



WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
CAPITOL HILL

“THE CHURCH OF THE OPEN COMMUNION”

St. Mark's Mission Statement

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE FIFTH SUNDAY AFTER EPIPHANY

FEBRUARY 5, 2012

OUTREACH SUNDAY

9:00AM HOLY EUCHARIST + LAYING ON OF HANDS

9:00AM CHILDREN'S CHAPEL

10:00AM SERMON SEMINAR

11:15AM HOLY EUCHARIST + LAYING ON OF HANDS

Presider and Preacher

The Reverend Justi Schunior, Assistant Rector

Co-Presider

The Reverend Paul Roberts Abernathy, Rector

Children's Chapel Leader

Ms. Marcella Gillis, Director of Youth Ministries

Organist

Mr. Jeff Kempeskie, Director of Music

Hymnals are on the book carts by each entrance to the Nave.

Cell Phones – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

Hearing – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

VISITING OR NEW TO ST. MARK'S?

WE WELCOME YOU TO ST. MARK'S! Wherever you are on your faith journey, we invite you to celebrate life with us. Worship is in the round, and you are invited to sit anywhere in the Nave. Bulletin boards, restrooms and a water fountain are located in the hallway, and the Parish Hall is just beyond. If you have questions, please introduce yourself to the Vestry Greeter at the end of the service.

Wooden Cross Hanging over the central altar, the wooden cross, constructed of rough pine boards joined with dowels and stained in dark mahogany with a polyurethane finish, this stark and simple "old rugged cross," dedicated on November 22, 1992, was intended for use on noon-festive occasions. It was designed and made by Bill Dannenmaier.

WORSHIP SERVICES AND FELLOWSHIP AT ST. MARK'S

The **9 am Holy Eucharist** is without a sermon. At 9:45 am, children go to Sunday School classes.

The **9am Children's Chapel**, in the Adams Room, is a kid-friendly short service (20 minutes or so) of songs, prayers, and a confession ritual. At the Peace, the group rejoins the service in the Nave. (On the second Sunday of the month, when the 9am service is the Family Eucharist, Children's Chapel is not held.)

The **10 am Sermon Seminar**. After the sermon, all are invited to comment on what or how the sermon "spoke" personally. Sermon Seminar concludes by 10:45 am and is often followed by a **Coffee Hour** in the Parish Hall.

The **11:15 am Eucharist and Sermon** is a more traditional format. It is often followed by a **Pub Lunch** at 12:30 pm in the Parish Hall, to which all visitors are invited as our guests.

5 pm Eucharist is a contemplative service with a homily and meditative music held every Sunday. An informal social hour follows the service where food and beverages are shared.

In the spirit of inclusion we offer both a "teleloop" system and infrared headsets for those who are hard of hearing. To access the signal, switch your own hearing aid to the "T" position. Headsets are available by the doors from the beadles (ushers).

CUSTOMS AND TRADITIONS

Open Communion is our invitation to *everyone* to gather around the altar for spiritual and communal nourishment. We believe this meal is a manifestation of God's love for each of us, regardless of our religion, beliefs or questions.

Announcements of church activities are often made by parishioners during the service. You can find more details in the Sunday Bulletin as well as on our website, www.stmarks.net. To become more informed on the many parish life activities and events and be more engaged in our church community you may wish to subscribe to the Gospel According to St. Mark's – our weekly electronic newsletter. To subscribe, send an email requesting subscription to our parish administrator, Susan Block, at Susan.Block@stmarks.net.

Childcare - St. Mark's Nursery provides care for children up to 3 1/2 yrs old during the Sunday morning worship services. Caregivers are available from 9:45 -11:45 pm in the Nursery (lower level).

- 4 He counts the number of the stárs *
and calls them / all by théir names.
- 5 Great is our LORD and mighty in pówer; *
there is no limit / to his wísdóm.
- 6 The LORD lifts up the lówly, *
but casts the / wicked tó the ground.
- 7 Sing to the LORD with thánksiving; *
make music to our / God upón the harp.
- 8 He covers the heavens with clóuds *
and prepares / rain for thé earth;
- 9 He makes grass to grow upon the móuntains *
and green / plants to sérve mankind.
- 10 He provides food for flócks and herds *
and for the young / ravens whén they cry.
- 11 He is not impressed by the might of a hórse; *
he has no pleasure in the / strength of á man;
- 12 But the LORD has pleasure in those who féar him, *
in those who await his / gracious fávör. [Ant.]

