

WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL  
St. Mark's Mission Statement

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE SECOND SUNDAY IN LENT  
**MARCH 20, 2011**

9:00 AM HOLY EUCHARIST + LAYING ON OF HANDS

9:00 AM CHILDREN'S CHAPEL

10:00 AM SERMON SEMINAR

11:15 AM HOLY EUCHARIST + LAYING ON OF HANDS

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Holy Eucharist and Laying on of Hands, 9.00

Presider: The Reverend Susan Flanders

Co-Presider: The Reverend Paul Roberts Abernathy, Rector

Children's Chapel 9.00

Leader: The Rector

Sermon Seminar, 10.00

Preacher: Mr. Otis Gaddis III

Holy Eucharist, 11.15

Presider : The Rector

Preacher: Mr. Otis Gaddis III

Guest Organist: Mr. David Judge Wilson

*Lift Every Voice and Sing (LEVAS) Hymnals* are located & stored in the rack under the **front** of your chair.

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

**Hearing** – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

# VISITING OR NEW TO ST. MARK'S?

**WE WELCOME YOU TO ST. MARK'S!** Wherever you are on your faith journey, we invite you to celebrate life with us. Worship is in the round, and you are invited to sit anywhere in the Nave. Bulletin boards, rest-rooms and a water fountain are located in the hallway, and the Parish Hall is just beyond. If you have questions, please introduce yourself to the Vestry Greeter at the end of the service.

## FOR THE SEASON OF LENT

**The woodblock prints of The Stations of the Cross** which are hanging in the Nave throughout Lent were created by and given to St. Mark's by Tracy Councill.

With great pleasure and an abundance of thanks, we return the **Broken Mirror Cross** to our Nave for the Lenten season. Designed and made by Joya Cox, who gave us permission to seek repairs, which have been lovingly rendered by Linda Smith-Bugge and Paul Bugge. We thank you all!

## WORSHIP SERVICES AT ST. MARK'S

The **9 am** is a **Holy Eucharist** without a sermon. At 9:45 am, children go to Sunday School classes while adults remain in the Nave for coffee, announcements and Sermon Seminar.

The **9am Children's Chapel**, in the Adams Room, is a kid-friendly short service (20 minutes or so) of songs, prayers, and a confession ritual. At the Peace, the group rejoins the service in the Nave. (On the second Sunday of the month, when the 9am service is the Family Eucharist, Children's Chapel is not held.)

The **10 am Sermon Seminar**. After the sermon, anybody can feel free to comment on what or how the sermon "spoke" personally. Sermon Seminar concludes by 10:45 am and is often followed by a **Coffee Hour** in the Parish Hall.

The **11:15 am Eucharist and Sermon** is a more traditional format. It is often followed by a **Pub Lunch** at 12:30 pm in the Parish Hall, to which all visitors are invited as our guests.

The **5 pm Eucharist** is a contemplative service with a homily and meditative music held every Sunday. An informal social hour follows the service where food and beverages are shared.

In the spirit of inclusion we offer both a "teleloop" system and infrared headsets for those who are hard of hearing. To access the signal, switch your own hearing aid to the "T" position. Headsets are available by the doors from the beadles (ushers).

## CUSTOMS AND TRADITIONS

**Open Communion** is our invitation to *everyone* to gather around the altar for spiritual and communal nourishment. We believe this meal is a manifestation of God's love for each of us, regardless of our religion, beliefs or questions.

**Announcements** of church activities are often made by parishioners during the service. You can find more details in the Sunday Bulletin as well as on our website, [www.stmarks.net](http://www.stmarks.net).

**Childcare** - St. Mark's Nursery provides care for children up to 3 1/2 yrs old during the Sunday morning worship services. Caregivers are available from 8:45 -12:45 pm in the Nursery (lower level).

**The Liturgy Planning Team** for the current year has chosen as the theme “Looking Forward Through Our Heritage.” In planning the liturgy for the Sundays in Lent, the team emphasizes the theme by designing the services in the Rite I format. Rite I contains more formal language than we are accustomed to saying on Sunday mornings at St. Mark’s. It is derived primarily from the previous (1928) Book of Common Prayer, although some of the texts in Rite I are taken from older versions of the Prayer Book, especially the first American Prayer Book published in 1789. Even though we do not often use Rite I, it is very much a part of our heritage as an Episcopal church, and there are many in the parish who love its language and its formality.

*Missa brevis leaenae volitili*: Composed for St. Mark’s, Lent 2011, by Francis Thompson (Sis) McKay in celebration and lament for our planet. The *leaenae volitili*, “the lioness who flies”, is our planet, flying through space and time, carrying us all, fauna and flora, as well as our physical environments and our inner worlds of dreams. Most of the sounds surrounding us as we sing come from the world around us, drawn from a recording made in Rock Creek Park that turned out to contain pitches (who knew!). Beluga whales swim by, and there are sounds of a flute and a piano.

## The Holy Eucharist

✠ *Portions of the liturgy omitted at the 9:AM service*

**Prelude** Adagio from Sonata II

Felix Mendelssohn (1809-1847)

**Opening Hymn** 448 O love, how deep, how broad, how high

*Deus tuorum militum*

Presider Blessed be God: Father, Son, and Holy Spirit.

