



WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
**CAPITOL HILL**

“THE CHURCH OF THE OPEN COMMUNION”

St. Mark's Mission Statement

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE FOURTH SUNDAY AFTER EPIPHANY

JANUARY 29, 2012

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9:00AM HOLY EUCHARIST

9:00AM CHILDREN'S CHAPEL

10:00AM SERMON SEMINAR

11:15AM HOLY EUCHARIST

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**Presider and Preacher**

The Reverend Paul Roberts Abernathy, Rector

**Co-Presider (9:00)**

The Reverend Susan Flanders, Adjunct Clergy

**Children's Chapel**

Ms. Kristen Hawley, Seminarian

**Organist**

Mr. Jeff Kempeskie, Director of Music

*Hymnals* are on the book carts by each entrance to the Nave.

*Cell Phones* – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

*Hearing* – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

# VISITING OR NEW TO ST. MARK'S?

**WE WELCOME YOU TO ST. MARK'S!** Wherever you are on your faith journey, we invite you to celebrate life with us. Worship is in the round, and you are invited to sit anywhere in the Nave. Bulletin boards, restrooms and a water fountain are located in the hallway, and the Parish Hall is just beyond. If you have questions, please introduce yourself to the Vestry Greeter at the end of the service.

**Wooden Cross** Hanging over the central altar, the wooden cross, constructed of rough pine boards joined with dowels and stained in dark mahogany with a polyurethane finish, this stark and simple "old rugged cross," dedicated on November 22, 1992, was intended for use on noon-festive occasions. It was designed and made by Bill Dannenmaier.

## WORSHIP SERVICES AND FELLOWSHIP AT ST. MARK'S

The **9 am Holy Eucharist** is without a sermon. At 9:45 am, children go to Sunday School classes.

The **9am Children's Chapel**, in the Adams Room, is a kid-friendly short service (20 minutes or so) of songs, prayers, and a confession ritual. At the Peace, the group rejoins the service in the Nave. (On the second Sunday of the month, when the 9am service is the Family Eucharist, Children's Chapel is not held.)

The **10 am Sermon Seminar**. After the sermon, all are invited to comment on what or how the sermon "spoke" personally. Sermon Seminar concludes by 10:45 am and is often followed by a **Coffee Hour** in the Parish Hall.

The **11:15 am Eucharist and Sermon** is a more traditional format. It is often followed by a **Pub Lunch** at 12:30 pm in the Parish Hall, to which all visitors are invited as our guests.

**5 pm Eucharist** is a contemplative service with a homily and meditative music held every Sunday. An informal social hour follows the service where food and beverages are shared.

In the spirit of inclusion we offer both a "teleloop" system and infrared headsets for those who are hard of hearing. To access the signal, switch your own hearing aid to the "T" position. Headsets are available by the doors from the beadles (ushers).

## CUSTOMS AND TRADITIONS

**Open Communion** is our invitation to *everyone* to gather around the altar for spiritual and communal nourishment. We believe this meal is a manifestation of God's love for each of us, regardless of our religion, beliefs or questions.

**Announcements** of church activities are often made by parishioners during the service. You can find more details in the Sunday Bulletin as well as on our website, [www.stmarks.net](http://www.stmarks.net). To become more informed on the many parish life activities and events and be more engaged in our church community you may wish to subscribe to the Gospel According to St. Mark's – our weekly electronic newsletter. To subscribe, send an email requesting subscription to our parish administrator, Susan Block, at [Susan.Block@stmarks.net](mailto:Susan.Block@stmarks.net).

**Childcare** - St. Mark's Nursery provides care for children up to 3 1/2 yrs old during the Sunday morning worship services. Caregivers are available from 9:45 -11:45 pm in the Nursery (lower level).

# The Holy Eucharist

## The Liturgy of the Word

✠ *Portions of the liturgy omitted at the 9:00 AM service*

**Prelude** Concerto Grosso, Op. 6 No. 8  
Adagio – Allegro – Adagio

Arcangelo Corelli (1653-1713)  
arr. Jan Vermulst

**Opening Hymn** 493 O for a thousand tongues to sing

*Azmon*

**Opening Sentences** Psalm 111:1-3

*The St. Helena Psalter, adapted*

**Presider** Alleluia! I will give thanks to you, O God, with my whole heart,

**People** **in the assembly of the congregation.**

**Presider** Great are your deeds, O God!

**People** **they are studied by all who delight in them.**

**Presider** Your work is full of majesty and splendor,

**People** **and your righteousness endures for ever.**

**Collect**

*Written by the Rector*

**Presider** Let us pray.

**O God, gracious is your governance that flows from the heart of your love for us.  
Grant us the peace of trust in your kindness that we may walk in faith with the One  
who leads us to you, your prophet, our brother, Jesus Christ. Amen.**

*The people sit.*

✠ **The Hebrew Scripture** Deuteronomy 18:15-20

*Read by Holly Madsen (11:15)*

Moses said, The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak-- that prophet shall die."

**Reader** Hear what the Spirit is saying to us.

**People** **Thanks be to God.**

**Sequence Hymn 536 God has spoken to his people vv. 1-2**

*Torah Song*

**The Gospel Mark 1:21-28**

Gospeller The Gospel of Jesus Christ according to Mark.

