

WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
**CAPITOL HILL**  
St. Mark's Mission Statement

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE SEVENTH SUNDAY AFTER PENTECOST  
JULY 31, 2011

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10:00AM HOLY EUCHARIST

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**Presider**

The Reverend Paul Roberts Abernathy, Rector

**Co-Presider**

The Reverend Justi Schunior, Assistant Rector

**Preacher**

Ms. Megan Courtney

**Guest Organist**

B. Michael Parrish

**Hymnals** are on the book carts by each entrance to the Nave.

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

**Hearing** – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

# VISITING OR NEW TO ST. MARK'S?

**WE WELCOME YOU TO ST. MARK'S!** Wherever you are on your faith journey, we invite you to celebrate life with us. Worship is in the round, and you are invited to sit anywhere in the Nave. Bulletin boards, rest-rooms and a water fountain are located in the hallway, and the Parish Hall is just beyond. If you have questions, please introduce yourself to the Vestry Greeter at the end of the service.

**The Honduras Cross**, above the central altar platform, symbolizes St. Mark's connection with the broader Anglican Communion and our obligations to our sisters and brothers around the world, particularly to the long connection to our friends in Honduras. Eileen Blumenthal and the 2000 Mission to Honduras designed the cross, and Eileen commissioned its construction in Honduras as a gift to St. Mark's community.

## WORSHIP SERVICES AT ST. MARK'S IN JULY

Today, **10:00 am Eucharist and Sermon**

**5 pm Eucharist** is a contemplative service with a homily and meditative music held every Sunday. An informal social hour follows the service where food and beverages are shared.

In the spirit of inclusion we offer both a "teleloop" system and infrared headsets for those who are hard of hearing. To access the signal, switch your own hearing aid to the "T" position. Headsets are available by the doors from the beadles (ushers).

## CUSTOMS AND TRADITIONS

**Open Communion** is our invitation to *everyone* to gather around the altar for spiritual and communal nourishment. We believe this meal is a manifestation of God's love for each of us, regardless of our religion, beliefs or questions.

**Announcements** of church activities are often made by parishioners during the service. You can find more details in the Sunday Bulletin as well as on our website, [www.stmarks.net](http://www.stmarks.net). To become more informed on the many parish life activities and events and be more engaged in our church community you may wish to join *St. Mark's Yahoo Group*. To subscribe, send a blank email to [StMarks-subscribe@yahoogroups.com](mailto:StMarks-subscribe@yahoogroups.com).

**Childcare** - St. Mark's Nursery provides care for children up to 3 1/2 yrs old during the Sunday morning worship services. Caregivers are available from 9:45 -11:45 pm in the Nursery (lower level).

# The Holy Eucharist

## Prelude

Opening Hymn 522 Glorious things of thee are spoken

*Austria*

## Opening Sentences

Presider Blessed be God, Creator, Redeemer, and Sustainer.

People **Blessed be God's kingdom, now and forever. Amen.**

## The Collect of the Day

Presider Sisters and brothers, let us pray together, saying,

**Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**Hebrew Scripture:** Genesis 32:22-31

*Read by David Deutsch*

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

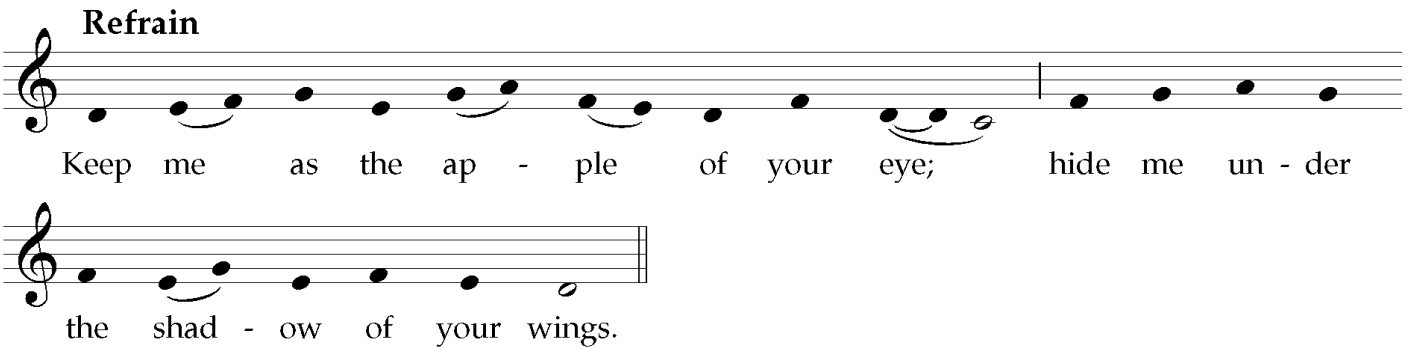
Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