**People** **And blessed be his kingdom, now and for ever. Amen.**

Presider Bless the Lord who forgiveth all our sins;

**People** **His mercy endureth for ever.**

Presider Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

### The Collect of The Day

Presider The Lord be with you.

**People** **And with thy spirit.**

Presider Let us pray,

**O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen**

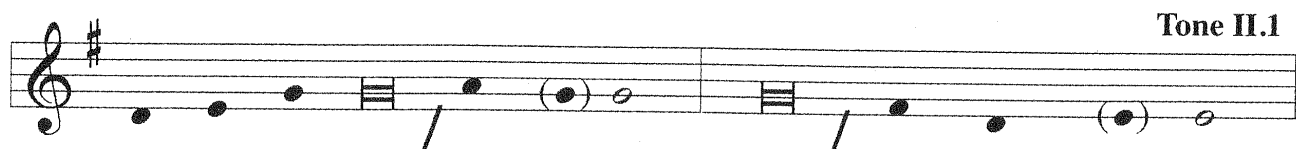
*Please sit.*

**A Reading from Genesis 12:1-4a***Read by* Bruce Ritter (9:00), Susan Witek (11:15)

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

Reader     The Word of the Lord.

People     **Thanks be to God.**

**Psalm 121***All sing.*

- 1       I lift up my eyes to the / hills;\*
- from where is / my help to come?
- 2       My help comes from the / LORD,\*
- the maker of hea/ven and earth.
- 3       He will not let your / foot be moved\*
- and he who watches over you will / not fall asleep.
- 4       Behold, he who keeps watch over / Israel\*
- shall neither slum/ber nor sleep;
- 5       The LORD himself watches / over you;\*
- the LORD is your shade at / your right hand.
- 6       So that the sun shall not strike you by / day,\*
- nor / the moon by night.
- 7       The LORD shall preserve you from all / evil;\*
- it is he who shall / keep you safe.
- 8       The LORD shall watch over your going out and your / coming in,\*
- from this time forth / for evermore.

*Please stand*

### **The Gospel John 3:1-17**

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

**People** **Glory to thee, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above."

Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Gospeller The Gospel of the Lord

**People** **Praise be to thee, O Christ.**

### **✠The Sermon**

Otis Gaddis III

*Please stand.*

**The Nicene Creed** Missa brevis leaenae volitili:credo

Frances Thompson McKay

*All recite, with music.*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People**

*Read by Nancy Lucas (9:00) Sara Rau (11:15)*

Let us pray for the whole state of Christ's Church and the world. Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Katharine our Presiding Bishop, John our Bishop, and Paul our Rector, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Mark and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.  
**Amen.**

All are invited to offer prayers of petition, intercession, and thanksgiving silently or aloud, and if aloud, concluding with "**Lord in your mercy**" to which the congregation shall respond, "**Hear our prayer.**"

## Confession of Sin

Presider Kneeling, let us humbly confess our sins unto Almighty God.

**All Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

Presider Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and bring us to everlasting life; through Jesus Christ our Lord. Amen.

Hear the Word of God to all who truly turn to him. God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. (*John 3:16*)

## The Peace

Presider The peace of the Lord be always be with you.

**People And with thy spirit.**

## Vestry Greeting

Kenn Allen

## Rector's Greeting

# The Liturgy of the Table

Presider Let us with gladness present the offerings and oblations of our life and labor to the Lord.

## Offertory Anthem

I to the Hills Lift Up Mine Eyes

Jean Berger

Chancel Choir

*I to the hills lift up mine eyes, from where shall come mine aid.  
Mine help doth from Jehovah come, which heav'n and earth hath made.  
He will not let thy foot be mov'd, nor slumber that thee keeps.  
Lo he that keepeth Israel, he slumb'reth not, nor sleeps.  
The Lord thy keeper is, the Lord on thy right hand the shade.  
The sun by day, nor moon by night, shall thee by stroke invade.  
The Lord shall keep thee from all ill thy soul he keeps away,  
thy going out, and coming in, the Lord keeps now and aye. Amen.*

## Eucharistic Prayer II

Presider The Lord be with you.

People **And with thy spirit.**

Presider Lift up your hearts.

People **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Co-Presider You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast: that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love your.

Presider Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing,

Missa brevis leaenae volitili: sanctus

Frances Thompson McKay

♩=120

*cue:* *high bells*

*wind and bells* Sanc - tus, \_\_\_\_\_ Sanc - tus, \_\_\_\_\_

Sanc - tus, \_\_\_\_\_ Do - mi-num De - us Sa-ba-oth. \_\_\_\_\_

*bells*

Ple - ni \_\_\_\_\_ sunt coe - li et ter - ra. Glo-ri-a Glo \_\_ ri-a Glo - ri - a \_\_ tu - a.

50"

whales

Ho - san na Ho-san - na Ho - san - na in ex - cel - sis. Be-ne - dic - tus \_\_\_ qui

ve - nit in no - mi - ne Do - mi - ni. \_\_\_ Ho - san - na in ex - cel - sis \_\_\_

**Co-President** All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

**President** For on the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

**Co-President** Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for all. Do this, as oft as ye shall drink it, in remembrance of me."