**People**



Glo-ry to you, Lord Christ. \_\_\_\_\_

Nancy Karpeles

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching-- with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Gospeller This is the Gospel of Jesus Christ.

**People**



Praise to you, Lord Christ. \_\_\_\_\_

Nancy Karpeles

**Sequence Hymn 536 God has spoken to his people vv. 3-4**

*Torah Song*

✠ **Sermon A Statute of Liberty**

The Rector

**The Prayers of the People for Epiphany**

Written by Loretta Veney, *revised*  
Led by Kenn Allen (9:00), Susan Witek (11:15)

Leader With whole hearts, open minds and undying love for our communities, let us pray, saying, "God, grant us grace."

We pray for our community as family that we may treat others as we want to be treated, be they family by blood of kinship or by bond of friendship.

Let us pray, saying,

**People God, grant us grace.**

Leader We pray for our community as love that we may strive for charity unconditional at all times, toward all people, especially the "others" in our midst. Let us pray, saying,

**People God, grant us grace.**

Leader We pray for our community as order that those who lead – here, in the nation, and the world – will decide wisely and act faithfully for the benefit of all. Let us pray, saying,

**People God, grant us grace.**

Leader We pray for our community as prophet that we may share both our beliefs and our doubts with love and with care. Let us pray, saying,

**People God, grant us grace.**

Leader We pray for our community as redemption that we, in this new year, open to the ministrations one of another, may continue to become who, in Christ, we already are. Let us pray, saying,

**People God, grant us grace.**

Leader We pray for our community as transformation that we, in humility, may share in and with the world all that we are and all that we have. Let us pray, saying,

**People God, grant us grace.**

Leader All may share prayers of petition, intercession, and thanksgiving silently or, if aloud, ending by saying, “God, in your mercy,” to which the community will respond, “Hear our prayer.”

*A period of time is observed for the people’s prayers.*

Leader Let us pray.

**All In this season of Epiphany, we ask for enlightenment that we may transform faithful intentions into fruitful actions that glorify you, O God, and edify your people. We pray to you as holy and eternal community, Creator, Son, and Spirit. Amen.**

### **The Peace**

Presider God’s peace be with you.

**People And also with you.**

### **Vestry Greeting**

Phil Guire (9:00)

### **Rector’s Greeting**

# The Liturgy of the Table

**Offertory Anthem** O Saviour of the World

John Goss (1800-1880)

Chancel Choir

*O Saviour of the World, who by thy cross and precious blood hast redeemed us.  
Save us and help us, we humbly beseech Thee, O Lord. Amen*

**Presentation Hymn** 119 v. 1

*Dix*

As with gladness those of old did the guiding star behold;  
As with joy they hailed its light, leading onward, beaming bright;  
So, most gracious Lord, may we evermore be led to thee.

**The Great Thanksgiving**

*from Prayers for an Inclusive Church*

**Presider** God be with you.

**People** **And also with you.**

**Presider** Lift up your hearts.

**People** **We lift them to God.**

**Presider** Let us give thanks to our God.

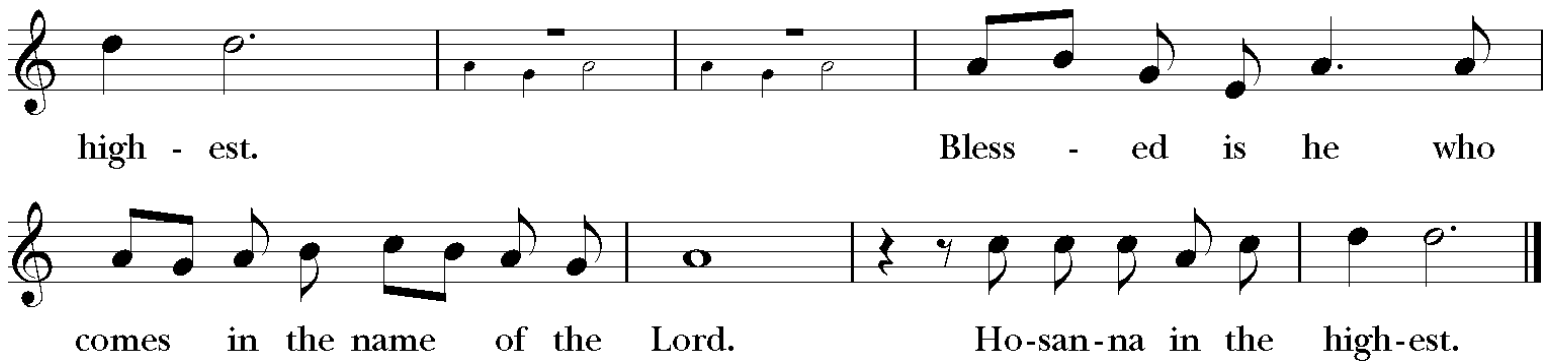
**People** **It is right to give God thanks and praise.**

**Co-Presider** We praise you, God of many names, whose Spirit runs free through all the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to every people, calling forth the best they have to offer; your Beloved is immersed in the waters of creation healing the chaos that floods our world; your son is the guest who offers new wine changing hearts grown withered and cold. Therefore we celebrate the rays of morning light that bathe the world in glory and kindle a new song:

**Sanctus** S 128

William Mathias

Ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the



high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

**Presider** We ask that your Holy Spirit will fall upon us and upon these gifts that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ; who, on the night that he was betrayed gathered with his faltering friends for a meal that tasted of freedom. Calling them to his table, he took the bread, gave thanks, broke it and said: "This is my body which is given for you. Do this to remember me."