✠The Epistle 1 Corinthians 9:16-23

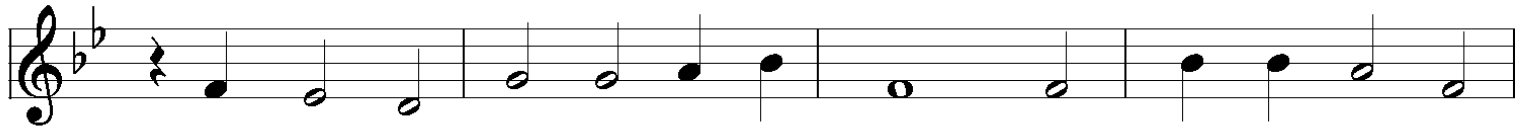
Read by Andrew Stafford (11:15)

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to us.
People **Thanks be to God.**

Sequence Hymn From miles around the sick ones came vv. 1-2

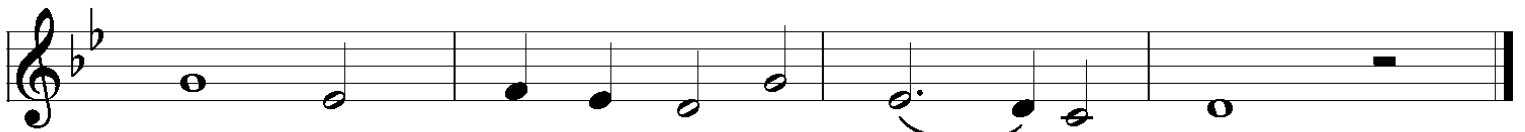
Tucker



1. From miles a - round the sick ones came, in hope that One they
2. And still they come, new preys of plague, while of - ten in their
3. Re - call us to our mis-sion, Lord, to reach for those cut



heard was Lord would make their souls and bod - ies
rooms of prayer God's peo - ple wor - ship, safe and
off, in pain; to of - fer friend-ship, strength, and



well, with heal - ing touch or sav - ing word.
sound, un - heed-ing, e - ven un - a - ware.
peace and be a faith - ful church a - gain.

The Gospel Mark 1:29-39

Gospeller The Gospel of Jesus Christ according to Mark.

People



Glo-ry to you, Lord Christ. _____

Nancy Karpeles

Jesus left the synagogue at Capernaum, and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeller This is the Gospel of Jesus Christ.

People



Praise to you, Lord Christ. _____

Nancy Karpeles

✦ Sermon

The Assistant Rector

The Prayers of the People for Epiphany

from *A New Zealand Prayer Book*
Led by Randy Marks (9:00), Jessie Babcock (11:15)

Leader Let us be at peace within ourselves.

Silence.

Leader Let us accept that we are profoundly loved and need never be afraid.

Silence.

Leader Let us be aware of the source of being that is common to us all and to all living creatures.

Silence.

Leader Let us be filled with the presence of the great compassion toward ourselves and towards all living beings

Silence.

Leader Realizing that we are all nourished from the same source of life, may we so live that others be not deprived of air, food, water, shelter, or the chance to live.

Silence.

Leader Let us pray that we ourselves cease to be a cause of suffering to one another.

Silence.

Leader With humility let us pray for the establishment of peace in our hearts and on earth.

Silence.

Leader All may share prayers of petition, intercession, and thanksgiving silently or, if aloud, ending by saying, "God, in your mercy," to which the community will respond, "Hear our prayer."

A period of time is observed for the people's prayers.

Leader May God kindle in us the fire of love to bring us alive and give warmth to the world.

All Lead us from death to life, from falsehood to truth; lead us from despair to hope, from fear to trust; lead us from hate to love, from war to peace. Let peace fill our hearts, our world, our universe.

The Peace

Presider God's peace be with you.

People And also with you.

Vestry Greeting

Charlotte Murray (9:00), Vicki Street (11:15)

Rector's Greeting

The Liturgy of the Table

Offertory Anthem (9:00) For These Blessings

Natalie Sleeth

Boys & Girls Choir

*Gracious God, for every blessing we would bring Thee thanks alway.
Every gift Thy love expressing to Thy children day by day.
(Refrain) Father, Father, all Thy creatures, great and small,
Give Thee now our thanks unending for these blessings, one and all.
Help us live, forever sharing from the plenty we receive,
That the world may know Thy caring, and in Thee, in truth believe. (Refrain)*

(11:15) There is a Balm in Gilead

African American Spiritual, arr. John Barnard

Chancel Choir

*There is a balm in Gilead to make the wounded whole,
There is a balm in Gilead to heal the sin-sick soul.
Sometimes I feel discouraged and think my work's in vain,
But then the Holy Spirit revives my soul again.
If you can't preach like Peter, if you can't pray like Paul,
Just tell the love of Jesus, and say he died for all.*

Presentation Hymn 119 v. 1

Dix

As with gladness those of old did the guiding star behold;
As with joy they hailed its light, leading onward, beaming bright;
So, most gracious Lord, may we evermore be led to thee.

The Great Thanksgiving

from Prayers for an Inclusive Church

Presider God be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to God.