**President** Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

**Co-President** And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through

the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All

**AMEN.**

Presider

And now, as our Savior Christ hath taught us, we are bold to say,

People

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### The Breaking of the Bread

Missa brevis leaenae volitili: agnus dei

Frances Thompson McKay

$\text{♩} = 90$  **3** *rhythm may be very fluid (in the style of chant)*

*rising wind and waves*

**3** *bell cue* Ag - nus De - i \_\_\_\_\_ qui tol - lis pec - ca - ta mun - di,

mi-se-re - re no - bis. \_\_\_\_\_ *bell cue* Ag - nus De - i \_\_\_\_\_ qui

tol - lis pec - ca - ta mun - di, \_\_\_\_\_ mi - se - re - re no - bis. \_\_\_\_\_

*bell cue* Ag - nus De - i, do na no - bis

*Sing "pacem" for an unspecified number of times, in any rhythm on A and G until sound fades (c. 15")* **10**

pa - - - cem, pa - cem, pa - cem. \_\_\_\_\_ *Bells begin to ring on a5 and g4.* **10**

## Communion

*Everyone is invited to God's Table. Gather, one group at a time, around the altar platform. Remain until everyone has received the bread and wine and has been dismissed by the Presider, saying, "Go in peace." You may consume the bread, then receive the wine by taking a sip from the chalice or goblet OR you may hold the bread, which will signal that you wish to intinct (dip it) into the chalice or the goblet. A non-alcoholic alternative to wine is offered in the plain goblet, and gluten-free crackers are available upon request. Laying-on-of-hands is available in the chapel to the right of the High Altar.*

## Music During Communion

Hostias from Requiem

Gabriel Fauré (1845-1924)

Paul Bugge, soloist

*Hostias et preces Tibi  
Domine Laudis offerimus  
ta suscipe pro animabus illis  
quarum hodie memoriam facimus,  
face as Domine  
de morte transpire ad vitam  
quam olim Abrahae promisisti  
et semini ejus.*

*Sacrifice and prayer to you  
Lord in praise we offer  
receive them for the souls  
who this day we remember,  
grant oh Lord  
that they from death pass to life  
as it was to Abraham promised  
and to his seed*

Hymn 635 If thou but trust in God to guide thee

*Wer nur den lieben Gott*

LEVAS 137 Just As I Am

Words: Charlotte Elliott, Music: William B. Bradbury

## The Post-Communion Prayer

Presider Let us pray.

**People** **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

✦ **Announcements** *please limit each announcement to 30 seconds.*

**Closing Hymn** 401 The God of Abraham Praise

*Leoni*

## The Blessing

Presider The peace of God, which passeth all understanding, keep our hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be among us, and remain with us always. Amen.

## **The Dismissal**

Co-President Go in peace, to love and serve God.

People **Thanks be to God.**

**Postlude** Leoni

Paul Manz (1919-2010)

✘ ✘ ✘

## **Sermon Seminar**

**Announcements** *please limit each announcement to 30 seconds.*

**Hebrew Scripture** Genesis 12:1-4a

*Read by* Bruce Ritter

**Sermon**

Otis Gaddis III

✘ ✘ ✘

Guest Organist, David Judge Wilson was Organist-Choirmaster at Grace Episcopal Church, Silver Spring, for 30 years and Director of Music at the Holton-Arms School for 13. He has been retired since 2000 but continues to substitute for friends in the Washington area.

# Announcements

*Announcements should not exceed 125 words and should be submitted to Rebecca Richards by 5:00pm on Tuesday preceding the Sunday announcement is to run.*

## VISION 2020 -- BOLDLY ENGAGING IN OUR FUTURE

The Vision 2020 Steering Committee is pleased to announce that an architect has been selected for St. Mark's capital campaign project of renovating and expanding the Parish Hall. Bonstra | Haresign Architects, a Washington-based firm, was chosen from among three finalists, all of which made compelling presentations to the Steering Committee. Bonstra was chosen, in part, because of its commitment to sustainable design, its understanding of the project (BHA produced the drawings of possible renovations during the Discernment Phase of this project in 2010) and our community, and its strong track record in working with local and federal historic preservation boards on renovations of historic properties. BHA is expected to begin working on more detailed plans for renovation of the Parish Hall later this month. The Steering Committee is now engaged in a process of interviewing potential Project Managers for the construction project. The goal continues to be to begin fundraising this fall, with construction to start in 2012. Mike Townsend and Kenn Allen are co-chairs of the project, with Doris Burton, Ed Corr, Jane Rutherford and John Sedgewick serving as Steering Committee members, and Paul Abernathy continuing to play a key role in each step of the process. In the coming months, there will be ample opportunity for members of the community to weigh in on the many decisions that lie ahead. If you have any questions, please don't hesitate to contact a member of the Steering Committee.

