack following)

Thursdays 12:00 pm Noon Eucharist, *Chapel*

- Sunday, March 1** 9:00 am Holy Eucharist + Laying on of Hands, *Nave*
10:00 am Sermon Seminar, *Nave*
11:15 am Holy Eucharist + Laying on of Hands, *Nave*
5:00 pm Contemplative Eucharist + Laying on of Hands, *Nave*
- Sunday, March 8** 9:00 am Holy Eucharist, *Nave*
10:00 am Sermon Seminar, *Nave*
11:15 am Holy Eucharist, *Nave*
5:00 pm Contemplative Eucharist, *Nave*
- Sunday, March 15** 10:00 am Holy Eucharist + Laying on of Hands, *Nave*
Annual Meeting Day (11:30 meal before the mtg., 12:30 pm Annual Meeting, *Nave*)
5:00 pm Contemplative Eucharist + Laying on of Hands, *Nave*
- Sunday, March 22** 9:00 am Family Eucharist & Children's Reflection, *Nave*
10:00 am Sermon Seminar, *Nave*
11:15 am Holy Eucharist, *Nave*
5:00 pm Contemplative Eucharist, *Nave*
- Sunday, March 29** 9:00 am Holy Eucharist, *Nave*
10:00 am Sermon Seminar, *Nave*
11:15 am Holy Eucharist, *Nave*
5:00 pm Contemplative Eucharist, *Nave*
- Sunday, April 5** 9:00 am Liturgy of the Palms, *Nave*
Palm Sunday 10:00 am Sermon Seminar, *Nave*
11:15 am Liturgy of the Palms, *Nave*
5:00 pm, Liturgy of the Palms, *Nave*
- Monday, April 6** 7:00 pm Service of Confession, *Nave*

Wednesday, April 8

7:00 pm Tenebrae, Contemporary readings and music, *Nave*

**Maundy Thursday,
April 9**

12:00 pm Noon Eucharist, *Chapel*

6:00 pm Fellowship Hour, *Parish Hall*

6:30 pm Agape Feast, *Nave*

8:00 pm Holy Eucharist, *Nave*

Good Friday, April 10

12:00 pm Good Friday Service, *Nave*

1:30 pm Stations of the Cross, *Nave*

3:30 pm Stations of the Cross *at the U.S. Capitol*

7:00 pm Good Friday Service, *Nave*

**Holy Saturday,
April 11**

10:00 am Following after Jesus, *Baxter Hall & Other spaces*
An interactive, all-generational walk through the last
week of Jesus's life.

**Easter Sunday,
April 12**

9:00 am Festival Eucharist, *Nave*

11:15 am Festival Eucharist, *Nave*

5:00 pm Contemplative Eucharist, *Nave*

St. Mark's Episcopal Church, Capitol Hill

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Office Directory

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Kerry Court, Boys & Girls Choir Director	bgcdirector@stmarks.net
Katherine Philipson, Bulletin Coordinator	bulletin@stmarks.net
The Reverend Patricia Catalano, Adjunct Priest	adjunct@stmarks.net
Joe Hubbard, Seminarian	seminarian@stmarks.net

The Vestry

Senior Warden	Ryan Baugh	seniorwarden@stmarks.net
Junior Warden	Jim Pittman	juniorwarden@stmarks.net
Class of '20	Tracy Councill, Jim Brooks, & Alix Pereira	
Class of '21	Christina Herman, Brandon Dunn Knight, & Amber Macdonald	
Class of '22	Andrew Stafford, Shay Waye, & Kit Arrington	
Officers	John Edwards, <i>Treasurer</i>	
	Kim Bayliss, <i>Register</i>	
	Rosemary Harold, <i>Counsel</i>	

Diocesan Delegates

Cecilia Monahan Caitlin Frazier Peter Nye

Cycle of Prayer

In the Diocese of Washington

St. David's Church, DC
Episcopal Relief and Development

Anglican Communion

Pray for the Iglesia Anglicana de Chile
The Most Revd Héctor (Tito) Zavala Muñoz - Bishop of Santiago & Primate

*In an effort to keep the prayer list up-to-date, we recently restarted the list.
Please send any names you would like to add to bulletin@stmarks.net.*

Parish Prayer List

Ben Alquiros • William Aycock • Pamela Blumgart
Joseph Boone • Kitty Donnelly • Taylor Emerson
Elizabeth Fowler • Gale Johnson • Carol Lewis • Nat Marks • Bao Nguyen
Rick Rutherford • Rick Warfield • Mary Welker • Nell Whitman

Parishioners and Family Members serving in the military

Chase Allen Ammon • Clint Billings • Preston Brooks • Jason Earnest



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, and office directory.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please remove this page and place in the offering plate or give to a greeter.

I attended: _____ 9 am Holy Eucharist
_____ 10 am Sermon Seminar
_____ 11:15 am Holy Eucharist
_____ 5 pm Contemplative Eucharist
_____ Special (wedding, funeral, etc.)

On March 1, 2020

Name _____

E-mail _____

Phone No. _____

Zip Code _____

I am interested in learning more about:

- _____ Volunteering during Worship (Usher, Lay Server, Altar Guild, etc.)
- _____ Baptism (child, adult)
- _____ Getting married at St. Mark's
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs
- _____ Adult classes
- _____ Senior programs/activities
- _____ Outreach/community service
- _____ Environmental issues
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? _____ Yes _____ No

You can stay up to date on St. Mark's news by signing up online for the weekly Gospel e-newsletter at www.stmarks.net/contact-us/. If you'd like to join the St. Mark's Yahoo group, please contact Raiford Gaffney at rgaffneydc@gmail.com and ask to be added.