



WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
+
CAPITOL HILL

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE FIFTH SUNDAY AFTER THE EPIPHANY

FEBRUARY 4, 2018

**5:00 PM CONTEMPLATIVE EUCHARIST
& LAYING ON OF HANDS**

Presider

The Reverend Michele H. Morgan

Preacher

Richard Rubenstein

Cell Phones – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

Hearing – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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We celebrate the gifts of God that empower us to engage boldly in the struggles of life
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The Parish Calendar is Online at www.stmarks.net/calendar/month.

Restrooms and water fountains are available in the foyer and on the lower level.

Lost & Found is managed by our Parish Administrator. Please contact James (202-543-0053, ext. 306) to see if your item has been found or to turn in an item you've found.

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JANUARY 28, 2017

Attendance:	283
Pledge & Plate collection:	\$8,008.17

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The Epiphany Star above the altar is a gift from Joya Cox, it's creator. It is an icosahedron, a figure with 20 plane surfaces, each of which also serves as the base of a pyramid.

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SUNDAY WORSHIP SCHEDULE

9:00 am	Holy Eucharist (<i>Family Eucharist is celebrated the second Sunday of most months</i>)
9:00 am	Children's Chapel (<i>not offered when Family Eucharist is celebrated at 9:00 am</i>)
10:00 am	Sermon Seminar
11:15 am	Holy Eucharist
5:00 pm	Contemplative Eucharist

We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.

THE LITURGY OF THE WORD

Opening Sentences

- Presider Arise, shine! In Christ, God's light has been revealed to us; It reaches across time and space.
- People We have come to see; we have come to follow.**
- Presider Arise shine! God's light has been revealed to all people; God's glory has been unveiled in all the earth.
- People May we go and tell; may we go and share God's light with our needy world.**

A period of silence is observed.

The Collect

- Presider God be with you.
- People And also with you.**
- Presider Let us pray.
- People Lord of fierce compassion, you name the forces of death in our hearts and institutions and even in the holy places: lift from us the canopy of fear that feeds on repression and pushes away what it cannot abide; go with us to dark and lonely places where we can learn again who we are called to be; through Jesus Christ, the healer of creation. Amen.**

The Hebrew Bible Isaiah 40:21-31

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;

because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

"My way is hidden from the Lord,
and my right is disregarded by my God"?

Have you not known? Have you not heard?

The Lord is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and strengthens the powerless.

Even youths will faint and be weary,
and the young will fall exhausted;

but those who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles,

they shall run and not be weary,
they shall walk and not faint.

Reader Hear what the Spirit is saying to us.

People Thanks be to God.

A period of silence is observed.

The Epistle 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews.

To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to us.
People **Thanks be to God.**

The Holy Gospel Mark 1:29-39

Gospeller The Gospel of Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeller This is the Gospel of Jesus Christ.
People **Praise to you, Lord Christ.**

The Homily

Richard Rubenstein

Guest Homilist Richard Rubenstein is University Professor of Conflict Resolution and Public Affairs at George Mason University and is a former director of the university's School for Conflict Analysis and Resolution. He is the author of nine books on religious and political conflict, including *When Jesus Became God* (2000); *Reasons to Kill: Why Americans Choose War* (2010); and *Resolving Structural Conflicts: How Violent Systems Can Be Transformed* (2017).

Music for Meditation

An Affirmation

Presider Let us declare our faith in God.
People **We believe in God the Father,
from whom every family
in heaven and on earth is named.
We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.
We believe in one God;
Father, Son and Holy Spirit. Amen.**

A period of silence is observed.

Prayers of the People

Leader You have come to dwell among us, O Christ, to share our lives and earthly concerns. We give thanks that God's very nature has been made known to us. Pour forth your light and your wisdom on us and on your church. May your light shine upon us.

People **And the glory of God shall be revealed.**

Leader Make this church a place of welcome as we make our way through troubled times. May our doors always be open to those who come seeking nourishment. May we go out into the world as a healing presence as we build your Beloved Community. May your light shine upon us.

People **And the glory of God shall be revealed.**

Leader Make our nation great in the ways of justice, peace, respect for all people, and a protector of the natural bounty that you have bestowed upon the earth. Give us leaders who are wise, who are good, and who work tirelessly for the welfare of all. May your light shine upon us.

People **And the glory of God shall be revealed.**

Leader We pray for all those who would influence our public dialogue. Pour out your wisdom on all journalists, historians, politicians, and activists. Make them persons of integrity. May they seek to promote understanding that builds our common life together and does not destroy it. May your light shine upon us.

