



WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

**THE FIRST SUNDAY IN LENT**

**FEBRUARY 18, 2018**

**5:00 PM CONTEMPLATIVE EUCHARIST  
& LAYING ON OF HANDS**

**Presider**

The Reverend Michele H. Morgan

**Preacher**

Mr. Steve Seely

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

**Hearing** – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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**The Parish Calendar is Online at** [www.stmarks.net/calendar/month](http://www.stmarks.net/calendar/month).

**Restrooms and water fountains** are available in the foyer and on the lower level.

**Lost & Found** is managed by our Parish Administrator. Please contact James (202-543-0053, ext. 306) to see if your item has been found or to turn in an item you've found.

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### FEBRUARY 11, 2018

<b>Attendance:</b>	324
<b>Pledge &amp; Plate collection:</b>	\$3,879.42

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**THE BROKEN MIRROR CROSS**, which hangs above the altar in Lent, an especially fitting symbol reflecting to us the often fragmented nature of our lives, was designed and made by Joya Cox.

**THE WOODBLOCK PRINTS** of The Stations of the Cross, which are hanging in the Nave throughout Lent, were created by and given to St. Mark's by Tracy Council.

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### SUNDAY WORSHIP SCHEDULE

<b>9:00 am</b>	<b>Holy Eucharist</b> ( <i>Family Eucharist is celebrated the second Sunday of most months</i> )
<b>9:00 am</b>	<b>Children's Chapel</b> ( <i>not offered when Family Eucharist is celebrated at 9:00 am</i> )
<b>10:00 am</b>	<b>Sermon Seminar</b>
<b>11:15 am</b>	<b>Holy Eucharist</b>
<b>5:00 pm</b>	<b>Contemplative Eucharist</b>

*We formally begin the worship service with the **Prelude**, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.*

# THE LITURGY OF THE WORD

## The Great Litany (adapted)

Book of Common Prayer

O God the Father, Creator of heaven and earth,  
**Have mercy upon us.**

O God the Son, Redeemer of the world,  
**Have mercy upon us.**

O God the Holy Spirit, Sanctifier of the faithful,  
**Have mercy upon us.**

O holy, blessed, and glorious Trinity, one God,  
**Have mercy upon us.**

From all evil and wickedness; from sin; from the crafts  
and assaults of the devil.  
**Good Lord, deliver us.**

From all blindness of heart; from pride, vainglory, and hypocrisy;  
from envy, hatred, and malice; and from all want of charity,  
**Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and  
flood; from plague, pestilence, and famine,  
**Good Lord, deliver us.**

From all oppression, conspiracy, and rebellion; from  
violence, battle, and murder; and from dying suddenly and unprepared,  
**Good Lord, deliver us.**

That it may please you to illumine all bishops, priests, and  
deacons, with true knowledge and understanding of your  
Word; and that both by their preaching and living, they may  
set it forth, and show it accordingly,  
**We beseech you to hear us, good Lord.**

That it may please you to give us a heart to love you,  
and diligently to live after your commandments.  
**We beseech you to hear us, good Lord.**

That it may please you so to rule the hearts of your servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

**We beseech you to hear us, good Lord.**

That it may please you to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

**We beseech you to hear us, good Lord.**

That it may please you to show your pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

**We beseech you to hear us, good Lord.**

That it may please you to inspire us, in our several callings, to do the work which you give us to do with singleness of heart as your servants, and for the common good,

**We beseech you to hear us, good Lord.**

That it may please you to preserve all who are in danger by reason of their labor or their travel,

**We beseech you to hear us, good Lord.**

That it may please you to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with your presence those who are failing and infirm,

**We beseech you to hear us, good Lord.**

That it may please you to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of your Holy Spirit to amend our lives according to your holy Word,

**We beseech you to hear us, good Lord.**

That it may please you to grant to all the faithful departed eternal life and peace,

**We beseech you to hear us, good Lord.**

That it may please you to grant that in the fellowship of Mark and all the saints we may attain to your heavenly kingdom

**We beseech you to hear us, good Lord.**

*All may share prayers of petition, intercession, and thanksgiving silently, or if aloud, ending by saying "God in your mercy" to which the community will respond "hear our Prayer."*

Presider Son of God, we beseech you to hear us.  
**People Son of God, we beseech you to hear us.**  
Presider O Lamb of God that takes away the sins of the world,  
**People Have mercy upon us.**  
Presider O Lamb of God that takes away the sins of the world,  
**People Grant us your peace.**  
Presider O Christ, hear us.  
**People O Christ, hear us.**  
Presider Lord, have mercy upon us.  
**People Lord, have mercy upon us.**  
Presider Lord, have mercy upon us.

*A period of silence is observed.*

### **The Collect**

Presider My companions in faith, God is with you.  
**People And also with you**  
Presider Let us pray.  
**People Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

### **The Epistle 1 Peter 3:18-22**

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader Hear what the Spirit is saying to us.  
**People Thanks be to God.**

*A period of silence is observed*

### **The Gospel Mark 1:9-15**

Gospeller The Gospel of Jesus Christ according to Mark.  
**People Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him.