**Co-Presider** In the same way after supper, he took the cup, saying: This cup is the new covenant in my blood. Do this, whenever you drink it to remember me." As on that night, so here and now he offers himself in touch and taste beyond all words can hold.

**All** **Christ has died: Christ is risen: Christ will come again.**

**Presider** Therefore, we come to him in whom all is created in heaven and on earth, whose cross and resurrection make all things new. We offer this to you, asking you to smile upon the gifts we bring, for you alone are the Giver and Christ is the gift through which we live once and for all. Through him who was emptied to bear your fullness we make our prayer with all created life to the glory of the God who fills all in all now and forever.

**All** **AMEN.**

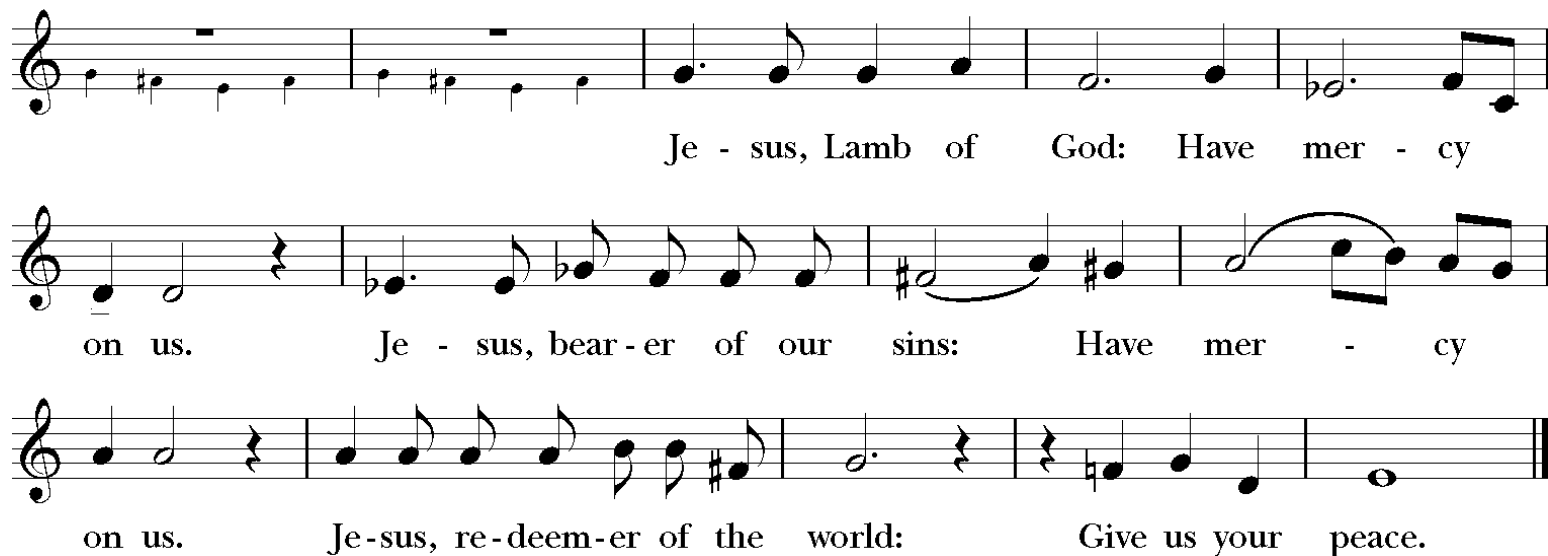
**Presider** And now, as Jesus taught us, we are bold to say,

**People** **Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

## The Breaking of the Bread

Fraction Anthem S 165

William Mathias



Je - sus, Lamb of God: Have mer - cy  
on us. Je - sus, bear - er of our sins: Have mer - cy  
on us. Je - sus, re - deem - er of the world: Give us your peace.

## The Communion

*Everyone is invited to God's Table. Gather, one group at a time, around the altar platform. Remain until everyone has received the bread and wine and has been dismissed by the Presider, saying, "Go in peace." You may consume the bread, then receive the wine by taking a sip from the chalice or goblet OR you may hold the bread, which will signal that you wish to intinct (dip it) into the chalice or the goblet. A non-alcoholic alternative to wine is offered in the glass goblet.*

## Music during Communion

Hymn 339 Deck thyself, my soul, with gladness

*Schmucke dich*

Hymn 448 O love, how deep, how broad, how high vv. 1-3, 6

*Deus tuorum militum*

LEVAS 19 Wayfaring Stranger

American Folk Song, arr. Horace Clarence Boyer

## The Post Communion Prayer

**God revealed in human form, we thank you for sharing with us the abundance of your life: in the beauty of humility may we receive with joy the stranger's gift, the water's grace, the living wine of love's desire. Amen.**

## ✦ Announcements

**Closing Hymn** 616 Hail to the Lord's Anointed

*Es flog ein kleins Waldvoegelein*

## The Blessing

Presider

May Christ, who draws the nations to himself, teach us to love our enemies; may Christ who enters the waters of baptism, lead us to die to all but love; may Christ, who gives new wine for the world, turn our bitterness into joy; and the blessing of God, Creator, Sustainer and Redeemer be with us now and forever. Amen.