## Psalm 17:1-7

Mode 1

**Refrain**



Keep me as the ap - ple of your eye; hide me un - der  
the shad - ow of your wings.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

## *Exaudi, Domine*

- 1 Hear my pleas of innocence, O LORD;  
give heed to my cry; \*  
listen to my prayer, which does not come from lying lips.
- 2 Let my vindication come forth from your presence; \*  
let your eyes be fixed on justice.
- 3 Weigh my heart, summon me by night, \*  
melt me down; you will find no impurity in me. **Refrain**
- 4 I give no offense with my mouth as others do; \*  
I have heeded the words of your lips.
- 5 My footsteps hold fast to the ways of your law; \*  
in your paths my feet shall not stumble. **Refrain**
- 6 I call upon you, O God, for you will answer me; \*  
incline your ear to me and hear my words.
- 7 Show me your marvelous loving-kindness, \*  
O Savior of those who take refuge at your right hand  
from those who rise up against them. **Refrain**

## **Gospel** Matthew 14:13-21

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People**

Nancy Karpeles



Glo-ry to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so

that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Gospeller The Gospel of the Lord.

**People**



Praise to you, Lord Christ.

Nancy Karpeles

### **Shrine Mont Children's Play Re-Enactment: Excerpt from "Horton Hears A Who"**

**Sermon**

Ms. Megan Courtney

**The Prayers of the People**

*Led by Nancy Lucas*

Leader Please remain seated for the prayers. We begin with silent meditation.

*The leader strikes a gong as a call to silence. A minute of meditation follows.*

Leader If we speak from our hearts, we trust that we speak to God. Those who wish are invited to stand and offer their prayers, concluding simply, "This is my prayer," to which all will respond, "Amen."

*A period is observed for the peoples' prayers.*

Concluding Collect

Leader Please stand. We conclude by praying together:

**O God, trusting in your steadfast love that strengthens us beyond measure, we, with undivided hearts, honor your name and seek to walk in your truth. By your Spirit, may we, in the flesh of our daily living, become the prayers we pray. Amen.**

**The Peace**

Presider May the peace of Christ abide within you.

**People** And also within you.

**Vestry Greeting**

Cecilia Monahan

**Rector's Greeting**

# The Liturgy of the Table

**Offertory** Hymn to the Holy Spirit

Words by C. Coffin, Music by Martin How  
Summer Choir

*The people stand.*

**Presentation Hymn 288, v.3**

*Dix*

As thy prospering hand hath blessed, may we give thee of our best;  
And by deeds of kindly love for thy mercies grateful prove;  
Singing thus through all our days praise to God, immortal praise.

**Eucharistic Prayer**

Enriching our Worship - Eucharistic Prayer 1, adapted

**Presider** God be with you.

**People** **And also with you.**

**Presider** Lift up your hearts.

**People** **We lift them to God.**

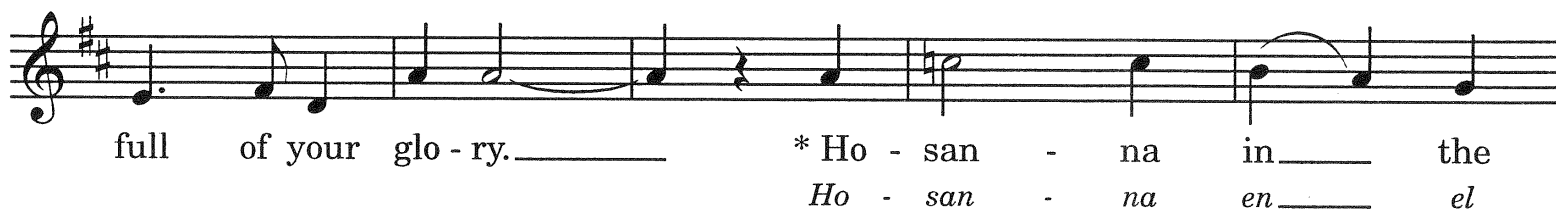
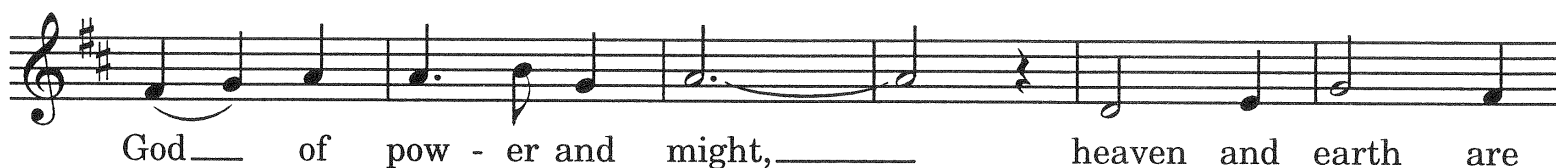
**Presider** Let us give thanks to our God.