People **And the glory of God shall be revealed.**

Leader Make our communities great in the ways of mercy. Forgive us when we forget your call to love one another and to care for the poor, the sick, and the marginalized. Help us look beyond our own safety and well-being and tend to the needs of all your people. May your light shine upon us,

People **And the glory of God shall be revealed.**

Leader We pray for those forced to live on our streets, whether because of economic adversity, mental illness, or addictions. Give us wisdom and generosity of spirit to solve the problems that cause this suffering. May your light shine upon us.

People **And the glory of God shall be revealed.**

Leader Open our eyes to the sacredness of the world around us, and open our hearts to those who do not look like us, speak our language, or who worship you in different ways. Remind us, when we forget, that we are all part of the great community of nations, and that we are all your beloved. May your light shine upon us.

People And the glory of God shall be revealed.

Leader Lead us into the ways of peace, where brother will no longer rise up against brother, where families will be safe in their homes, where there will be no violence in our streets. Let justice roll down like waters, and righteousness like an ever-flowing stream. May your light shine upon us.

People And the glory of God shall be revealed.

Leader All may now offer their own prayers, either silently or aloud, ending with "This is my prayer" to which all will respond, "Amen."

A time for individual prayers is observed.

Presider Let us pray.

People Gracious God, in this season of light, open our hearts and minds to your call to us. Receive our humble gifts of service, just as you received the gifts of the Magi. May our work here on earth make us a light unto the nations as we reflect your love for us onto a hurting world. May we remember that your light shines in the darkness and the darkness shall not overcome it. Amen.

The Peace

Presider The peace of God be always with you.

People And also with you.

All, one with another, exchange a sign of peace.

Welcome

(11:15) **Announcements**

Please limit announcements to one minute or less.

Clergy Greeting

Electronic Offering

Text "stmarks20003" to 73256 to give to St. Mark's using text messaging. There may be a slight delay and then you will receive a reply text which will guide you through the initial set up.



THE LITURGY OF THE TABLE

Eucharistic Prayer

Celebrant God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the holy one.

Celebrant Let us give thanks to the holy and living God.

People It is right to give God thanks and praise.

Continue responsively.

It is right to give you thanks, Almighty God, you who were before all worlds began, who is outside of time; who will be for all eternity.

You are our beginning, and in you we find our perfect end.

All our years and moments are hidden in you;

Through you all things were made; in you all things are sustained.

Therefore, we join in the song of praise all of creation is singing:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy God, you made us for relationship, to live in harmony with you and all creation.

Whenever we walk away from you, that harmony is broken;

Our intimacy with you becomes fractured and strained;

Our relationships are marked by tension and strife.

The very creation becomes broken and disordered, with storms and tumults.

Peace becomes the exception; conflict our daily bread.

Into our turmoil you sent your beloved son, Jesus, the Prince of Peace.

He came as one of us, and saw how we lived with each other and the earth.

And he said: Enough. Look. See another way. He said, "Why are you afraid?"

He stilled storms, banished evil, healed diseases, overcame death.

He said, "Peace be with you," and breathed upon his disciples the Holy Spirit.

He gives us peace in unpeaceful times;

he makes us agents of change in an unpeaceful world.

On his night of greatest disruption, our Lord had supper with his friends.

He took bread, and when he had given thanks to you, he broke it, gave it to them all, and said, "Take, eat: This is my Body, which is given for you. Whenever you eat it,

Do this to remember me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them all, and said, "Drink this, all of you: This is my Blood of the new promise, poured out for you for the forgiveness of sins. Whenever you drink it,

Do this to remember me."

And so we stop to remember him:

We remember him in the breaking of the bread.

We recall his suffering and death.

We celebrate his rising and ascension.

We look forward to his eternal reign of peace.

Come upon this bread and this wine, most Holy Spirit:

Feed us deep in our spirits with the very life of Christ himself.

Come to us, Lord Jesus, by the Holy Spirit:

Give us your peace in all circumstances; help us to trust you more and more.

Fill us now, we pray, as we come to your table to enjoy a foretaste of the feast of perfect peace through our Lord Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

AMEN.

The Lord's Prayer

Presider And now, as our Savior Christ has taught us, we are bold to say:

People Our Father, who art in heaven, hallowed be Thy Name.

Thy kingdom come, they will be done on earth as it is in heaven.

**Give us this day our daily bread, and forgive us our trespasses
as we forgive those who trespass against us.**

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

Presider Alleluia. Christ our Passover is sacrificed for us;

All Therefore let us keep the feast. Alleluia.

The Invitation to Communion

Presider We recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all. Therefore whoever we are, from wherever we have come, and whatever we believe,

People All are welcome and invited to receive. Amen!

The Communion

Gluten-free wafers and grape juice are available; please make your needs known to the minister.