1. **ANNUAL MEETING.** Please mark your calendars now - the 2011 annual meeting and chili supper will be **Saturday, March 26. Dinner will begin at 5 pm and the meeting will commence promptly at 6:30 pm.** First-year vestry members will host the 2nd annual Winged Lion Bake-off. If you are interested in showcasing your confectionary or dessert-baking skills, please contact Rick Hayes at bigbeardc@yahoo.com to join the contest.
2. **ASSISTANT/ASSOCIATE RECTOR SEARCH COMMITTEE UPDATE:** Our job opening is posted on the Episcopal Diocese of Washington website and on our St. Mark's website. To see our beautiful new Parish Profile, Position Description and Characteristics of the Candidate documents go to [www.stmarks.net](http://www.stmarks.net). Keep spreading the news! Deadline for applications is March 28. Betsy Athey & Kitty Donnelly, Co-Chairs

## Christian Ed

*We welcome your participation and your interest in Christian Education classes offered at St. Mark's. Let us know where your interests lie in becoming more involved in the life of the parish!*

3. **SUNDAY SCHOOL** – For children ages 3 through 5<sup>th</sup> grades, the Catechesis of the Good Shepherd classes are located downstairs in the Undercroft of the church. Middle School meets in the Adams Room and high school students will continue to meet in Baxter House at 118 3<sup>rd</sup> St., SE.
4. **CHRISTIAN EDUCATION PUB LUNCH** – In honor of more than 50 years of Christian Ed Leadership, the current Co-Directors would like to host a Pub Lunch to celebrate all of the previous Christian Ed Co-Directors on **April 3<sup>rd</sup>**. So, mark your calendars and plan to join us. We will try to take a group picture with the updated plaque honoring leaders and co-directors of Christian Education that was recently updated thanks to the generosity of several past co-directors.

### *Gateway Classes*

5. **SPRING BAPTISM CLASS** – Considering having your child baptized at St. Mark's this Spring? Please join Paul Albergo and John Edwards for this 4-session class starting on Sunday, **March 27<sup>th</sup>**, from 10:00 am -12:00 pm, in the Library. The class explores parenting issues that are posed by our Liturgy of Baptism. Classes will be held on **March 27, April 3, 10, and 17**. Rehearsals will be held from 10-11 on Saturday,

April 30<sup>th</sup> and Saturday, June 11<sup>th</sup> for May 1<sup>st</sup> and June 12<sup>th</sup> Baptisms. Contact Paul Albergo at pfallbergo@yahoo.com to register. *Cost: \$30 per couple (a contribution to the Christian Ed program including scholarships and Sunday School).*

**6. WHAT'S AN EPISCOPALIAN? TRADITION, LITURGY & THEOLOGY** - This class is designed to follow Life, Community and Faith, as a preparation for the Rite of Confirmation in the Episcopal Church. It provides a lens through which class members examine the promises and commitments involved in being a confirmed communicant in the Episcopal Church. The class covers the history and traditions of the Episcopal Church as well as key elements of our worship and experience. Paul Abernathy will lead this class over four Sundays, **May 1, 8, 22 and 29** from 2 - 4 pm in the Adams Room. Please contact Paul directly with any questions and to register at Paul.Abernathy@stmarks.net. *Cost: \$30 (a contribution to the Christian Ed program including scholarships and Sunday School).*

#### *Spring Adult Classes*

**7. TURNING DOWN THE CHATTER, TUNING INTO PEACE** – In this short Penniman course, of two evenings and a weekend away, we will explore our strategies for finding inner peace, what serves us and what may get in the way. We will seek a greater understanding of what pulls us toward more stimulation and activity and more meaningful participation in life and how that sometimes turns into more than we bargained for. Where does a peaceful existence happen? How can our functional education discipline help us get there? Classes will be held on **May 3<sup>rd</sup>** and **10<sup>th</sup>** from 7:30-9:30 in the Adams Room with the **May 6-8** weekend away at Dupont House in Rehoboth, DE. Please contact your teaching team with any questions or to register, Jeff Kincheloe kinchel@yahoo.com; Jane Rutherford jrutherford@dcaccess.net; Tom Wickenden twickenden@msn.com; and Linda Ewald LLERBE@aol.com. A sign-up sheet is also on the bulletin board. *Cost: \$275 for meals and lodging during the weekend.*

**8. BEYOND THE FRAME** - "What Makes Us Smile?" - Mel Brooks said: "Humor is but another weapon against the universe." Tickling this universal and compelling subject, the current exhibit at the American Visionary Arts Museum (AVAM) in Baltimore offers a delightful vehicle for humor. Lynda Smith-Bugge and Stewart Andrews will lead this program designed to explore the hilarious aspects of our human nature. We will travel to AVAM on Saturday morning, **May 7<sup>th</sup>** to tour the exhibit, followed by lunch and lively discussion on site. Families and children are encouraged to participate. Carpooling is encouraged. Questions? Please contact Lynda at [Lynda@SculptureForTheSoul.com](mailto:Lynda@SculptureForTheSoul.com) or Stewart at [noodlebox@verizon.net](mailto:noodlebox@verizon.net). *Cost: \$30 for adults, no cost for kids under 16 (will cover museum entrance costs and Christian Ed program expenses.)*