## The Dismissal

Co-President Let us go forth in the name of Christ. Alleluia! Alleluia!

All **Thanks be to God. Alleluia! Alleluia!**

**Postlude** Concerto Grosso, Op. 6 No. 8  
Vivace – Grave – Allegro

Arcangelo Corelli  
arr. Jan Vermulst

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PERMISSIONS *O Saviour of the World*. Words: The Collect from the Ministration to the Sick, BCP p. 455. Public domain. Music: John Goss (1800-1880), © 1985 Arista Music Co. All rights reserved. Presentation hymn: *As with gladness men of old*. Text: William Chatterton Dix (1837-1898). Music: *Dix*, melody Conrad Kocher (1786-1872); arr. William Henry Monk (1823-1889); harm. *The English Hymnal*, 1906. The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*. Music: William Mathias (1934-1992) © 1976 Oxford University Press. All rights reserved. Reprinted under OneLicense.net A-718991. The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*. Music: William Mathias (1934-1992) © 1976 Oxford University Press. All rights reserved. Reprinted under OneLicense.net A-718991.

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**Sermon Seminar**  
10:00am Nave

**Announcements**

**The Hebrew Scripture** Deuteronomy 18:15-20

*Read by* Rick Rutherford

**Sermon**

The Rector

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**Announcements**

*Announcements, not to exceed 125 words, are to be submitted to Rebecca Richards by 5:00pm on Tuesday preceding the Sunday the announcement is to run.*

**1. PLEDGE PAYMENT ALERT! PLEDGE PAYMENT ALERT! PLEDGE PAYMENT ALERT!**

In previous years, when the Canvass was the only annual pledge fundraiser, those who record donations could assume that checks from pledgers were Canvass payments (unless there was an accompanying memo to the contrary). However, now that annual 2012 Canvass and the Vision 2020 Capital Campaign are running simultaneously, this is no longer the case. (Although highly likely that memo-less checks from pledgers are pledge payments, there is no way to guess which pledge is being paid!)

***Please help us accurately credit your checks by:***

Writing separate checks for each different kind of pledge payment.

Noting the pledge you are paying on the memo line of your check (Pledge 2012 or Vision 2020).

If you use an **online bill-payment service**, please keep your check memos as short as possible. When the checks are printed, online services typically cut the memo to a word or two. Thus, we suggest limiting your memos to "P2012" or "V2020".

For **cash donations**, please put your cash in a sealed envelope. Write your name and the pledge you are paying on the envelope. (Donation Envelopes can be found in all Nave tract racks.)

Thank you very much! Questions? Please contact Susan Block, Parish Administrator for Finance and Membership, [susan.block@stmarks.net](mailto:susan.block@stmarks.net) or 202-543-0053 ext. 305.

**Annual Meeting**

**2. MARK YOUR CALENDAR!** St. Mark's 2012 Annual Meeting will be held after a single worship service on **March 11**. Three Vestry members and a Diocesan Delegate will be elected to three-year terms. Be thinking about excellent candidates (maybe you!) and be on the lookout in the next couple of weeks for information from the Nominating Committee on the nomination process.

**Annual Parish Retreat**

**3. IT'S NOT TOO EARLY TO MARK YOUR CALENDAR** for St. Mark's **Annual Parish Retreat at Shrine Mont**, the Diocese of Virginia's bucolic retreat center in Orkney Springs, Virginia. The dates are **Friday, June 8 through Sunday, June 10**. All are invited to join the fun. There are woods to hike in, a pool to swim in, time for fellowship, conversation and relaxation and special activities for youth. Please stay tuned for details.

**Music**

**4. MUSIC STUDIO** The St. Mark's Music Studio is excited to now offer voice lessons through teacher Kellie McHugh ([kellie.mchugh.81@gmail.com](mailto:kellie.mchugh.81@gmail.com)). Jeff Kempeskie and Nadine Hathaway also continue to offer piano lessons for both children and adults at very reasonable rates. Contact the Director of Music at [jeff.kempeskie@stmarks.net](mailto:jeff.kempeskie@stmarks.net) for more information.

## Christian Ed

*We welcome your participation and your interest in Christian Education classes offered at St. Mark's. Let us know where your interests lie in becoming more involved in the life of the parish!*

### Gateway Classes

5. **LIFE COMMUNITY & FAITH: Spring 2012** – Starts Tuesday night on 1/31/2012 – Come explore your faith! Try a new spiritual path, or give up an old one, confirm your questions, challenge your answers, engage in community and enjoy a great beach weekend! Open to all, especially newcomers. Dates & Time: **January 31–April 3, 2012, Tuesdays, 7:30–9:30 pm (10 sessions and 2 retreats). Weekends: February 10–12, 2012, at DuPont House, Rehoboth, DE, and March 23–25, 2012, at Roslyn Center, Richmond, VA.** The dynamic leadership team includes Susan Flanders, Adjunct Clergy with longtime expertise in Christian Education; our own Assistant Rector, Justi Schunior, who took LCF in the fall; as well as Charlie Rupp and Joe Tarantolo. Fee: \$250 (covers costs of first retreat; second retreat funded by a private donation). Child Care support available upon request.
6. **WHAT'S AN EPISCOPALIAN? Tradition, Liturgy & Theology** -- This 4-week class, a preparation for the Rite of Confirmation in the Episcopal Church, is designed as a lens through which class members can examine the promises and commitments involved in being a confirmed communicant. The course focuses on the history and traditions of the Anglican/Episcopal Church and key elements of our worship experience. Dates & Times: **February 5, 12, March 4, 11, Sundays 2-4 pm (4 sessions).** Location: Adams Room. Leader: Paul Abernathy. Fee: \$25 voluntary contribution to defray costs.