**People** **It is right to give our thanks and praise.**

**Presider** It is truly right to give you thanks, holy God. By your love, you fill us and all creation with life. Through Jesus Christ, you redeem us. In your Spirit, you restore us to walk faithfully in your life and love. Therefore, joining with Angels and Archangels and with every voice in heaven and on earth, to you we sing our praise:

**Sanctus**

*Festival Eucharist, Craig Phillips*



high - est. \_\_\_\_\_ Blessed is the One \_\_\_\_\_ who comes in the  
 cie - lo. \_\_\_\_\_

name of the Lord. \_\_\_\_\_ Ho - san - na in \_\_\_\_\_ the high-est. \_\_\_\_\_

**Co-Presider** Blessed are you, holy God, creator of all. You form us in your image and call us to dwell in your love. You give the world into our care that we might be your faithful stewards. But we fail to honor your image in the world around us and in ourselves. We violate your creation, abuse one another, and reject your love. Yet, never ceasing to care for us, you prepare the way for our healing. Through Abraham and Sarah you called us into covenant with you, delivering us from slavery, sustaining us in the wilderness, and raising up prophets to renew your promise of salvation. Then, in the fullness of time, you sent the Eternal Word, made flesh in Jesus, born into the human family. Dwelling among us, he gave himself freely to death, conquering evil, and opening to us the way of freedom.

**Presider** On the night before he died, Jesus took bread, gave thanks to you, broke the bread, and gave it to his friends, saying: “Take, eat: This is my Body given for you. Do this for the remembrance of me.”

**Co-Presider** As supper was ending, Jesus took the cup of wine, gave thanks, and offered it, saying: “Drink this, all of you: This is my Blood of the New Covenant, poured out for you and for all. Whenever you drink it, do this for the remembrance of me.”

**Presider** Therefore we proclaim the mystery of faith:

**All** **Christ has died. Christ is risen. Christ will come again.**

**Presider** Remembering his death and resurrection, we now present to you, O God, this bread and this wine we have made. By your Spirit may they be the Body and Blood of Jesus Christ, spiritual food and drink for us. And grant that we who share these gifts may be filled with your Spirit and live as Christ’s Body in the world. Bring us into everlasting heritage with all your daughters and sons, that with Mark and all your saints, past, present, and yet to come, we may praise your Name for ever.

**All** **AMEN!**

Presider And now, as Jesus has taught us, we pray

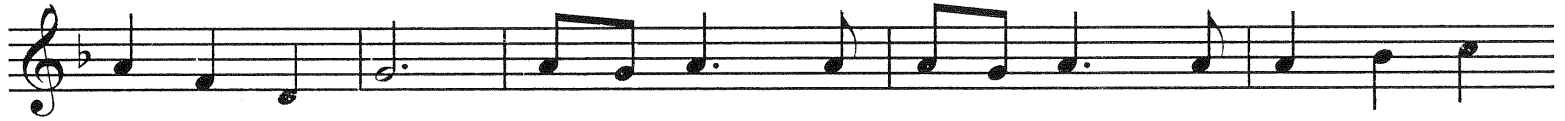
**Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory forever and ever. Amen.**

**The Breaking of the Bread  
Agnus Dei**

*Festival Eucharist, Craig Phillips*



Lamb of God, you take a-way the sins of the world: have



mer - cy on us. Lamb of God, you take a-way the sins of the



world: have mer - cy on us. Lamb of God, you take a-way the



sins of the world: grant \_\_\_\_\_ us peace, grant \_\_\_\_\_ us peace. \_\_\_\_\_

**Invitation to Communion**

Presider Here at St. Mark's, we observe an open Communion. All of us, whomever we are, from wherever we have come, and whatever we believe are invited to receive.