#### *Summer Offering:*

**9. WHO I AM, I MUST BECOME: A SPIRITUAL JOURNEY.** Registration is now open for an experiential retreat to be held from **July 23<sup>rd</sup> - July 31<sup>st</sup>** at Shepherd's Spring, Sharpsburg, Maryland. This seminar will encourage participants to transform their individual spiritual journeys by accessing the wisdom, creativity, and power we hold at our core. Our work will be the quest to know ourselves more fully by using Jungian psychology as it interfaces with the teachings of Jesus, as well as western spiritual and contemplative traditions. This retreat is sponsored by St. Mark's Church, the Guild for Psychological Studies, the Center for Progressive Christianity, and the Jung Society of Washington and will be led by two Guild for Psychological Studies leaders – Hal Childs, PhD, MFT, MDiv and Patricia Stenger, MA, MFT. Contact susanthompsonhoffman@yahoo.com or Matthew Black at [Matthewblack904@yahoo.com](mailto:Matthewblack904@yahoo.com) for registration. Signups are in the foyer of St. Mark's Church.

#### **Outreach**

**10. SOUP KITCHEN - Thank You!** for the **25** Soup Kitchen casseroles we received last Sunday (including many, additional bags of assorted cookies and leftovers from the Pub Lunch)! Our very special thanks also to our vegetable-chopping volunteers **Margaret Crenshaw, Rick Rutherford and Patricia and Jon Schans**, with twin sons **Adam and Peter Schans** – ages 12 – both of whom also chopped, who, with Co-Manager Jack Richards, "processed" 120 lbs. of vegetables in 1 hour. March is another very good Soup Kitchen month, for those in need of nourishment, given faithfully from our abundance.

11. **2011 MITE BOX CAMPAIGN**--Our annual Lenten program is underway. Mite boxes are available at all three exits to the nave and also in the Parish Hall. This year's proceeds will be divided between the Bishop Walker School in Anacostia and the Episcopal Church's St. Vincent's Center for the Handicapped in Haiti to aid in their rebuilding efforts. Please contact Outreach Board Co-Chairs Amanda Folsom (amanda\_folsom@yahoo.com) or Dave Johnson (njdevilman@gmail.com) with any questions.

### Music

12. **SINGERS NEEDED: ALL VOICE PARTS** Consider joining the St. Mark's Chancel Choir. Rehearsals take place in the Nave every **Thursday** from 7:30-9:30 pm. The ability to read music is helpful but not required. For this and all other music-related announcements, please contact Director of Music Jeff Kempstie for more information.

13. **NEW BOYS & GIRLS CHOIR REHEARSAL TIME** In an effort to increase participation in the Boys & Girls Choir, Nadine Hathaway has offered to lead rehearsals every **Sunday** from 11:00 to 11:30 am in the Music Studio downstairs. Open to all children in grades 1-8. No prior experience necessary.

14. **ARMONIA NOVA CONCERT MAR. 25** The early music group Armonia Nova, led by harpist Constance Whiteside, will present a concert at St. Mark's titled *Myths & Miracles: Magical Thinking and the Medieval Mind* this coming **Friday, March 25th**, at 8 p.m. Tickets are available at the door and cost \$15 for St. Mark's members.

### Parish Life

15. **CAREGIVERS SUPPORT GROUP.** The next meeting of the support group for those caring for a loved one or ones seriously ill or otherwise incapacitated, will be on **Monday, March 28**, at 7:30 PM in the Penniman Room. Feel free to contact the group leaders: Suella Henn, [swhenn@mac.com](mailto:swhenn@mac.com), phone 202-544-0113, or Mary Welker, [marymwelker@aol.com](mailto:marymwelker@aol.com), 202-387-4083.

16. **RED LANYARDS FROM THE MEMBERSHIP COMMITTEE.** The membership committee seeks the assistance of the congregation in its efforts to insure that all visitors to our church feel welcome. Toward that end, we have provided welcome badges hung with red lanyards and we are asking that each Sunday ten members voluntarily wear a red-lanyard badge and greet newcomers. A revolving welcoming group will increase our outreach to all who worship with us. Badges can be found on the badge screen and should be returned at the end of the service to keep them available for future volunteers.

17. **NEED A NAMETAG?** Please email Frederica Barrow at [fhbarrow@gmail.com](mailto:fhbarrow@gmail.com). New nametags will be provided the last Sunday of the month.

18. **3RD AGERS' SPRING OUTING:** A tour of the Folger led by our own Liz Layton on **Friday, March 25, 2011** at 12:30. Meet at the Folger's west door (the one closest to the Capitol) on E. Capitol Street at 12:15. Lunch after the tour at one of the many restaurants between 2nd and 3rd St. SE on Pennsylvania Avenue. "SIGN UP" by sending an e-mail to Jane Miller at [JLM104@earthlink.net](mailto:JLM104@earthlink.net).

19. **ST. MARK'S READING GROUP:** Monday, **April 4** we will meet in the Penniman Room at Baxter House at 7:30 to discuss *Astrid and Veronika* by Linda Olsson. On May 2, we will discuss *The Lemon Tree* by Sandy Tolan. For more information, contact Linda Ewald at [lherbe@aol.com](mailto:lherbe@aol.com).