And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Gospeller        This is the Gospel of Jesus Christ.  
People            **Praise to you, Lord Christ.**

**The Homily**

Mr. Steve Seely

**Music for Meditation**

**An Affirmation**

Presider        Let us declare our faith in God.

**People        I have the courage to enter this room and call it a cell.  
Folding myself and putting myself away.  
For my whole life, I will be an amateur,  
but an amateur striving**

**I enter this room and call it vigilance,  
making my ego the threadbare rug I walk on.  
I hold the fan of my folded hands,  
before my quiet face.**

**I have the courage to enter this room and be alone with dialogue.  
I take the name of silence and let it speak,  
coming from always, going away everywhere and nowhere.**

**I take everything I have been.  
I take everything I can become.  
I freely enter this room as the threshold of spirit,  
staying vigilant through each midnight hour and learning  
the language of the stars that are both absent and present.**

**Every person I meet will be God.  
Every one of my exhalations will become the name of God.  
I take the name of God and breathe it in,  
until each dying breath breathes God.**

## The Peace

Presider      The peace of God is here ... to stay.  
People        **Thanks be to God.**

*All, one with another, exchange a sign of peace.*

## Welcome

## Announcements

*Please limit announcements to one minute or less.*

## Clergy Greeting

## Electronic Offering

Text "stmarks20003" to 73256 to give to St. Mark's using text messaging. Your contribution will automatically go to the "Church General Fund" unless you choose a different category in the box below the dollar amount.



## THE LITURGY OF THE TABLE

### Eucharistic Prayer

Presider      This is table, not of the Church but of God. It is to be made ready for those who love God and who want to love God more. So, come. You who have much faith and you who have little, you who have been here often and you who have not been for a long time, you who have tried to follow and you who have failed. Come, not because I invite you: it is God, and it is God's will that you who want God should meet God here.

People        **Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Hosanna in the highest.**

Presider      Now let us hear the story of how this sacrament began. On the night Jesus was betrayed, he sat at supper with his disciples. While they were eating, he took a piece of bread, said a blessing, broke it and gave it to them with the words, "This is my body. It is broken for you. Do this to remember me. Later on he took a cup of wine, saying, "This cup is God's new covenant, sealed, with my blood. Drink from it, all of you. To remember me."

So now, following Jesus' example and command, we take this bread and this wine, the ordinary things of the world which Christ will make special.

Presider Jesus Christ, present with us now, for all that you have done and all that you promised. What have we to offer?

**People** Our hands are empty,  
Our hearts are sometimes full of wrong things.  
But with you is mercy  
And the power to change us.

Presider So as we do in this place what you did in an upstairs room, send down your Holy Spirit on us and on these gifts of bread and wine that they may become for us your body, healing, forgiving and making us whole; loving and caring in the world until your kingdom comes.

**All** Amen!

Presider And now, let us pray:

**People** Heavenly Father, heavenly Mother,  
Holy and blessed is your true name.  
We pray for your reign of peace to come,  
We pray that your good will be done,  
Let heaven and earth become one.  
Give us this day the bread we need,  
Give it to those who have none.  
Let forgiveness flow like a river between us,  
From each one to each one.  
Lead us to holy innocence  
Beyond the evil of our days —  
Come swiftly Mother, Father, come.  
For yours is the power and the glory and the mercy:  
Forever your name is All in One. Amen.

### **Breaking of the Bread**

Presider Christ our Passover is sacrificed for us;

**All** Therefore let us keep the feast.

### **The Invitation to Communion**

Presider We recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all. Therefore whoever we are, from wherever we have come, and whatever we believe,

**People** All are welcome and invited to receive. Amen!

### **The Communion**

*Gluten-free wafers and grape juice are available; please make your needs known to the minister.*

*If you would like someone to pray with you about anything that is on your mind or heart, please go to the Chapel after receiving communion for laying on of hands.*



## Music During Communion

### Post Communion Prayer

Presider Let us pray.

**People Jesus, You have put your life into our hands, now we put our lives into yours. Take us, renew and remake us. What we have been is past; what we shall be, through you, still awaits us. Lead us so we may go forth into the world, a people restored and enabled to do the work you have given us to do. In God's name we pray. Amen.**

### The Blessing

Presider On our hearts and our homes, the blessing of God.  
In our coming and going, the peace of God.  
In our life and believing, the love of God.  
At our end and new beginning,  
The arms of God to welcome us and bring us home.

**People Amen.**

### The Dismissal

Presider Go in Peace to love and serve God

**People Thanks be to the Holy one.**

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### Liturgy Request

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

### Liturgy Source

The Great Litany: BCP adapted. Collect: BCP. Affirmation: Inspired by *Instructions to the Monastic or the Pilgrim* by Nicholas Samaras, Adapted by Andrew Arakawa. Lord's Prayer: New Zealand Prayer Book. Eucharistic Prayer, Post Communion Prayer, Blessing, Wee Worship Book from the Iona Community.