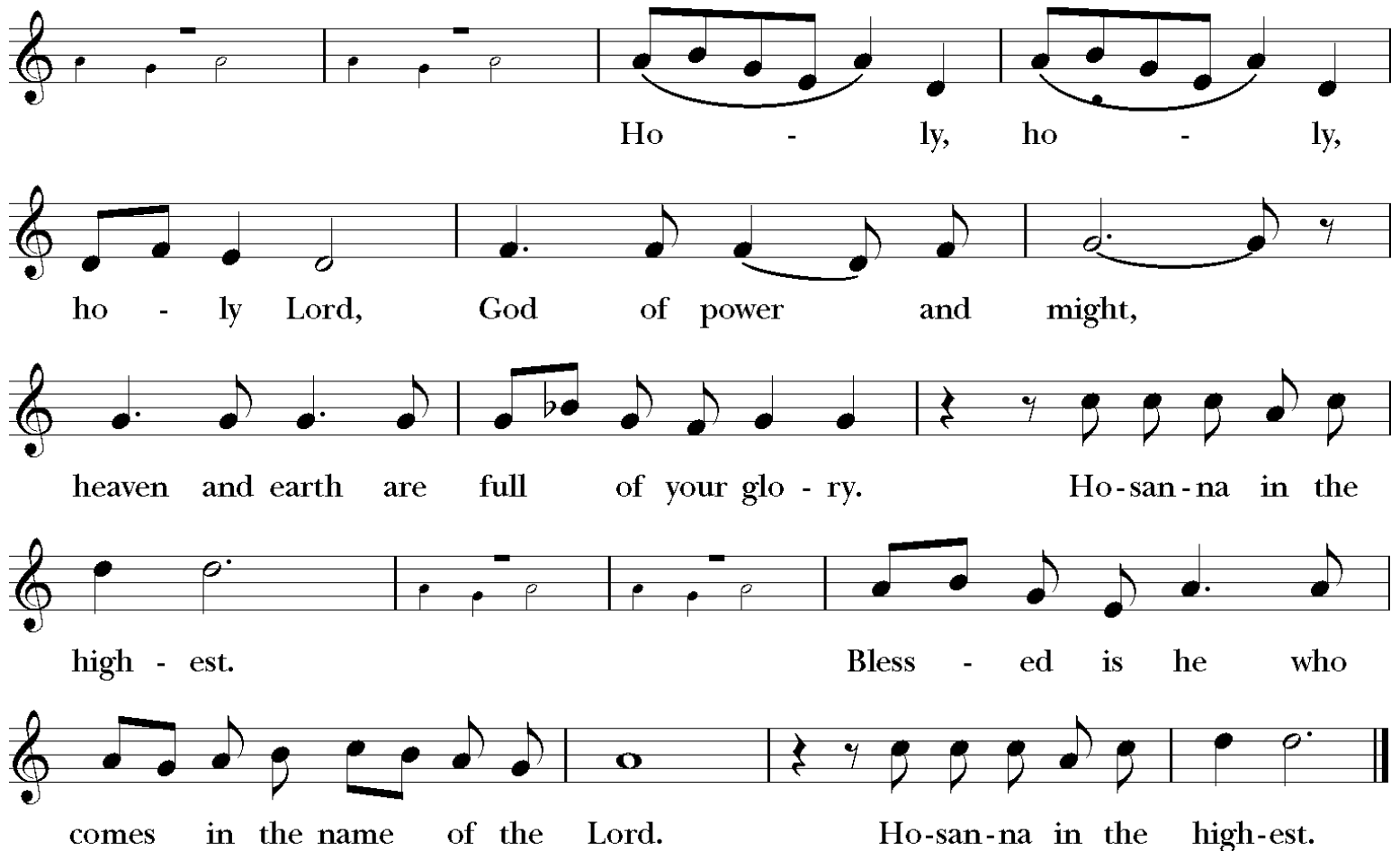
Presider Let us give thanks to our God.

People It is right to give God thanks and praise.

Co-Presider We praise you, God of many names, whose Spirit runs free through all the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to every people, calling forth the best we have to offer; your Beloved is immersed in the waters of creation healing the chaos that floods our world; your son is the guest who offers new wine changing hearts grown withered and cold. Therefore we celebrate the rays of morning light that bathe the world in glory and kindle a new song:

Sanctus S 128

William Mathias



Ho - ly, ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Presider We ask that your Holy Spirit will fall upon us and upon these gifts that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ; who, on the night that he was betrayed gathered with his faltering friends for a meal that tasted of freedom. Calling them to his table, he took the bread, gave thanks, broke it and said: "This is my body which is given for you. Do this to remember me."

Co-Presider In the same way after supper, he took the cup, saying: This cup is the new covenant in my blood. Do this, whenever you drink it to remember me." As on that night, so here and now he offers himself in touch and taste beyond all words can hold.

All **Christ has died: Christ is risen: Christ will come again.**

Presider Therefore, we come to him in whom all is created in heaven and on earth, whose cross and resurrection make all things new. We offer this to you, asking you to smile upon the gifts we bring, for you alone are the Giver and Christ is the gift through which we live once and for all. Through him who was emptied to bear your fullness we make our prayer with all created life to the glory of the God who fills all in all now and forever.