### Adult Class Offerings – Winter 2012

7. **UNBURDENING OUR HEARTS: Choosing Forgiveness** -- Do you long to let go of past hurts and resentments and feel more peaceful? In this functional education class we will explore the spiritual meanings of forgiveness as well as what hinders us and what helps us in unburdening our hearts and forgiving ourselves and others. Dates & Time: **February 13–March 12 (5 sessions),** Mondays in the Adams Room, 7:30–9:30 pm. Weekend Retreat, February 24–26 at Roslyn Center, Richmond, VA. Leaders: Elizabeth McCain, Don Lipscomb, Jack Burton, Linda Ewald. Fee \$250 (retreat cost).
8. **LIFE CHANGES: WHAT DO I DO NEXT?:** Change happens to us by choice, or suddenly and unexpectedly. I can put my head in the sand or fall backward, or I can choose to respond faithfully. But what upholds me when I hold inside myself 'a community of opposites'? This class explores major decision points in our lives and how we identify our fears and our faith. Whether it's losing or finding a new job, retiring, getting married or divorced, having a child, facing serious illness or losing a loved one, it's time to hit the reset button. The class is partially inspired by Fr. Richard Rohr's book "Falling Upwards: Spirituality in the Two Halves of Life". Dates & Time: **February 29–April 4 (6 sessions), Wednesdays, 7:30–9:30 pm** in the Adams Room. **Weekend Retreat: March 16–18 at Roslyn Center,** Richmond, VA. Leaders: Pete Eveleth, Matthew Black, Nadine Hathaway, Louise Walsh. Fee for weekend: \$250.
9. **THE BOOK OF JOB: JOB'S CHALLENGE TO GOD: ARE YOU, OUR CREATOR, THE SOURCE OF UNMERITED SUFFERING?** All of us know that life entails pain as well as joy—innocent children are afflicted with disabilities, saints as well as sinners are swept away in natural disasters, the path toward death is often agonizing. Yet we are told repeatedly in worship that the Creator is good. The class will be held during Lent and will use close textual study of Job as well as experiential work to explore the implications of a more complex perception of God and examine how best to respond to a possibly altered vision of the Divine/Holy One. The class leaders are Nat White and Susan Thompson. We welcome any questions and can be reached most Sundays in church, at home at (703) 281-1966 and (703) 329-9797, or by e-mail at whitent@con.net and susanthompsonhoffman@yahoo.com. Cost: \$25. Dates and Time: **Tuesday evenings—March 6, 13, 20, and 27—7:30-9:30** in the Gregory Room at Baxter House (**4 sessions / no retreat**).

### Looking Ahead

10. **SHRINE MONT 2012:** And it's never too early to start thinking about our summer Parish Retreat at Shrine Mont in Orkney Springs, Virginia. Mark your calendar now for a fun-filled weekend, **June 8-10, 2012.**

## Outreach

11. **SOUP KITCHEN – YOUR OPPORTUNITY TO SERVE ST. MARK’S!** Become one of the three Soup Kitchen Co-Managers! Primary monthly activity includes: making two brief oral announcements; submitting two or three original or preformatted computer announcements for publication; assisting with monthly purchase of food at Costco, in Arlington (a Saturday morning - 30 minutes, with a St. Mark’s access card); receiving (and, optionally, delivering) monthly casseroles to a nearby church (30 minutes); and assisting with making (and, optionally, delivering) 225 sandwiches to “a Outreach group in D.C. (Max: - 2 hours). *That’s all there is to it! Less than 3 hours, spread over three weeks, once a month!* Your active role in this important program will be most welcome by all concerned with Outreach sustenance for needy persons! Could you do this or become part of this effort? Please contact Jack Richards for more information!

12. **A REMARKABLE HAITIAN CONCERT:** Please mark your calendars for Saturday evening, **February 11**, from 6:30 to 9 PM. Carlot Dorve, a graduate of St. Vincent's Center for Handicapped Children in Haiti, will conduct a trumpet concert in the parish hall. Carlot is currently a student at Michigan State University where he is studying music. St. Mark's donated half of its 2011 Mite Box proceeds to the Center. Dessert will be provided before the concert from 6:30-7 during a brief presentation by Service To Serve Haiti (STSH) members from three D.C. area churches on their volunteer work in Haiti with local partners: St. Vincent's, Haiti MICAHA and Fonkoze (Grameen Foundation USA). he will; be playing Haitian, bassa nova and classical selections.