20. **ROLL AWAY THE STONE**, book by Fred Taylor, is available for those who would like to read it during the Lenten Season. The liturgy borrows from the book which chronicles his work on behalf of children from some of the most vulnerable families in the District. In it he chronicles how a small group of people, using networking and generative thinking can move obstacles in the way of economic and social justice. The book is available at a reduced rate of \$15 for the St Mark's community. Contact Mary Neznok to receive your copy. ([maryneznok@verizon.net](mailto:maryneznok@verizon.net); 202.526-9244) It is a must read for those working on ways to make our economy grow in ways that are life sustaining for generations to come.

21. **LAUGHTER YOGA..** Laughter is the best medicine! Join St. Mark's Yoga Center for a **free** session of Laughter Yoga on **April 3**, from 2 - 3pm in the upstairs Dance Studio. No Yoga experience necessary.

22. **LAY SERVERS AT THE 11:15 SERVICE.** Ever wonder how you get an invitation to be a lay server? I'm inviting you to add your name to the address list to which I send available openings. You choose your date. It's a intimate experience that never fails to move me. Please call Linda Huntington 301 279-2248

### **Worship & Meditation**

23. **CONTEMPLATIVE EUCHARIST AT 5PM.** Please join us in the Nave at 5:00 PM this Sunday for our contemplative Eucharist service. Feel free to bring a beverage and/or snack to share during the social hour that follows our service.

#### **24. WEEK-DAY SERVICE AND MEDITATION OPPORTUNITIES**

Mondays 7:30 to 9:00pm Insight Meditation in the Nave

Thursdays 7:00 to 8:30am Insight Meditation in the Nave

Thursdays Noon to 12:45pm Holy Eucharist in the Chapel

### **Youth and Family Ministry**

*Megan Courtney, St. Mark's Director of Youth Ministries can be reached at  
megan.courtney@stmarks.net or (202) 543-0053 x320*

25. **CHILDREN'S CHAPEL AT 9.00 AM** – This short service for young children continues in the Adams Room during the Liturgy of the Word upstairs. Songs, drawn prayers, and a confession ritual are part of this hands-on, kid-friendly gathering, led this week by Paul. The group rejoins the service in the Nave at the Peace. Questions or concerns? Please contact Susan Flanders, susanflanders@earthlink.net.

26. **WHAT'S IN THE FOYER?** – Children decorated paper butterflies and wrapped them in chrysalis (toilet paper rolls) that you now see hanging from the light fixtures in the foyer. On Easter morning the rolls will be removed and the butterflies revealed, symbolizing change, transformation, and joy this Lent and Easter season. Questions? Please contact Edna Boone at edna62@juno.com.

27. **YOUTH CONFIRMATION CLASS CONTINUES TODAY, 11:20 LIBRARY** – The youth confirmation course will meet **today** in the library from 11:20 – 1:30. Note, the Library will be open at 11 as a “teen room” with games and snacks.

28. **ANNUAL MEETING, VOLUNTEERS NEEDED** - During the Annual meeting, **March 26**, children's games and activities will be available in the Adams Room from 6:30 through the end of the meeting. (Dinner is to be served from 5 to 6:30.) To ensure that a maximum number of adults can be present in the meeting, we are in need of adults to help downstairs in 30 minute shifts; please sign up on the bulletin board or send Megan an email if you're able to help. Thanks!

39. **SEDER FOR YOUTH MARCH 27** – Save the date! Following Sunday school on **March 27**, we will hold a Seder for children, parents, and parishioners in the Adams Room from 11:00-12:00. The Seder will be led by Norman Shore, an educator in the Washington Jewish community and member of the Adas Israel Congregation. More information regarding what to bring and participation in the service will be emailed to parents soon.

30. **YOUTH OUTREACH PROJECT, WELCOME TABLE, SUNDAY, APRIL 3 - 7.00 - 10.30 AM, Church of the Epiphany** - Youth are invited to join our next outreach project, in partnership with the Church of the Epiphany, 1317 G Street NW. There is room for a total of 12 volunteers to attend the service and breakfast designed for homeless in the area. To sign up please send Megan and email. Check out Epiphany's website, <http://www.epiphanydc.org/ministry/welcometbl.htm>, to learn more about this importance this ministry.

### Parish Prayer List

Taylor Adams • Michael Bennett (sister of Raiford Gaffney) • Mimi Chesslin • Joya Cox •  
 Betty and Jack Davis (Beryl Maloney-Lillaston's Aunt and Uncle) • Gabrielle Giffords •  
 Celia Hahn • Ray Lacey • Dennis Lewis • Paul Long (brother of Elizabeth Long) • Janet McGregor •  
 Randell Prothro • Bruce Ritter • Al Rollins • Carroll Russell Sherer (Peter's mom) • Elin Whitney-Smith •  
 Vicki Street • Kathy Tatko • Phoebe Thompson (grand niece Susan Thompson)