All **AMEN.**

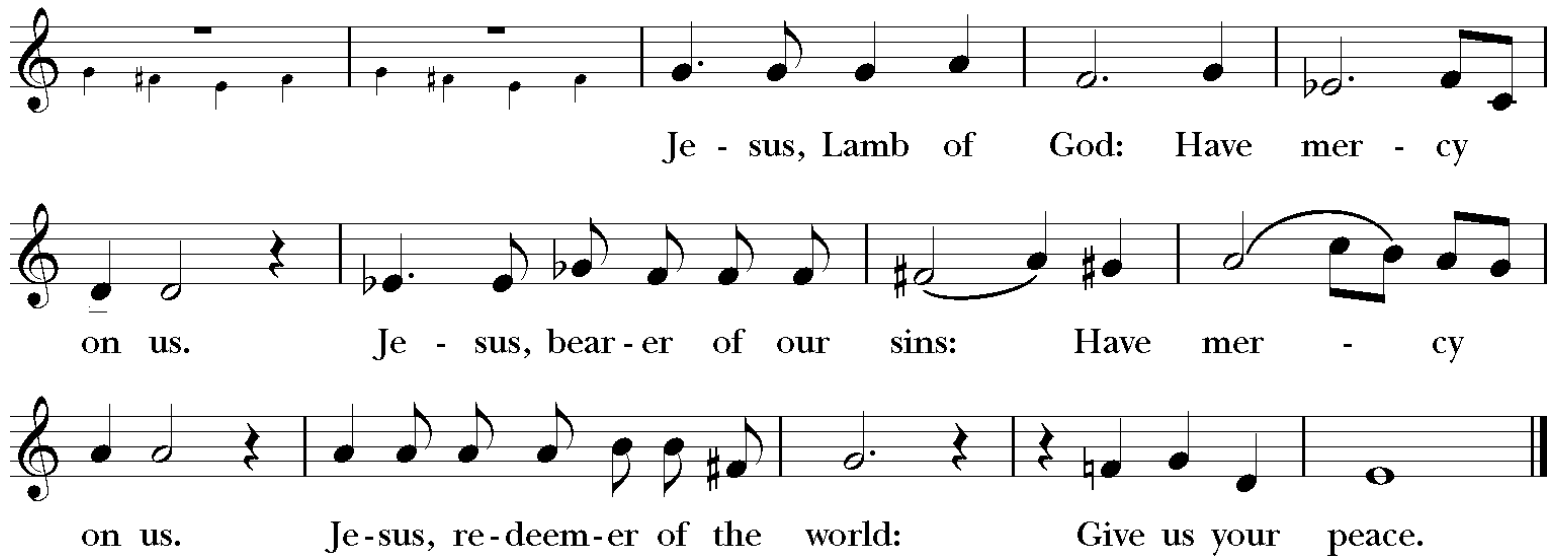
Presider And now, as Jesus taught us, we are bold to say,

People Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Fraction Anthem S 165

William Mathias



Je - sus, Lamb of God: Have mer - cy
on us. Je - sus, bear - er of our sins: Have mer - cy
on us. Je - sus, re - deem - er of the world: Give us your peace.

The Communion

Everyone is invited to God's Table. Gather, one group at a time, around the altar platform. Remain until everyone has received the bread and wine and has been dismissed by the Presider, saying, "Go in peace." You may consume the bread, then receive the wine by taking a sip from the chalice or goblet OR you may hold the bread, which will signal that you wish to intinct (dip it) into the chalice or the goblet. A non-alcoholic alternative to wine is offered in the glass goblet.

Music during Communion

(9:00) There is a Balm in Gilead

African American Spiritual, arr. John Barnard
Chancel Choir

(11:15) LEVAS 62 In Christ there is no East or West

McKee

Hymn 469 There's a wideness in God's mercy

St. Helena

LEVAS 177 Standin' in the Need of Prayer

African American Spiritual, arr. Carl Haywood

The Post Communion Prayer

God revealed in human form, we thank you for sharing with us the abundance of your life: in the beauty of humility may we receive with joy the stranger's gift, the water's grace, the living wine of love's desire. Amen.

✦ Announcements

Closing Hymn 423 Immortal, invisible, God only wise

St. Denio

The Blessing

Presider May Christ, who draws the nations to himself, teach us to love our enemies; may Christ who enters the waters of baptism, lead us to die to all but love; may Christ, who gives new wine for the world, turn our bitterness into joy; and the blessing of God, Creator, Sustainer and Redeemer be with us now and forever. Amen.

The Dismissal

Co-Presider Let us go forth in the name of Christ. Alleluia! Alleluia!

All Thanks be to God. Alleluia! Alleluia!

Postlude Immortal, Invisible, God Only Wise

St. Denio, arr. J. Bert Carlson (b. 1937)

✦ ✦ ✦

PERMISSIONS *Psalm 147*. Text: Book of Common Prayer. Music © 1988 by The Church Pension Fund. All rights reserved. Reprinted under OneLicense.net A-718991. *For These Blessings*. Text and Music: Natalie Sleeth, © 1976 Hinshaw Music, Inc. All rights reserved. Reprinted under OneLicense.net A-718991. *There is a Balm in Gilead*. Text: African American Spiritual. Public domain. Music: African American Spiritual, arr. John Barnard, © 2007 The Royal School of Church Music. All rights reserved. Presentation hymn: *As with gladness men of old*. Text: William Chatterton Dix (1837-1898). Music: *Dix*, melody Conrad Kocher (1786-1872); arr. William Henry Monk (1823-1889); harm. *The English Hymnal*, 1906. The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*. Music: William Mathias (1934-1992) © 1976 Oxford University Press. All rights reserved. Reprinted under OneLicense.net A-718991. The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*. Music: William Mathias (1934-1992) © 1976 Oxford University Press. All rights reserved. Reprinted under OneLicense.net A-718991.