## Worship

### 13. **WEEK-DAY SERVICE AND MEDITATION OPPORTUNITIES**

<u>Mondays 7:30 to 9:00pm</u>	Insight Meditation in the Nave
<u>Thursdays 7:00 to 8:30am</u>	Insight Meditation in the Nave
<u>Thursdays Noon to 12:45pm</u>	Holy Eucharist in the Chapel

14. **NAME TAGS!!** - We need to wear them for new folks and name-challenged old timers! Thanks to Steve Schindel, who magically cranks out the tags. Just sign up on the clip board next to the name tag board. If you want to change your current name tag, sign up or e-mail me. [linda\\_huntington@yahoo.com](mailto:linda_huntington@yahoo.com)

15. **SAVE THE DATE!** All are welcome to attend our “Hearty Eucharist.” The Sunday 5 PM Contemplative Eucharist at St. Mark’s has been active for over two years. To help us celebrate, we gather as the first century Christians did, to share a common meal in community. This Eucharist is hearty in that we share more than small portions of bread and wine, combining our abundance of the fruits of this earth into the making of a communal meal. Because we are a faith community we gather around these tables to share food, fellowship and prayers as we remember Jesus’ last supper with his disciples. **Sunday February 19 at 5 pm in the Nave**

16. **CELEBRATION OF THE LIFE OF LAEL STEGALL AND COMMITMENT OF HER ASHES** Join family, friends and colleagues to remember this longtime parishioner, activist and adventurer. Saturday, **February 11** at 11 AM, with reception to follow.

17. **BECOME A LAY SERVER AND ENTER THE INNER CIRCLE!** As a newcomer, I thought the pillars of the church selected readers, lay servers, acolytes, and beadles for their duties. I held back from volunteering until someone asked me. Consider this your invitation! :o) Call Linda Dickinson, 9:00 coordinator, 703-370-3089 or Linda Huntington, 11:15 coordinator, 301-279-2248.

## Parish Life

18. **CAREGIVERS SUPPORT GROUP-** The next meeting of the support group for those caring for a loved one or ones seriously ill or otherwise incapacitated, will be on **Monday, February 13, 2012**, at 7:30 PM in the Penniman Room. Feel free to contact the group leaders: Suella Henn, [swhenn@mac.com](mailto:swhenn@mac.com), phone 202-544-0113, or Mary Welker, [marymwelker@aol.com](mailto:marymwelker@aol.com), 202-387-4083.

19. **SOCIAL CONNECTION E-GROUP** - It may take years, if then, to learn what parishioners enjoy doing. And just knowing doesn't always help you find a companion, often at short notice, for various activities. I propose a new e-group whose members could post an event and ask if others would like to join them. Please let me know if this is something you would use. Linda Huntington 301 279-2248.
20. **ST MARK'S READING GROUP:** On **February 6**, we will discuss *Lacuna* by Barbara Kingsolver. On **March 5**, we will read *All Our Worldly Goods* by Irene Nemirovsky. *In the Garden of Beasts* will probably be our June book since it comes out in paperback in May. All are welcome! Questions should be directed to Linda Ewald at llerbe@yahoo.com.
21. **ST MARK'S WOMAN TO WOMAN - SAVE THE DATE! Friday, February 3** 6:30pm - Pot Luck & Margaret Hollister discussion on her book: INHERITING CHINA: A MEMOIR. Margaret is a treasure among us, 90+ yrs old -- living on Capitol Hill a few blocks from St. Mark's. She has already met with one small St. Mark's book group, and is very much looking forward to meeting more St. Mark's women. The event will be in the parish hall. If you would like to read the book beforehand write a check for \$20 to Margaret Hollister & contact Janice Gregory @ janmaxgreg@msn.com or (202)544-8177. Attendees are asked RSVP to edna62@juno.com, letting us know if you are bringing a main dish, salad, dessert, red wine and sparkling water or white wine and sparkling water
22. **GREEN LIONS COME ROARING BACK!** The Green Lions committee will champion environmental stewardship, work to ensure the wise use of resources in our community, help create a sustainable environment, and respect the interdependence of all animals and plants on earth. The planning group is hosting a delicious pub lunch on **February 12** to introduce some of its plans to the St. Mark's community and to invite you to become involved. Please come!
23. **GREEN LIONS ASK YOU TO SAVE THE DATE** - On **Saturday, March 17**, from 1:00 - 5:00 in the Adams Room, Julie Gabrielli, award-winning green business expert, will help the Green Lions develop an action plan.
24. **LICHFIELD BULLETINS:** a new batch has arrived and is posted on the Lichfield bulletin board space. These are from Advent/Christmas so you can get an idea of an English Christmas. Also: each pack includes the diocesan newspaper which is filled with interesting information: articles about outreach and what various parishes are doing as well as ads for retreats, etc. If you're headed to the UK for the summer Olympics, consider including a visit to our sister congregation. Pat & Brian Emsall can help with homestays and you will get a royal welcome! Contact Doris Burton ([dmburton21@gmail.com](mailto:dmburton21@gmail.com)) with questions.

### **Youth and Family Ministries**

*Marcella Gillis, St. Mark's Director of Youth Ministries can be reached at  
Marcella.gillis@stmarks.net or (202) 543-0053 x320*

25. **SAFEGUARDING GOD'S CHILDREN: Spring Sessions** The spring schedule for classes in the the Dioceses' required child abuse prevention training (for full time church employees and volunteers working with youth) has now been confirmed. Please sign up for one of these Saturday morning sessions and encourage others to participate so that we are able safely continue and enrich our youth and family ministries!