Those of our Parish serving in the military: Clint Billings (son of Kevin Billings and Mary Louise Wagner),  
 George Brown (son of Margaret Brown),  
 August Dannenmaier (son of Chris Dannenmaier and nephew of Bill & Molly Dannenmaier),  
 Jason Earnest (son of Erika Bugge and grandson of Paul Bugge and Lynda Smith Bugge),  
 Karen Gangloff (daughter of Don Gangloff and Linda Huntington),  
 Christian Schmidle (son of Robert and Pamela Schmidle)

### Military Service Deaths

Lance Cpl. Andrew P. Carpenter, 27, of Columbia, TN • Sgt. Robert C. Sisson Jr., 29, of Aliquippa, PA  
 1st Lt. Daren M. Hidalgo, 24, of Waukesha, WI • Cpl. Johnathan W. Taylor, 23, of Homosassa, FL  
 Staff Sgt. Jerome Firtamag, 29, of Pohnpei, Federated States of Micronesia  
 Spc. Andrew C. Wilfahrt, 31, of Rosemount, MN

### Cycle of Prayer

In the Diocese of Washington:

St. Peter's Church, Poolesville  
 Church of the Ascension and St. Agnes, Washington  
 Washington Interfaith Network (WIN)  
 The Commission on Ecumenical and Interreligious Ministries  
 Week of Prayer for Christian Unity

In the Anglican Communion:

We pray for the Province of Abuja, Nigeria

This Week at St. Mark's as of 3/9/1 at 9:30am	
<b>Sunday, March 20– Second Sunday of Lent</b>	
6:00pm - 9:00am	Middle School Winter Lock-in
8:45am - 12:30pm	Nursery Care (Nursery)
<b>9:00am – 10:00am</b>	<b>Holy EUCHARIST</b> and Laying on of Hands, Rev. Susan Flanders; Presiding, Rev. Paul Roberts Abernathy; Co-Presiding
9:00am - 10:00am	Children's Chapel (Adams Room) led by Rev. Paul Roberts Abernathy
9:45am – 10:45am	Sunday School (Classrooms)
10:00am -10:50am	Sermon Seminar (Nave) Otis Gaddis III; Preaching
11:00am – 11:30am	Boys and Girls Choir (Music Studio)
11:00am - 12:15pm	Family Outreach Project (Parish Hall)
<b>11:15am -12:30pm</b>	<b>HOLY EUCHARIST</b> and Laying on of Hands, Rev. Paul Roberts Abernathy; Presiding, Otis Gaddis III; Preaching
11:30am - 1:30pm	Youth Confirmation Class (Penniman Room)
12:45pm - 1:30pm	Boys and Girl's Choir Rehearsal (Nave)
12:45pm - 2:00pm	Pub Lunch (Parish Hall)
1:15pm - 4:00pm	Vestry Meeting (Adams Room)
4:30pm - 6:00pm	Yoga (Dance Studio)
<b>5:00pm – 6:00pm</b>	<b>Contemplative Eucharist</b> (Nave), Paul Roberts Abernathy; Presiding and Preaching
5:00pm – 6:00pm	ACoA Meeting (Room 6)

**Monday, March 21**

10:15am –7:30pm	Dance Classes (Dance Studio)
6:00pm - 7:05pm	Yoga (Adams Room)
7:30pm - 9:00pm	Insight Meditation Group (Nave)
7:30pm - 9:30pm	God's Creation – Our Devastation (Adams Room)
7:30pm - 10:00pm	Players Rehearsal (Parish Hall)

**Tuesday, March 22**

12:15pm – 1:15pm	Yoga Class (Dance Studio)
4:00pm - 8:45pm	Dance Studio Classes (Dance Studio)
6:00pm - 7:05pm	Yoga Class (Adams Room)
5:00pm - 7:00pm	Capital Campaign Steering Committee (Gregory Room)
7:00pm - 9:00pm	Associate/Assistant Rector Search Committee (Library)
7:30pm - 9:30pm	Necessary Losses, Love and Death (Adams Room)
7:30pm - 9:30pm	Lenten Program (Parish Hall)
7:30pm -10:00pm	Players Rehearsal (Nave)

**Wednesday, March 23**

10:30am –11:00am	Organ Rehearsal (Nave)
11:00am - 1:00pm	Wednesday Bible Study (Adams Room)
11:30am - 7:30pm	Dance Studio Classes (Dance Studio)
6:00pm - 7:05pm	Yoga Class (Adams Room)
7:30pm - 9:30pm	Life, Community and Faith Class (Adams Room)
7:30pm -10:00pm	Players Rehearsal (Nave)

**Thursday, March 24**

7:00am - 8:00am	Insight Meditation Group (Nave)
12:00pm -12:30pm	Noon Eucharist (Nave)
4:00pm - 8:30pm	Dance Studio Classes (Dance Studio)
6:30pm - 8:00pm	Yoga Class (Adams Room)
6:30pm - 7:30pm	Thursday Bible Study (Penniman Room)
7:30pm - 9:30pm	Chancel Choir Rehearsal (Nave)
7:30pm - 9:30pm	Imago "Couplehood" Class (Parish Hall)
8:00pm -10:00pm	Players Rehearsal: Chicago (Adams Room)