✘ ✘ ✘

Sermon Seminar
10:00am Nave

Announcements

The Epistle 1 Corinthians 9:16-23
Sermon

Read by David Willson
The Assistant Rector

✘ ✘ ✘

Announcements

Announcements, not to exceed 125 words, are to be submitted to Rebecca Richards by 5:00pm on Tuesday preceding the Sunday the announcement is to run.

1. PLEDGE PAYMENT ALERT! PLEDGE PAYMENT ALERT! PLEDGE PAYMENT ALERT!
In previous years, when the Canvass was the only annual pledge fundraiser, those who record donations could assume that checks from pledgers were Canvass payments (unless there was an accompanying memo to the contrary). However, now that annual 2012 Canvass and the Vision 2020 Capital Campaign are running simultaneously, this is no longer the case. (Although highly likely that memo-less checks from pledgers are pledge payments, there is no way to guess which pledge is being paid!)

Please help us accurately credit your checks by:

Writing separate checks for each different kind of pledge payment.

Noting the pledge you are paying on the memo line of your check (Pledge 2012 or Vision 2020).

If you use an **online bill-payment service**, please keep your check memos as short as possible. When the checks are printed, online services typically cut the memo to a word or two. Thus, we suggest limiting your memos to "P2012" or "V2020".

For **cash donations**, please put your cash in a sealed envelope. Write your name and the pledge you are paying on the envelope. (Donation Envelopes can be found in all Nave tract racks.)

Thank you very much! Questions? Please contact Susan Block, Parish Administrator for Finance and Membership, susan.block@stmarks.net or 202-543-0053 ext. 305.

Vision 2020

2. CAPITAL CAMPAIGN UPDATE – As was communicated via an all-parish e-mail in late January, the Vision 2020 Steering Committee is currently awaiting revised design proposals and cost estimates from our consultants to reduce the cost of our project to renovate and expand the Parish Hall. We are scheduled to receive those cost estimates by February 13. The Steering Committee will consider the options and then make a recommendation for Vestry consideration at its February 26 meeting. There will be a full presentation of the revised plan at the Annual Meeting on Sunday, March 11. We are very pleased to update the community that, to date, a total of \$1.71 million has been pledged to the capital campaign effort – a number exceeding our goal by 14 percent! Thank you for your support! -- Mike Townsend, Vision 2020 Co-Chair

Annual Meeting

3. BE THERE! On Sunday March 11, St. Mark's will hold its Annual Parish Meeting immediately following a combined 10:00 AM worship service. In addition to electing three Vestry members and a Diocesan Delegate (all three year terms), the meeting will include a town hall gathering regarding the Vision 2020 Campaign. All members of the parish are urged to attend. All members over the age of 15 who have a 2012 pledge on record as of February 10, 2012 may vote. There are no absentee or proxy ballots. Lunch will be provided, and child care and youth activities will be available. Please also note the snow date for the meeting, March 25. Contact Vicki Street, vstreet@earthlink.net or 301-270-1613, if you have any questions.

Running for Vestry or Diocesan Delegate

4. **ELECTIONS.** St. Mark's will elect three parish members to three-year terms on the Vestry, St. Mark's policy-making body, at our Annual Meeting on Sunday March 11. We also will elect a Diocesan Delegate to represent St. Mark's for three years. Senior Warden Cecilia Monahan and Junior Warden Phil Guire are each standing for election to their second one-year term. See the "Running for Office at St. Mark's" hand-out in the tract racks and on the table in front of the organ pipes for more information on duties and candidacy requirements. **NOMINATIONS ARE OPEN until February 22.** Please complete a Nomination Petition, obtaining 10 signatures endorsing your candidacy, and place it in the Nomination box on the table, give it to a member of the Nominating Committee (names are on the back of the form), or scan and email it to Vicki Street, vstreet@earthlink.net. Candidates must provide a 350-word statement no later than February 25 (email to Vicki), and must present a three-minute speech at the Annual Meeting. Questions? Contact Vicki, vstreet@earthlink.net or 301-270-1613, or any member of the Nominating Committee.

Annual Parish Retreat

5. **IT'S NOT TOO EARLY TO MARK YOUR CALENDAR** for St. Mark's **Annual Parish Retreat at Shrine Mont**, the Diocese of Virginia's bucolic retreat center in Orkney Springs, Virginia. The dates are **Friday, June 8 through Sunday, June 10**. All are invited to join the fun. There are woods to hike in, a pool to swim in, time for fellowship, conversation and relaxation and special activities for youth. Please stay tuned for details.

Christian Ed

We welcome your participation and your interest in Christian Education classes offered at St. Mark's. Let us know where your interests lie in becoming more involved in the life of the parish!