If you would like someone to pray with you about anything that is on your mind or heart, please go to the Chapel after receiving communion for laying on of hands.

Music During Communion

Post Communion Prayer

Presider Let us pray.

People Most Holy God, thank you for feeding us with the life of Jesus in these signs of his body and blood. Thank you for refreshing us, restoring us, renewing us in that peace that only comes from you. As you fill us with peace, make us bearers of peace into the storms of this world, that those who are frenzied and fearful may find rest in you. In the name of God: creator, Son, and Holy Spirit. Amen.

The Blessing

Presider May the God of peace fill you with all joy and hope in believing through the power of the Holy Spirit; and the blessing of God, who is Source, Son, and Spirit, be with you and remain with you, this week and for ever.

People Amen.

Dismissal

Presider Go into the world knowing you are led by the light of Christ!

People Thanks be to God!

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Liturgy Request

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

Liturgy Source

Opening Sentences: Mustard Seed House. Collect: Prayers for an Inclusive Church. Prayers of the People: written by The Reverend Margaret A. Trezevant (adapted). Affirmation: "Common Worship" Church of England. Eucharistic Prayer, Post-Communion Prayer, Blessing, & Dismissal: Kate Heichler.

Liturgical Leadership

Verger Michele Rivard

Laying on of Hands Jan Lipscomb

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*Following the service please join us for Holy Happy Hour
at which we share conversation, food and drink.*

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How to Be A Change Agent in Polarized Times

A Six-Week Sermon Series

January 7—Baptism of our Lord

The Rev. Dr. Kate Heichler

Rooted in Belovedness

January 14— MLK Day Celebration

The Rev. Michele Morgan

Risking Non-Violence

January 21

Mr. Andrew Arakawa

The Power to Forgive the Unforgivable

January 28

Mr. David Deutsch

Eating with Snakes—

Setting a Table for the Repugnant

February 4

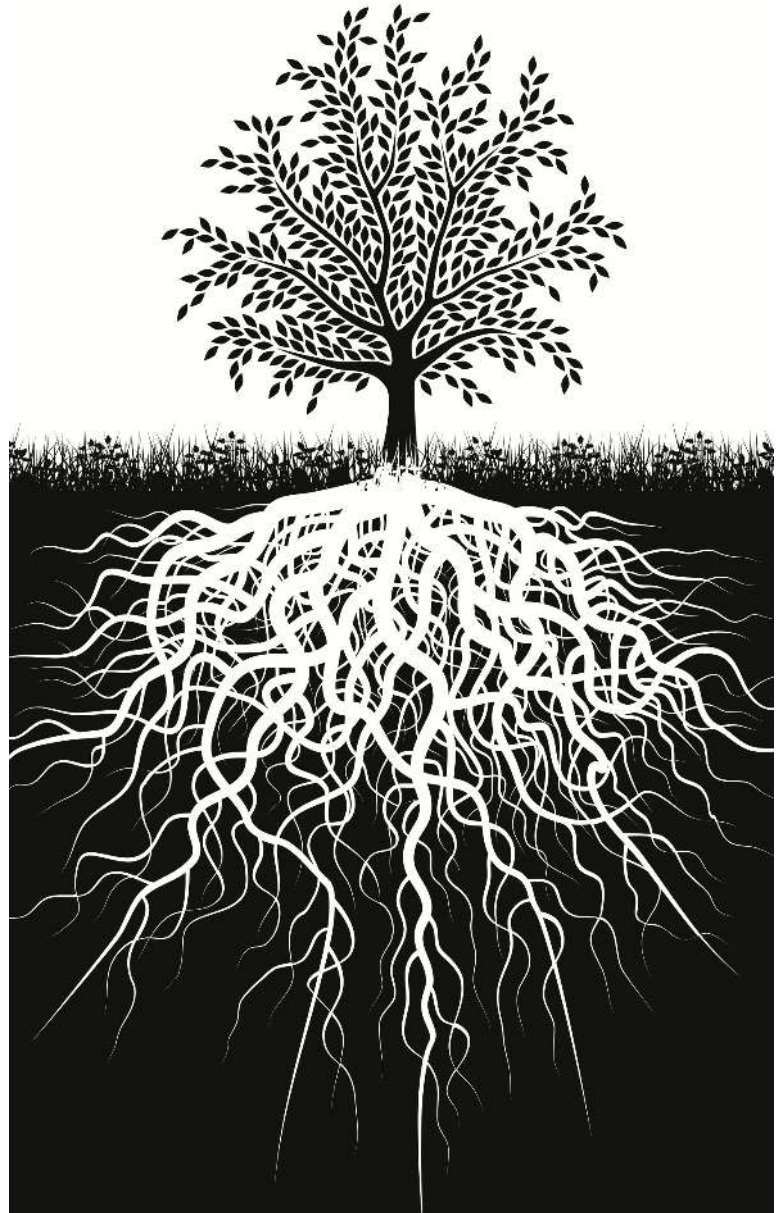
Mr. Rich Rubenstein

Where Are You Called to Resist?