**Friday, March 25**

7:00am – 8:00am	Yoga Class (Dance Studio)
3:00pm - 10:00pm	Chili Making (Parish Hall Kitchen)
5:00pm – 7:30pm	Dance Classes (Dance Studio)
6:00pm - 8:00pm	Women's AA Meeting (Adams Room)
8:00pm - 10:00pm	Armonia Nova Concert (Nave, Parish Hall)

**Saturday, March 26**

8:30am - 6:00pm	Dance Classes (Dance Studio)
10:00am –12:00pm	Yoga (Adams Room)
10:00am - 2:00pm	Players Rehearsal (Nave)
5:30pm – 10:00pm	Annual Meeting (Adams Room, Parish Hall, Nave) 5:30 Dinner; 6:30 Meeting
6:00pm - 9:00pm	AA Meeting (Adams Room)

**Sunday, March 27 – Third Sunday of Lent**

8:45am - 12:30pm	Nursery Care (Nursery)
<b>9:00am – 10:00am</b>	<b>Holy EUCHARIST</b> , Rev. Paul Roberts Abernathy; Presiding, Rev. William Flanders; Co-Presiding
9:00am - 10:00am	Children’s Chapel (Adams Room) led by Jude Harmon and Doris Burton
9:45am – 10:45am	Sunday School (Classrooms)
10:00am -10:50am	Sermon Seminar (Nave) Loretta Veney; Preaching
10:00am - 12:00pm	Baptism Class (Library)
11:00am – 11:30am	Boys and Girls Choir (Music Studio)
11:00am - 12:15pm	Youth Seder Meal (Adams Room)
<b>11:15am -12:30pm</b>	<b>HOLY EUCHARIST</b> , Rev. Paul Roberts Abernathy; Presiding, Loretta Veney; Preaching
11:30am - 1:30pm	Youth Confirmation Class (Library)
12:45pm - 1:30pm	Boys and Girl’s Choir Rehearsal (Music Studio)
12:45pm - 2:00pm	Pub Lunch (Parish Hall)
1:00pm - 2:00pm	Memorial Service for War Casualties (Nave)
1:15pm - 3:15pm	Membership Development Committee (Library)
2:00pm - 4:00pm	What’s an Episcopalian? (Paul’s Office)
2:00pm - 5:00pm	Players Rehearsal (Nave, Parish Hall)
4:30pm - 6:00pm	Yoga (Dance Studio)
<b>5:00pm – 6:00pm</b>	<b>Contemplative Eucharist</b> (Nave), Paul Roberts Abernathy; Presiding, Loretta Veney; Preaching
5:00pm – 6:00pm	ACoA Meeting (Room 6)

# St. Mark's Episcopal Church, Capitol Hill

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3<sup>rd</sup> and A Streets, SE

Baxter House Church Office: 118 3<sup>rd</sup> Street, SE, Washington, DC 20003  
202-543-0053 (phone) 202-546-3695 (fax) www.stmarks.net

## Office Directory

The Rev. Paul Roberts Abernathy, Rector

Jeff Kempskie, Director of Music

Megan Courtney, Director of Youth Ministries

Susan C. Block, Parish Administrator for Finance & Membership

Rebecca Richards Parish Administrator for Programs and Facilities

Warren E. O'Hearn, Bookkeeper

Edwin D. Green, Maintenance Contractor (240-447-0027)

Jude Harmon, Seminarian

paul.abernathy@stmarks.net

jeff.kempskie@stmarks.net

megan.courtney@stmarks.net

susan.block@stmarks.net

rebecca.richards@stmarks.net

wohearn@hotmail.com

edwin.green@stmarks.net

jude\_aaron@post.harvard.edu

*Adjunct Clergy:* The Reverends William Flanders, Susan Flanders, Carl Siegel, Arnold Taylor

## The Vestry

Senior Warden

Junior Warden

Class of '11

Class of '12

Class of '13

Officers

Kenn Allen (kenn@civilsocietyconsulting.com)

John Sedgewick (sedgewickjohn@gmail.com)

Joe Calizo, Susan Thompson, Mary Lee Watts

Ed Corr, Cecilia Monahan, Vicki Street

Bill Dickinson, Rick Hayes, Marilu Sherer

Kathryn Powers, *Treasurer*, Raiford Gaffney, *Register*,

Norm Wolfe, *Manciple*, Michael Knipe, *Counsel*

## Diocesan Delegates

Mark Lindley

David Deutsch

Rick Rutherford

Maureen Shea (alternate)

## Liturgical Leaders and Worship Participants

Verger

Acolytes

Altar Guild

Lay Servers

Bread & Wine

Beadles

Laying On of Hands

Burton Reist

Sarah Baldwin, Avery Townsend, and Kate Billings (9:00)

Dave Johnson (11:15)

Susan Sedgewick and Ryan Velasco (9:00)

Bertha Martin, Bert and Mary Cooper (11:15)

Pat Latin, Jackie Boddie, Stephanie Deutsch and Bill Doolittle (11:15)

Julie Murphy and Family (9:00)

Linda Chanlee in honor of her mother's 90th Birthday.

Charlie Donnelly, Terry Adlhock and Jeffrey Hunter

John Barton and Suella Henn (9:00)

Lilly March (11:15)