Gateway Classes

6. **WHAT'S AN EPISCOPALIAN? Tradition, Liturgy & Theology** -- This 4-week class, a preparation for the Rite of Confirmation in the Episcopal Church, is designed as a lens through which class members can examine the promises and commitments involved in being a confirmed communicant. The course focuses on the history and traditions of the Anglican/Episcopal Church and key elements of our worship experience. Dates & Times: **February 5, 12, March 4, 11, Sundays 2-4 pm (4 sessions)**. Location: Adams Room. Leader: Paul Abernathy. Fee: \$25 voluntary contribution to defray costs.

7. **SPRING 2012 BAPTISM COURSE:** -- This class, designed for parents who plan to present their child for Baptism on either April 15 or May 27, explores parenting issues that are posed by our Liturgy of Baptism. Dates: **Sunday, March 18, 25, and April 1, (3 sessions) from 10am to 12noon**. Rehearsals are on April 14 for April 15 Baptism and May 26 for May 27 Baptism. If you have questions, please call the class teachers, Brock and Penny Hansen at 202-362-3150 before February 5 and after March 1. During February, Doug Ammon is available with information at 202-544-8399. Fee: \$25 voluntary contribution per couple to defray costs.

Adult Class Offerings – Winter 2012

8. **UNBURDENING OUR HEARTS: Choosing Forgiveness** -- Do you long to let go of past hurts and resentments and feel more peaceful? In this functional education class we will explore the spiritual meanings of forgiveness as well as what hinders us and what helps us in unburdening our hearts and forgiving ourselves and others. Dates & Time: **February 13–March 12 (5 sessions)**, Mondays in the Adams Room, 7:30–9:30 pm. Weekend Retreat, February 24–26 at Roslyn Center, Richmond, VA. Leaders: Elizabeth McCain, Don Lipscomb, Jack Burton, Linda Ewald. Fee \$250 (retreat cost).

9. **LIFE CHANGES: WHAT DO I DO NEXT?:** Change happens to us by choice, or suddenly and unexpectedly. I can put my head in the sand or fall backward, or I can choose to respond faithfully. But what upholds me when I hold inside myself 'a community of opposites'? This class explores major decision points in our lives and how we identify our fears and our faith. Whether it's losing or finding a new job, retiring, getting married or divorced, having a child, facing serious illness or losing a loved one, it's time to hit the reset

button. The class is partially inspired by Fr. Richard Rohr's book "Falling Upwards: Spirituality in the Two Halves of Life". Dates & Time: **February 29–April 4 (6 sessions), Wednesdays**, 7:30–9:30 pm in the Adams Room. **Weekend Retreat: March 16–18 at Roslyn Center**, Richmond, VA. Leaders: Pete Eveleth, Matthew Black, Nadine Hathaway, Louise Walsh. Fee for weekend: \$250.

10. THE BOOK OF JOB: JOB'S CHALLENGE TO GOD: ARE YOU, OUR CREATOR, THE SOURCE OF UNMERITED SUFFERING? All of us know that life entails pain as well as joy—innocent children are afflicted with disabilities, saints as well as sinners are swept away in natural disasters, the path toward death is often agonizing. Yet we are told repeatedly in worship that the Creator is good. The class will be held during Lent and will use close textual study of Job as well as experiential work to explore the implications of a more complex perception of God and examine how best to respond to a possibly altered vision of the Divine/Holy One. The class leaders are Nat White and Susan Thompson. We welcome any questions and can be reached most Sundays in church, at home at (703) 281-1966 and (703) 329-9797, or by e-mail at whitent@con.net and susanthompsonhoffman@yahoo.com. Cost: \$25. Dates and Time: **Tuesday evenings—March 6, 13, 20, and 27—7:30-9:30** in the Gregory Room at Baxter House (**4 sessions / no retreat**).

Bible Study

11. SOUL WORK: THE JOURNEY CONTINUES -- Bill Dols, Episcopal priest and teacher for the Guild for Psychological Studies and the Jung Society of Washington, leads this class examining selected episodes in the life and teachings of Jesus and other wisdom sources as a tool for learning about ourselves and how to live fully in the world. Using the Guild's unique approach, he will use meditation, expressive arts, movement, journaling and music to aid our "soul work". Class size will be limited to 15 participants. Date and Time: Friday, March 23, 7:30–9:30 pm; Saturday, March 24, 10:00 am–4:00 pm. (2 sessions) Leader: Bill Dols. Coordinator: Matthew Black. Location: Parish Hall. Fee: \$100

Outreach

12. PUB LUNCH. Today's pub lunch will be sponsored by the Outreach Board. Please come by after the 11:15 service for good food and fellowship AND information about St. Mark's many outreach efforts.

13. CASSEROLES FOR THE SOUP KITCHEN - Today, please pick-up one or more casserole recipes and pans from the table near the High Altar. Bring your casserole(s) **next Sunday, February 12, to any church service**, and thereby help us feed needy Capitol Hill persons at the **Capitol Hill United Methodist Church!** Our monthly goal is always **20 casseroles**. Questions? Please contact Jack Richards (ktjr89@verizon.net)

14. SOUP KITCHEN – FUTURE SANDWICH-MAKING - We will again be making sandwiches in our Parish Hal for needy persons on the **third Sunday of every month**, from **4:30-5:30 P.M.** Our next sandwich-making event is **February 19**, Please plan to help us prepare sandwiches, for delivery to "**Sunday Suppers**", a volunteer group providing meals to hungry persons, every Sunday evening at 4th & K Streets, NW!