**The Communion**

*Everyone is invited to God's Table. Gather, one group at a time, around the altar platform. Remain until everyone has received the bread and wine and has been dismissed by the Presider, saying, "Go in peace." You may consume the bread, then receive the wine by taking a sip from the chalice or goblet OR you may hold the bread, which will signal that you wish to intinct (dip it) into the chalice or the goblet. A non-alcoholic alternative to wine is offered in the plain goblet, and gluten-free crackers are available upon request.*

## Music During Communion

339 Deck thyself, my soul, with gladness  
LEVAS 194 Lead me, guide me, along the way  
LEVAS 16 You Are Near

*Schmucke dich*  
Doris M. Akers  
Dan Schutte

## The Post-Communion Prayer

Presider Let us pray together.

**We give thanks for this bread of life and this cup of salvation. By the grace of God through the love of Christ in the power of the Holy Spirit, may we be strengthened for loving service in the church and in the world, now and always. Amen.**

## The Rite of Leavetaking of Margaret Frances (Megan) Courtney Director of Youth Ministries

*Following the Post-Communion Prayer, the people sit. At the central altar, the Rector and the Director of Youth Ministries stand together.*

Rector Megan, since August 1, 2009, you have shared life and labor with the St. Mark's community as our Director of Youth Ministries. We have been blessed by your loving nature and your warmth of spirit. We have benefited from your superb organizational skills, always administered with compassionate care for our children and our families. As you prepare to depart from us, journeying onward to your next calling as a graduate student at Boston College, we look forward to sharing vicariously in your accomplishments and, on many future occasions, saying that we were a part of your ongoing being and your continual becoming

*The people stand.*

**All Megan, now go in peace in God's continued service, following Jesus, being strong in the power of the Spirit. Our prayers will be with you wherever you go.**

Megan May you all remain steadfast and strong in your life and labor. And my prayers will be with you.

**Closing Hymn 347** Go forth for God; go to the world in peace

*Litton*

## Blessing

Presider Let us commit together to live into a new life as children of God.

**People May we, as God's children, find his love by humbly following Jesus and by loving and serving each other.**

Presider May the blessing of God, Creator, Sustainer and Redeemer be on each of us forever. Alleluia.

**All Amen.**

## The Dismissal

Co-Presider May we walk humbly to seek and show God's love. Alleluia. Alleluia.

**People Thanks be to God. Alleluia, Alleluia.**

## Postlude

B. Michael Parrish, a native of Lexington, KY., has lived in the Washington Metro area since 1979. During that time he has served as Director of Music at several churches and as Director of Music & Organist of the historic Washington Hebrew Congregation for 21 years. Elected three times as Dean of the DC American Guild of Organists, he is also active in the Association of Anglican Musicians and the Guild of Temple Musicians. He holds degrees and diplomas from the School for the Performing Arts of the University of Kentucky, the Royal College of Music, the Royal Academy of Music, and the Royal School of Church Music

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## Announcements

*Announcements, not to exceed 125 words, are to be submitted to Rebecca Richards by 5:00pm on Tuesday preceding the Sunday the announcement is to run.*

1. **CRAB SUNDAY.** Today is Crab Sunday. Since 1976, an annual day of feasting on Chesapeake Bay crabs, corn-on-the-cob, watermelon, and cold beer. An annual day acknowledging the human condition of crabbiness, honoring one among us as "*Crab of the Year.*" The College of Crustaceans (all previously named Crabs) nominates and elects one among us who best exemplifies, *embodies* a tenacity (sometimes irritability!) that is motivated by a soul-deep care and heartfelt concern for our St. Mark's community. Today, we celebrate the courage it takes for one to be one's self in community; to live in the tension of what it is to be and to become *both* one's own person *and* a part of a people. We also celebrate the absolutely necessary place of humor in our communal life!
2. **RECTOR AWAY ON VACATION.** The Rector is away on annual vacation starting tomorrow and will return to his office on Wednesday, **September 7.**

### Capital Campaign Update

3. **ANOTHER CRITICAL APPROVAL ACHIEVED!** On **July 21**, the Commission on Fine Arts approved our plans for renovating and expanding the Parish Hall. This is another important milestone for moving the project forward.
4. **PARISH PICNIC:** Following the single 10 a.m. service on Sunday, **September 4**, join us for the annual picnic in the courtyard, with great food, games for the kids and an opportunity to see the latest renovation design and ask questions of Steering Committee members.
5. **SAVE THE DATE:** Saturday evening, **October 29**, will be the kick-off event for our capital campaign. An unprecedented evening of food, fun and frivolity is promised. More details soon, but please mark the date on your calendar now.