#### **Dates and locations:**

- Saturday, 2/11/12 (9:30 am - 12:30pm) - All Souls' Church, DC (Region 2)  
Saturday, 2/25/12 (9:30 am - 12:30pm) - Atonement Church (Region 5)  
Saturday, 3/24/12 (9:30 am - 12:30pm) - St. John's, Broad Creek (Region 6)  
Saturday, 4/21/12 (9:30 am - 12:30pm) - St. Paul's, Rock Creek (Region 5)  
Saturday, 5/19/12 (9:30 am - 12:30pm) - St. John's, Norwood (Region 3)  
Saturday, 6/9/12 (9:30 am - 12:30pm) - Epiphany, DC (Region 1)

### Parish Prayer List

Lolita Abernathy (Paul's mother) • Taylor Adams • Mimi Chesslin • Joya Cox •  
 Betty and Jack Davis (Beryl Maloney-Lillaston's Aunt and Uncle) • Taylor Emerson (Randy Mark's niece) •  
 Julio Gomez • Celia Hahn • Morgan Hamlin (Goddaughter of Pamela and Robert Schmidle) •  
 Dennis Lewis • Nat Marks • Lila Marks • Randell Prothro • Bruce Ritter • Al Rollins •  
 Carroll Russell Sherer (Peter's mom) • Doris Strange • Vicki Street • Bill Wachter •  
 Geneva Watkins (Pontheolla's mother) • Mary Welker • Elin Whitney-Smith •

In thanksgiving for **Jessie Evans Babcock** and **Hunter Earl Davis** (son of Lance Davis and Melanie Hartwig-Davis) who will be Confirmed at the Washington National Cathedral on Saturday, February 4 at 10.00 AM.

Those of our Parish serving in the military: Clint Billings (son of Kevin Billings and Mary Louise Wagner),  
 George Brown (son of Margaret Brown),  
 August Dannenmaier (son of Chris Dannenmaier and nephew of Bill & Molly Dannenmaier),  
 Jason Earnest (son of Erika Bugge and grandson of Paul Bugge and Lynda Smith Bugge),  
 Christian Schmidle (son of Robert and Pamela Schmidle, husband of Jen Salerno)

### Military Service Deaths

Capt. Daniel B. Bartle, 27, of Ferndale, WA • Capt. Nathan R. McHone, 29, of Crystal Lake, IL  
 MSgt. Travis W. Riddick, 40, of Centerville, IA   Cpl. Jesse W. Stites, 23, of North Beach, MD  
 Cpl. Kevin J. Reinhard, 25, of Colonia, NJ   Cpl. Joseph D. Logan, 22, of Willis, TX  
 Cpl. Phillip D. McGeath, 25, Glendale, AZ   Spc. Keith D. Benson, 27, of Brockton, MA  
 Cpl. Jon-Luke Bateman, 22, of Tulsa, OK   Lance Cpl. Kenneth E. Cochran, 20, of Wilder, ID  
 Sgt. 1st Class Benjamin B. Wise, 34, of Little Rock, AK

### Cycle of Prayer

In the Diocese of Washington:

Christ Church, Washington Parish  
 Christ Church Parish, Kensington

In the Anglican Communion:

We pray for The Anglican Church of Burundi

This Week at St. Mark's as of 1/11/12 at 9:30am

#### Sunday, January 29

8:45am – 12:45pm	Child Care ( <b>Nursery</b> )
<b>9:00am –10:00am</b>	<b>Holy Eucharist</b> (Nave) Rev. Paul Roberts Abernathy, Presiding
9:00am - 9:30am	Children's Chapel (Adams Room)
10:00am -11:00am	Marching Through the Bible (Music Studio)
10:00am - 11:00am	Sermon Seminar (Nave) Rev. Paul Roberts Abernathy, Preaching
11:00am – 11:45am	Boys and Girls Choir Rehearsal (Room 1)
<b>11:15am -12:30pm</b>	<b>Holy Eucharist</b> (Nave) Rev. Paul Roberts Abernathy , Presiding and Preaching;
12:45pm – 2:00pm	Pub Lunch (Parish Hall)
1:15pm - 3:00pm	Pillar Council (Adams Room)
4:30pm - 6:00pm	Yoga Class (Dance Studio)
<b>5:00pm – 6:00pm</b>	<b>Contemplative Eucharist</b> (Nave) Rev. Paul Roberts Abernathy, Presiding and Preaching
5:00pm - 6:00pm	ACoA Meeting (Room 6)