15. A REMARKABLE HAITIAN CONCERT: Please mark your calendars for Saturday evening, **February 11**, from 6:30 to 9 PM. Carlot Dorve, a graduate of St. Vincent's Center for Handicapped Children in Haiti, will conduct a trumpet concert in the parish hall. Carlot is currently a student at Mighigan State University where he is studying music. St. Mark's donated half of its 2011 Mite Box proceeds to the Center. Dessert will be provided before the concert from 6:30-7 during a brief presentation by Service To Serve Haiti (STSH) members from three D.C. area churches on their volunteer work in Haiti with local partners: St. Vincent's, Haiti MICAHA and Fonkoze (Grameen Foundation USA). he will; be playing Haitian, bassa nova and classical selections.

16. MITE BOXES. Lent is a time for introspection. One means for this introspection is provided by the Outreach Pillar through the Mite Box Booklet. The booklet includes weekly Bible verses, meditation, and prayers in addition to "giving prompts." We also provide a container to hold your daily offerings. Starting **February 5** until **February 19**, the Outreach Pillar will provide Mite Box booklets and containers to use throughout the Lenten season. After Easter, we will collect you donation. This year, all money collected will go to the Friends of St. Vincent's Center for Handicapped Children in Haiti and Little Lights Urban Ministry in Southeast DC. If you have any question, please contact Grace O'Neill at ge_oneill@yahoo.com

17. **JUST WATER.** The St. Marks Mid East Working Group will host Friends of the Earth-Middle East (FOEME), a jointly-led Israeli-Palestinian-Jordanian environmental group, on **February 21** (7-9:30, Parish Hall) to learn about its work on environment and water in the region including the lower Jordan River. All are welcome. Organized in Egypt in 1994, FOEMA seeks sustainable development and peace in the region. With offices and directors in Tel Aviv, Bethlehem, and Amman, FOEME (<http://www.foeme.org>) supports project and advocacy work based on jointly-developed objectives to protect natural resources, especially water, on which people and wildlife alike depend. FOEME's Israeli co-director Gidon Bromberg will describe this interesting group's work. Light refreshments and a voluntary good-will offering. For more information, Christopher Herman, 544-1769, herman.christopher1@verizon.net

18. **GREEN LIONS COME ROARING BACK!** The Green Lions committee will champion environmental stewardship, work to ensure the wise use of resources in our community, help create a sustainable environment, and respect the interdependence of all animals and plants on earth. The planning group is hosting a delicious pub lunch on **February 12** to introduce some of its plans to the St. Mark's community and to invite you to become involved. Please come!

19. **GREEN LIONS ASK YOU TO SAVE THE DATE** - On **Saturday, March 17**, from 1:00 - 5:00 in the Adams Room, Julie Gabrielli, award-winning green business expert, will help the Green Lions develop an action plan.

Worship

20. **WEEK-DAY SERVICE AND MEDITATION OPPORTUNITIES**

<u>Mondays 7:30 to 9:00pm</u>	Insight Meditation in the Nave
<u>Thursdays 7:00 to 8:30am</u>	Insight Meditation in the Nave
<u>Thursdays Noon to 12:45pm</u>	Holy Eucharist in the Chapel

21. **NAME TAGS!!** - We need to wear them for new folks and name-challenged old timers! Thanks to Steve Schindel, who magically cranks out the tags. Just sign up on the clip board next to the name tag board. If you want to change your current name tag, sign up or e-mail me. linda_huntington@yahoo.com

22. **SAVE THE DATE!** All are welcome to attend our "Hearty Eucharist." The Sunday 5 PM Contemplative Eucharist at St. Mark's has been active for over two years. To help us celebrate, we gather as the first century Christians did, to share a common meal in community. This Eucharist is hearty in that we share more than small portions of bread and wine, combining our abundance of the fruits of this earth into the making of a communal meal. Because we are a faith community we gather around these tables to share food, fellowship and prayers as we remember Jesus' last supper with his disciples. **Sunday February 19 at 5 pm in the Nave**

23. **CELEBRATION OF THE LIFE OF LAEL STEGALL AND COMMITMENT OF HER ASHES** Join family, friends and colleagues to remember this longtime parishioner, activist and adventurer. Saturday, **February 11** at 11 AM, with reception to follow.

24. **BECOME A LAY SERVER AND ENTER THE INNER CIRCLE!** As a newcomer, I thought the pillars of the church selected readers, lay servers, acolytes, and beadles for their duties. I held back from volunteering until someone asked me. Consider this your invitation! :o) Call Linda Dickinson, 9:00 coordinator, 703-370-3089 or Linda Huntington, 11:15 coordinator, 301-279-2248.