### Christian Ed

*We welcome your participation and your interest in Christian Education classes offered at St. Mark's. Let us know where your interests lie in becoming more involved in the life of the parish!*

6. **SUNDAY SCHOOL-** Summer Sunday School will finish today and will be held from 10am through the *peace*. Please see Megan's announcement under Youth & Families for more information. There will be no Sunday School offered during the month of August. The new Sunday School year will begin on **September 11** for Catechesis (ages 3-Grade 5) and on Christian Ed Sunday, **September 18**, for Middle and Senior High. Children's Chapel will also resume on **September 18.**

7. **DIRECTOR OF YOUTH MINISTRIES (DOYM) TRANSITION** – Please be sure to give your thanks and appreciation to Megan Courtney today - her last day with us! The entire Christian Ed Team would like to thank Megan for all of her wonderful work with our youth and, in particular, her teaching of our High School students and the Confirmation Class this past year. She has been an absolute pleasure to work and we wish her all the best in Boston. We also invite you to extend a warm welcome to our new DOYM, Marcella Rose Gillis, who started last week. We look forward to welcoming her into our St Mark's family.

*Christian Ed News:*

8. **SUNDAY SCHOOL MIDDLE & SENIOR HIGH NEEDS YOU!** - We urgently need a few good women and men who would be interested in teaching Sunday School at the middle and senior high levels. Class leaders use the 'functional method' of teaching, in that our story is explored as it relates to Christian lore. Speaking from personal experience, this is a wonderful opportunity to spend time with a group of people that cherish our church community. Weekly planning in advance of the start of the class (September 18th) will be arranged and curriculum is in the works to provide a framework for your understanding and implementing discussions about the costs and promises of life's verities. Both classes have supervisors in place (Linda Ewald – middle high and Stan Smith – senior high) who are at the ready to support and train the teachers. Requirements: LCF; teacher training; Safeguarding God's Children certificate (3-hour class to be taken during the year). Couples and/or a team of friends are welcome.

9. **JIM ADAMS' BOOK: GOOD NEWS!** We reached our goal and sold all 77 copies of our former Rector's great work "So You Think You're Not Religious?" (NEW Expanded 2nd Edition) and even have orders for 28 more!...so we're upping our goal to sell 120 copies! Order now for yourself, friends, and especially for skeptics in your midst. (\$15 special price, in Parish Hall after the service, or by email.) I will send Jim a list of all who bought his book to send him our encouragement. Betsy Athey (atheyllloyd@comcast.net)

### **Outreach**

10. **SOUP KITCHEN – YOUR OPPORTUNITY TO SERVE OTHERS!** Jim Shelar, one of our three St. Mark's Soup Kitchen Co-Managers, has advised he will, after many years of faithful service to the community, relinquish his position in mid- August. We are therefore seeking a replacement for basic on-the-job training with the Co-Managers. An online summary of the activities and responsibilities is available by contacting Jack Richards at ktjr89@verizon.com or discussing specifics with Mary Lee Watts or Jim Shelar. Your active role in this important program will be most welcome!

11. **VOLUNTEER FOR THE ST. MARK'S SHELTER THIS AUGUST.** St. Mark's hosts families from Capitol Hill Group Ministries. Volunteers are needed to stay overnight in the shelter and/or bring dinner for our guests. Dinner is needed every night of the week with the exception of Sundays. Overnight volunteers are needed for Friday, Saturday, and Monday nights. To sign up: (1) Check the calendar on the hallway bulletin board or (2) from your computer, check the Shelter calendar under Get Involved/St Mark's Shelter Ministry on [www.stmarks.net](http://www.stmarks.net). Then you can request those dates by sending an email to [Stmarksshelter@gmail.com](mailto:Stmarksshelter@gmail.com). Ryan Velasco will confirm your request. More questions: Ask Susan Sedgewick ([jssedgewick@gmail.com](mailto:jssedgewick@gmail.com)) or Stephanie Deutsch ([scd@his.com](mailto:scd@his.com))

12. **BACKPACKS FOR NEEDY KIDS.** Check out the Outreach section of the bulletin board for the details on Capitol Hill Group Ministry's drive to provide filled backpacks to hundreds of kids from pre-Kindergartners to High School-ers. The grand idea is to give the children the tools so they will be ready to learn at the start of school.