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### Liturgical Leadership

Verger Martha Huizenga

Laying on of Hands Stephanie Deutsch

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*Following the service please join us for Holy Happy Hour  
at which we share conversation, food and drink.*

# ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

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301 A STREET, SE  
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202-543-0053 (PHONE)

202-546-3695 (FAX)

WWW.STMARKS.NET

## Office Directory

The Reverend Michele H. Morgan, Rector

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The Reverend Cindy Dopp, Deacon

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Jeff Kempskie, Director of Music

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andrew@stmarks.net

Steve Seely, Deacon Intern

steve@stmarks.net

*Adjunct Clergy:* The Reverends Susan Flanders, William Flanders

## The Vestry

Senior Warden

Nora Howell

seniorwarden@stmarks.net

Junior Warden

Kenn Allen

juniorwarden@stmarks.net

Class of '18

Doug Jackson, Karen Wiedemann, Jen Holland

Class of '19

Stephanie Deutsch, Thia Hamilton, Beth Mahood

Class of '20

Tracy Council, Jim Brooks, Alix Pereira

Officers

Martha Huizenga, *Treasurer*

Mary Anderson Cooper, *Register*

Michael Knipe, *Manciple*

Michael Knipe, *Counsel*

## Diocesan Delegates

Michael Knipe

Cecilia Monahan

Jim Steed

Announcements, not to exceed 150 words, are to be submitted to [bulletin@stmarks.net](mailto:bulletin@stmarks.net) by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

## *CYCLE OF PRAYER*

### *IN THE DIOCESE OF WASHINGTON*

Diocesan Retreat Committee

Pray for all the Presidents of the United States (Presidents' Day, February 20)

### *ANGLICAN COMMUNION*

The Most Revd Albert Chama Archbishop of Central Africa & Bishop of Northern Zambia

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### *PARISH PRAYER LIST*

Bill Babcock • Sylvie Kalas Braddock (Barbara Nelson's granddaughter)

J. Richard Brown • Jack Burton • Willie Clifford Jr.

Tony Cogswell (brother-in-law of Ruth Roman) • Joya Cox • Taylor Emerson (Randy Marks' niece)

David & Michael Glaze • Joyce Gutson • Dave Haglund • Brock Hansen

Michael Henely • Olga Juarez Jose (Mary Ellison's partner) • Debbie Keysor

Alice Kistler (Kathryn Powers' sister) • Elizabeth Long

Lina Marks (Randy Marks' mother) • Lila Marks • Nat Marks • Barbara Nelson • Lilly March

Pamela Burton Moore (Jack Burton's daughter) • Ann-Mari Pierotti (Joan Pierotti's daughter)

Kristin Proctor (Student of Rosie Brooks) • Randell Prothro • Bill Rau • Carol Roman

Rosalie Ryan • Gardner Van Scoyoc • Andrew Stafford • Arnold Taylor • Mary Welker

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### *THOSE OF OUR PARISH SERVING IN THE MILITARY*

Vincent Alcazar (Parishioner) • Burr Barton (nephew of Jan Hamilton)

Clint Billings (son of Kevin Billings and Mary Louise Wagner)

P. J. Boehm (brother of Rachel Boehm) • Preston Brooks (Parishioner)

Todd Daniels (nephew of Jan Hamilton)

Stephen Dannenmaier (brother and brother-in-law of Bill and Molly Dannenmaier)

Jason Earnest (grandson of Lynda Smith-Bugge) • Benjamin Keltz (nephew of Jan Hamilton)

Kurt Hansen (nephew of Brock and Penny Hansen)

Joshua Russo, husband of Claire Russo • Weston Zarek (son of Tom Zarek)

### *THOSE WHO HAVE DIED*

Ken Lee



# Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

*Go in peace and return often!*

**After completing, please remove this page and place in the offering plate or give to a greeter.**

I attended: \_\_\_\_\_ 9 am Holy Eucharist  
 \_\_\_\_\_ 10 am Sermon Seminar  
 \_\_\_\_\_ 11:15 am Holy Eucharist  
 \_\_\_\_\_ 5 pm Contemplative Eucharist  
 \_\_\_\_\_ Special (wedding, funeral, etc.)

Name \_\_\_\_\_

Email \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

I am interested in learning more about:

- \_\_\_\_\_ Worship
- \_\_\_\_\_ Baptism (child, adult)
- \_\_\_\_\_ Getting married at St. Mark's
- \_\_\_\_\_ Music (choir, lessons)
- \_\_\_\_\_ Children/youth classes & programs
- \_\_\_\_\_ Adult classes
- \_\_\_\_\_ Senior programs/activities
- \_\_\_\_\_ Outreach/community service
- \_\_\_\_\_ Environmental issues
- \_\_\_\_\_ Yoga classes
- \_\_\_\_\_ Dance classes
- \_\_\_\_\_ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson? \_\_\_\_\_ Yes \_\_\_\_\_ No

**Newcomers! Join us the first Sunday of each month in Baxter Hall on the main level from 10:45 to 11:15.**

You can stay up to date on St. Mark's news by signing up online for the weekly Gospel e-newsletter at [www.stmarks.net/contact-us/](http://www.stmarks.net/contact-us/). If you'd like to join the St. Mark's Yahoo group, please contact George Meng at [gem@menqlaw.com](mailto:gem@menqlaw.com) and ask to be added.