<b>Monday, January 30</b>	
10:00am – 7:30pm 6:00pm - 7:05pm 7:30pm - 9:30pm	Dance Classes (Dance Studio) Yoga Class (Adams Room) Insight Meditation (Adams Room)
<b>Tuesday, January 31</b>	
12:15pm - 1:15pm 4:00pm - 9:00pm 5:00pm - 7:00pm 6:00pm - 7:05pm 7:30pm - 9:30pm	Yoga Class (Dance Studio) Dance Classes (Dance Class) Vision 2020 (Gregory Room) Yoga Class (Adams Room) Life, Community and Faith Class (Adams Room, Classrooms)
<b>Wednesday, February 1</b>	
11:00am - 1:00pm 11:30am - 8:00pm 6:00pm - 7:05pm 7:00pm - 9:00pm	Wednesday Bible Study (Adams Room) Dance Classes (Dance Studio) Yoga Class (Adams Room) Executive Committee of the MEWG (Library)
<b>Thursday, February 2</b>	
7:00am - 8:00am 12:00pm – 12:30pm 4:00pm - 8:30pm 6:30pm - 8:00pm 7:00pm - 9:00pm 7:30pm - 9:30pm	Insight Meditation Group (Nave) Thursday Noon Eucharist (Chapel) Dance Classes (Dance Studio) Yoga Class (Adams Room) Thursday Bible Study (Penniman Room) Choir Rehearsal (Nave)
<b>Friday, February 3</b>	
7:00am - 8:00am 11:45am – 7:30pm 6:00pm - 8:00pm 6:30pm - 9:00pm	Yoga Class (Dance Studio) Dance Classes (Dance Studio) Women's AA Meeting (Adams Room) Women 2 Women Event (Parish Hall)
<b>Saturday, February 4</b>	
8:30am - 6:30pm 10:00am -12:00pm 6:00pm - 9:00pm 6:30pm – 10:00pm	Dance Classes (Dance Studio) Yoga Class (Adams Room) AA Meeting (Adams Room) Wimple Anniversary Party (Parish Hall)
<b>Sunday, February 5</b>	
8:45am – 12:45pm <b>9:00am –10:00am</b>  9:00am - 9:30am 10:00am -11:00am 10:00am - 11:00am 11:00am – 11:45am <b>11:15am -12:30pm</b>  12:45pm – 2:00pm 2:00pm - 4:00pm 4:30pm - 6:00pm <b>5:00pm – 6:00pm</b> 5:00pm - 6:00pm	Child Care ( <b>Nursery</b> ) <b>Holy Eucharist</b> (Nave) Rev. Justi Schunior, Presiding; Rev. Paul Roberts Abernathy, Co-Presiding Children's Chapel (Adams Room) Rev. Paul Roberts Abernathy, Leading Marching Through the Bible (Music Studio) Sermon Seminar (Nave) Rev. Justi Schunior, Preaching Boys and Girls Choir Rehearsal (Room 1) <b>Holy Eucharist</b> (Nave) Rev. Justi Schunior, Presiding and Preaching; Rev. Paul Roberts Abernathy, Co-Presiding Pub Lunch (Parish Hall) What's an Episcopalian? (Adams Room) Yoga Class (Dance Studio) <b>Contemplative Eucharist</b> (Adams Room) Rev. Justi Schunior, Presiding and Preaching ACoA Meeting (Room 6)

# St. Mark's Episcopal Church, Capitol Hill

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3<sup>rd</sup> and A Streets, SE

Baxter House Church Office: 118 3<sup>rd</sup> Street, SE, Washington, DC 20003

202-543-0053 (phone) 202-546-3695 (fax) www.stmarks.net

## Office Directory

The Rev. Paul Roberts Abernathy, Rector	paul.abernathy@stmarks.net
The Rev. Justi Schunior, Assistant Rector	justi.schunior@stmarks.net
Jeff Kempskie, Director of Music	jeff.kempskie@stmarks.net
Marcella Gillis, Director of Youth Ministries	marcella.gillis@stmarks.net
Susan C. Block, Parish Administrator for Finance & Membership	susan.block@stmarks.net
Rebecca Richards Parish Administrator for Programs and Facilities	rebecca.richards@stmarks.net
Warren E. O'Hearn, Bookkeeper	wohearn@hotmail.com
Edwin D. Green, Maintenance Contractor (240-447-0027)	edwin.green@stmarks.net
Jude Harmon, Seminarian	jude_aaron@post.harvard.edu
Kristen Hawley, Seminarian	khawley@vts.edu

*Adjunct Clergy:* The Reverends William Flanders, Susan Flanders, Carl Siegel, Arnold Taylor

## The Vestry

Senior Warden	Cecilia Monahan (cartermonahan@yahoo.com)
Junior Warden	Phil Guire (stmarksjuniorwarden@gmail.com)
Class of '12	Ed Corr, Jim Steed, Vicki Street
Class of '13	Bill Dickinson, Rick Hayes, Marilu Sherer
Class of '14	Grady Hedgespath, Charlotte Murray, Janet Vail
Officers	Crane Miller, <i>Treasurer</i> , Mary Cooper, <i>Register</i> , Susan Sedgewick, <i>Manciple Coordinator</i> , Karlyn Stanley, <i>Counsel</i>

## Diocesan Delegates

David Deutsch

Rick Rutherford

Maureen Shea

## Liturgical Leaders and Worship Participants

Verger	David Deutsch
Acolytes	(9:00) Stephanie Deutsch (11:15)
Lay Servers	Donna Sabino, David Willson, Belinda Sims, Randy Marks (9:00) Pat Latin Linda Ewald Bertha Martin Linda Cheatham (11:15)
Altar Guild	Susan Sedgwick and Sherrill Taylor (9:00) Bertha Martin and Jane Miller (11:15)
Bread and Wine	The Townsend Family(9:00) Jane and Crane Miller (11:15);