### **Worship & Meditation**

13. **CONTEMPLATIVE EUCHARIST AT 5PM.** Please join us in the Nave at 5:00 PM this Sunday for our contemplative Eucharist service. Bring a beverage and/or snack to share during the social hour that follows our service.

#### 14. **WEEK-DAY SERVICE AND MEDITATION OPPORTUNITIES**

Mondays 7:30 to 9:00pm Insight Meditation in the Nave  
Thursdays 7:00 to 8:30am Insight Meditation in the Nave  
Thursdays Noon to 12:45pm Holy Eucharist in the Chapel

#### **Youth and Family Ministry**

*Marcella Gillis, St. Mark's Director of Youth Ministries can be reached at  
Marcella.gillis@stmarks.net or (202) 543-0053 x320*

15. **SING-A-LONGS** – Nadine Hathaway and Doris Burton will teach children songs in place of Summer Sunday school this week. **Today in the Adams Room from 10:00am through the peace** join us in learning children's church songs to be used in Children's Chapel and Family Services. All are welcome! For questions contact Doris Burton (dmburton21@gmail.com)

16. **YOUTH & OUTREACH: SHELTER MINISTRY FAMILY NIGHT** – All are invited to join our shelter guest on **Monday August 15 at 6pm** for our annual family night. This year, there will be a special guest with entertainment for all children to enjoy. There will also be time for families to play and share a meal together. For details and to volunteer to bring food please contact Elizabeth Becker at ehb47@msn.com.

#### **Parish Life**

17. **CAREGIVERS SUPPORT GROUP.** The next meeting of the support group for those caring for a loved one or ones seriously ill or otherwise incapacitated, will be on **Monday, August 8** at 7:30 PM in the Penniman Room. Feel free to contact the group leaders: Suella Henn, swhenn@mac.com, phone 202-544-0113, or Mary Welker, marymwelker@aol.com, 202-387-4083.

18. **ST MARK'S READING GROUP:** On **Monday, September 19** we will discuss our 100th book, *Cloudstreet* by Tim Winton. No meeting in August. If you plan to come to the meeting on September 19th, be sure to e-mail me because we have changed the venue and time for that evening. Linda Ewald at llerbe@yahoo.com. On November 7, we will discuss *Uncle Tom's Cabin* by Harriet Beecher Stowe in the Penniman Room at Baxter House at 7:30.

19. **SAVE THE DATE!** *Woman to Woman* will host a "Welcome to St. Mark's" dinner in honor of our new associate, Justi Schunior, on **Tuesday, September 20**. All women of the parish are invited and details will be available at the parish picnic on September 4.

20. **STAY CONNECTED!** St. Mark's has a Yahoo Group for members and friends of the church. Through this email group, information of interest to the St. Mark's community may be sent by any member to all members of the group. If you wish to join, please send an email explaining your connection to St. Mark's to: StMarks-subscribe@yahoogroups.com. If you have trouble joining, please contact the moderator, George Meng, at gem@menglaw.com, 301-855-7047 or 410-535-5500.

#### **From the Office**

21. **BULLETIN ANNOUNCEMENTS IN AUGUST.** Rebecca Richards, Parish Administrator for Programs and Facilities, will be out of the office **August 12-21**. Please send any announcements for the **August 14** and **August 21** bulletins to Rebecca no later than Monday, **August 8** at rebecca.richards@stmarks.net.