February 11

The Rev. Michele Morgan

Where Are You Called to Make Peace?



NOTES:

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ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

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WWW.STMARKS.NET

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Adjunct Clergy: The Reverends Susan Flanders, William Flanders

The Vestry

Senior Warden

Nora Howell

seniorwarden@stmarks.net

Junior Warden

Kenn Allen

juniorwarden@stmarks.net

Class of '18

Doug Jackson, Karen Wiedemann, Jen Holland

Class of '19

Stephanie Deutsch, Thia Hamilton, Beth Mahood

Class of '20

Tracy Council, Jim Brooks, Alix Pereira

Officers

Martha Huizenga, *Treasurer*

Mary Anderson Cooper, *Register*

Michael Knipe, *Manciple*

Michael Knipe, *Counsel*

Diocesan Delegates

Michael Knipe

Cecilia Monahan

Jim Steed

Announcements, not to exceed 150 words, are to be submitted to bulletin@stmarks.net by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

CYCLE OF PRAYER

IN THE DIOCESE OF WASHINGTON

Episcopal Relief and Development
The Companion Diocese Committee - Jerusalem
The Committee on the Partnership with the Anglican Church of Southern Africa

ANGLICAN COMMUNION

The Most Revd Martin Nyaboho Archbishop of Burundi & Bishop of Makamba

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PARISH PRAYER LIST

Bill Babcock • Sylvie Kalas Braddock (Barbara Nelson's granddaughter)
J. Richard Brown • Jack Burton • Tony Cogswell (brother-in-law of Ruth Roman) • Joya Cox
Alisa Earnest (Lynda Bugge's grandchild) • Taylor Emerson (Randy Marks' niece)
David & Michael Glaze • Joyce Gutson • Dave Haglund • Brock Hansen
Michael Henely • Olga Juarez Jose (Mary Ellison's partner) • Debbie Keysor
Alice Kistler (Kathryn Powers' sister) • Elizabeth Long • Lina Marks (Randy Marks' mother)
Lila Marks • Nat Marks • Barbara Nelson • Lilly March
Pamela Burton Moore (Jack Burton's daughter) • Ann-Mari Pierotti (Joan Pierotti's daughter)
Kristin Proctor (Student of Rosie Brooks) • Randell Prothro • Bill Rau • Carol Roman
Rosalie Ryan • Gardner Van Scoyoc • Andrew Stafford
Arnold Taylor • Mary Welker • Karen Wicker (friend of Dick Rumpf)

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THOSE OF OUR PARISH SERVING IN THE MILITARY

Vincent Alcazar (Parishioner) • Burr Barton (nephew of Jan Hamilton)
Clint Billings (son of Kevin Billings and Mary Louise Wagner)
P. J. Boehm (brother of Rachel Boehm) • Preston Brooks (Parishioner)
Todd Daniels (nephew of Jan Hamilton)
Stephen Dannenmaier (brother and brother-in-law of Bill and Molly Dannenmaier)
Jason Earnest (grandson of Lynda Smith-Bugge) • Benjamin Keltz (nephew of Jan Hamilton)
Kurt Hansen (nephew of Brock and Penny Hansen)
Joshua Russo, husband of Claire Russo • Weston Zarek (son of Tom Zarek)



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please remove this page and place in the offering plate or give to a greeter.

I attended: _____ 9 am Holy Eucharist
 _____ 10 am Sermon Seminar
 _____ 11:15 am Holy Eucharist
 _____ 5 pm Contemplative Eucharist
 _____ Special (wedding, funeral, etc.)

Name _____

Email _____

Zip Code _____

Phone _____

I am interested in learning more about:

- _____ Baptism (child, adult)
- _____ Getting married at St. Mark's
- _____ Music (choir, lessons)
- _____ Children/youth classes & programs
- _____ Adult classes
- _____ Senior programs/activities
- _____ Outreach/community service
- _____ Environmental issues
- _____ Yoga classes
- _____ Dance classes
- _____ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? _____ Yes _____ No

Newcomers! Join us the first Sunday of each month in Baxter Hall on the main level from 10:45 to 11:15.

You can stay up to date on St. Mark's news by signing up online for the weekly Gospel e-newsletter at www.stmarks.net/contact-us/. If you'd like to join the St. Mark's Yahoo group, please contact George Meng at gem@menglaw.com and ask to be added.