### Parish Prayer List

Lolita Abernathy (Paul's mother) • Jim Adams (former Rector) • Taylor Adams • Mimi Chesslin • Joya Cox • Betty and Jack Davis (Beryl Maloney-Lillaston's Aunt and Uncle) • Gabrielle Giffords • Amy Greyson (friend of Susan Block) • Celia Hahn • Ray Lacey • Dennis Lewis • Winnie Mosher • Peggy Pecore • Randell Prothro • Bruce Ritter • Al Rollins • Carroll Russell Sherer (Peter's mom) • Lael Stegall • Vicki Street • Kathy Tatko • Bill Wachter • Geneva Watkins (Pontheolla's mother) • Elin Whitney-Smith • Ron Young •

We pray for the repose of the soul of Renee Foote (sister of Loretta Veney)

Those of our Parish serving in the military: Clint Billings (son of Kevin Billings and Mary Louise Wagner), George Brown (son of Margaret Brown), August Dannenmaier (son of Chris Dannenmaier and nephew of Bill & Molly Dannenmaier), Jason Earnest (son of Erika Bugge and grandson of Paul Bugge and Lynda Smith Bugge), Christian Schmidle (son of Robert and Pamela Schmidle, fiancé of Jen Salerno)

### Military Service Deaths

Sgt. Steven L. Talamantez, 34, of Laredo, TX • Spc. Rafael A. Nieves Jr., 22, of Albany, NY  
 Sgt. Christopher P. Soderlund, 23, of Pineville, LA  
 Lance Cpl. Norberto Mendez Hernandez, 22, of Logan, UT  
 Lance Cpl. Robert S. Greniger, 21, of Greenfield, MN • Seaman Aaron D. Ullom, 20, of Midland, MI  
 Sgt. Jeremy R. Summers, 27, of Mount Olivet, KY • Staff Sgt. Wyatt A. Goldsmith, 28, of Colville, WA  
 Sgt. Lex L. Lewis, 40, of Rapid City, SD • Spc. Frank R. Gross, 25, of Oldsmar, FL

### Cycle of Prayer

In the Diocese of Washington:

The Church of the Transfiguration, Silver Spring  
 The Diocesan Committee on Church Architecture  
 The Diocesan Historiographer, Susan Stonesifer

In the Anglican Communion:

We pray for Qu'Appelle - (Rupert's Land, Canada)

This Week at St. Mark's as of 7/20/11 at 9:30am

### Sunday, July 31

|                         |   |
|-------------------------|---|
| 9:45am - 12:30pm        | Nursery Care (Nursery)  |
| <b>10:00am –11:00am</b> | <b>Holy Eucharist</b> (Nave) Rev. Paul Roberts Abernathy, Presiding; Rev. Justi Schunior, Co-Presiding; Megan Courtney, Preaching |
| 10:00am - 10:50am       | Summer Sunday School (Adams Room)   |
| 11:15pm - 2:00pm        | Pub Lunch (Parish Hall)   |
| 4:30pm - 6:00pm         | Yoga (Dance Studio)   |
| <b>5:00pm – 6:00pm</b>  | <b>Contemplative Eucharist</b> (Nave) Rev. Paul Roberts Abernathy, Presiding and Preaching  |
| 5:00pm - 6:00pm         | ACoA Meeting (Room 6)   |
| 6:00pm - 8:00am         | Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)                                     |

| <b>Monday, August 1</b>   |   |
|---|---|
| 8:30am - 5:00pm<br>6:00pm - 7:05pm<br>6:00pm - 8:00am<br>7:30pm - 9:00pm  | Capitol Hill Day School Summer Program (Parish Hall, Adams Room, Classrooms 1,3,7)<br>Yoga (Adams Room)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)<br>Insight Meditation Group (Nave)   |
| <b>Tuesday, August 2</b>  |   |
| 8:30am - 5:00pm<br>12:15pm - 1:15pm<br>6:00pm - 7:05pm<br>6:00pm - 8:00am<br>7:00pm - 9:00pm<br>7:30pm - 9:00pm                                     | Capitol Hill Day School Summer Program (Parish Hall, Adams Room, Classrooms 1,3, 7)<br>Yoga Class (Dance Studio)<br>Yoga Class (Adams Room)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)<br>Liturgy Planning Team (Nave)<br>Cancer Support Group (Library)  |
| <b>Wednesday, August 3</b>  |   |
| 8:30pm - 5:00pm<br>1:00pm - 3:00pm<br>6:00pm - 7:05pm<br>6:00pm - 8:00am  | Capitol Hill Day School Summer Program (Parish Hall, Adams Room, Classrooms 1,3, 7)<br>Capital Campaign (Library)<br>Yoga Class (Adams Room)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)   |
| <b>Thursday, August 4</b>   |   |
| 7:00am - 8:30am<br>8:30am - 5:00pm<br>12:00pm - 12:30pm<br>6:00pm - 8:00am<br>6:30pm - 8:00pm<br>6:30pm - 8:30pm                                    | Insight Meditation Group (Nave)<br>Capitol Hill Day School Summer Program (Parish Hall, Adams Room, Classrooms 1,3, 7)<br>Noon Eucharist (Chapel)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)<br>Yoga Class (Adams Room)<br>Thursday Bible Study (Penniman Room)   |
| <b>Friday, August 5</b>   |   |
| 7:00am - 8:00am<br>8:30am - 5:00pm<br>6:00pm - 8:00pm<br>6:00pm - 8:00am  | Yoga Class (Dance Studio)<br>Capitol Hill Day School Summer Program (Parish Hall, Adams Room, Classrooms 1,3, 7)<br>Women's AA Meeting (Adams Room)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)  |
| <b>Saturday, August 6</b>   |   |
| 10:00am - 12:00pm<br>6:00pm - 9:00pm<br>6:00pm - 8:00am   | Yoga (Adams Room)<br>AA Meeting (Adams Room)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library)   |
| <b>Sunday, August 7</b>   |   |
| 9:45am - 12:30pm<br><b>10:00am - 11:00am</b><br>11:15pm - 2:00pm<br>4:30pm - 6:00pm<br><b>5:00pm - 6:00pm</b><br>5:00pm - 6:00pm<br>6:00pm - 8:00am | Nursery Care (Nursery)<br><b>Holy Eucharist</b> (Nave) Rev. Justi Schunior, Presiding and Preaching<br>Pub Lunch (Parish Hall)<br>Yoga (Dance Studio)<br><b>Contemplative Eucharist</b> (Nave) Rev. Justi Schunior, Presiding and Preaching<br>ACoA Meeting (Room 6)<br>Congregational Shelter Ministry (Gregory Room, Baxter House Kitchen, Classrooms 4,6, Library) |

# St. Mark's Episcopal Church, Capitol Hill

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3<sup>rd</sup> and A Streets, SE

Baxter House Church Office: 118 3<sup>rd</sup> Street, SE, Washington, DC 20003  
202-543-0053 (phone) 202-546-3695 (fax) www.stmarks.net

## Office Directory

|   |                              |
|---|------------------------------|
| The Rev. Paul Roberts Abernathy, Rector                           | paul.abernathy@stmarks.net   |
| The Rev. Justi Schunior, Assistant Rector                         | justi.schunior@stmarks.net   |
| Jeff Kempskie, Director of Music                                  | jeff.kempskie@stmarks.net    |
| Marcella Gillis, Director of Youth Ministries                     | marcella.gillis@stmarks.net  |
| Susan C. Block, Parish Administrator for Finance & Membership     | susan.block@stmarks.net      |
| Rebecca Richards Parish Administrator for Programs and Facilities | rebecca.richards@stmarks.net |
| Warren E. O'Hearn, Bookkeeper                                     | wohearn@hotmail.com          |
| Edwin D. Green, Maintenance Contractor (240-447-0027)             | edwin.green@stmarks.net      |
| Jude Harmon, Seminarian   | jude_aaron@post.harvard.edu  |

*Adjunct Clergy:* The Reverends William Flanders, Susan Flanders, Carl Siegel, Arnold Taylor

## The Vestry

|               |  |                                 |
|---------------|--|---------------------------------|
| Senior Warden | Cecilia Monahan  | (cartermonahan@yahoo.com)       |
| Junior Warden | Phil Guire   | (stmarksjuniorwarden@gmail.com) |
| Class of '12  | Ed Corr, Jim Steed, Vicki Street   |                                 |
| Class of '13  | Bill Dickinson, Rick Hayes, Marilu Sherer  |                                 |
| Class of '14  | Grady Hedgespath, Charlotte Murray, Janet Vail   |                                 |
| Officers      | Crane Miller, <i>Treasurer</i> , Mary Cooper, <i>Register</i> ,<br>Susan Sedgewick, <i>Manciple Coordinator</i> , Karlyn Stanley, <i>Counsel</i> |                                 |

## Diocesan Delegates

David Deutsch

Rick Rutherford

Maureen Shea

## Liturgical Leaders and Worship Participants

|              |  |
|--------------|--|
| Verger       | David Deutsch  |
| Altar Guild  | Susan Sedgewick and Liz Layton                           |
| Lay Servers  | Belinda Sims, Rita Ossolinski, Morgan and Addison Phelps |
| Bread & Wine | Wine: The Townsend Family; Crab Bread: Nancy Karpeles    |