Parish Life

25. **CAREGIVERS SUPPORT GROUP-** The next meeting of the support group for those caring for a loved one or ones seriously ill or otherwise incapacitated, will be on **Monday, February 13, 2012**, at 7:30 PM in the Penniman Room. Feel free to contact the group leaders: Suella Henn, swhenn@mac.com, phone 202-544-0113, or Mary Welker, marymwelker@aol.com, 202-387-4083.

26. **SOCIAL CONNECTION E-GROUP** - It may take years, if then, to learn what parishioners enjoy doing. And just knowing doesn't always help you find a companion, often at short notice, for various activities. I propose a new e-group whose members could post an event and ask if others would like to join them. Please let me know if this is something you would use. Linda Huntington 301 279-2248.

27. **ST MARK'S READING GROUP:** On **February 6**, we will discuss *Lacuna* by Barbara Kingsolver. On **March 5**, we will read *All Our Worldly Goods* by Irene Nemirovsky. *In the Garden of Beasts* will probably be our June book since it comes out in paperback in May. All are welcome! Questions should be directed to Linda Ewald at llerbe@yahoo.com.

28. **3RD AGERS FIELD TRIP.** The 3rd Agers are sponsoring a "field trip" on Healthy Eating with nutritionist Lynda McIntyre on **February 23** at 2:00. Lynda will guide us on a tour of the Whole Foods store in the Kenwood Shopping Center on River Road in Bethesda while giving very helpful ideas about foods that provide the greatest nutritional value. Sign up list is on the bulletin board in the foyer. Questions? Call or e-mail Jane Miller, Kathy Tatko, or Nancy Van Scoyoc. Contact information is in the Directory.

Youth and Family Ministries

*Marcella Gillis, St. Mark's Director of Youth Ministries can be reached at
Marcella.gillis@stmarks.net or (202) 543-0053 x320*

29. **CAMP EDOW – AUGUST 5-10** The Diocese is launching its first ever summer camp at Camp Maria this August. The theme is EpiscOlympics and the week will provide opportunities for swimming, canoeing, fellowship and Christian formation. More information can be found at www.edow.org/camp

30. SAFEGUARDING GOD'S CHILDREN: SPRING SESSIONS

The spring schedule for classes in the Dioceses' required child abuse prevention training (for full time church employees and volunteers working with youth) has now been confirmed. Please sign up for one of these Saturday morning sessions and encourage others to participate so that we are able safely continue and enrich our youth and family ministries!

Dates and locations:

Saturday, 2/11/12 (9:30 am - 12:30pm) - All Souls' Church, DC (Region 2)

Saturday, 2/25/12 (9:30 am - 12:30pm) - Atonement Church (Region 5)

Saturday, 3/24/12 (9:30 am - 12:30pm) - St. John's, Broad Creek (Region 6)

Saturday, 4/21/12 (9:30 am - 12:30pm) - St. Paul's, Rock Creek (Region 5)

Saturday, 5/19/12 (9:30 am - 12:30pm) - St. John's, Norwood (Region 3)

Saturday, 6/9/12 (9:30 am - 12:30pm) - Epiphany, DC (Region 1)

Music

31. **MUSIC STUDIO** The St. Mark's Music Studio is excited to now offer voice lessons through teacher Kellie McHugh (kellie.mchugh.81@gmail.com). Jeff Kempskie and Nadine Hathaway also continue to offer piano lessons for both children and adults at very reasonable rates. Contact the Director of Music at jeff.kempskie@stmarks.net for more information.

Parish Prayer List

Lolita Abernathy (Paul's mother) • Taylor Adams • Mimi Chesslin • Joya Cox •
 Betty and Jack Davis (Beryl Maloney-Lillaston's Aunt and Uncle) • Taylor Emerson (Randy Marks' niece) •
 Julio Gomez • Celia Hahn • Morgan Hamlin (Goddaughter of Pamela and Robert Schmidle) •
 Dennis Lewis • Nat Marks • Lila Marks • Randell Prothro • Bruce Ritter • Al Rollins •
 Carroll Russell Sherer (Peter's mom) • Doris Strange • Vicki Street • Bill Wachter •
 Geneva Watkins (Pontheolla's mother) • Mary Welker • Elin Whitney-Smith •

Those of our Parish serving in the military: Clint Billings (son of Kevin Billings and Mary Louise Wagner),
 George Brown (son of Margaret Brown),
 August Dannenmaier (son of Chris Dannenmaier and nephew of Bill & Molly Dannenmaier),
 Jason Earnest (son of Erika Bugge and grandson of Paul Bugge and Lynda Smith Bugge),
 Christian Schmidle (son of Robert and Pamela Schmidle, husband of Jen Salerno)

Military Service Deaths

Capt. Daniel B. Bartle, 27, of Ferndale, WA • Capt. Nathan R. McHone, 29, of Crystal Lake, IL
 MSgt. Travis W. Riddick, 40, of Centerville, IA Cpl. Jesse W. Stites, 23, of North Beach, MD
 Cpl. Kevin J. Reinhard, 25, of Colonia, NJ Cpl. Joseph D. Logan, 22, of Willis, TX
 Cpl. Phillip D. McGeath, 25, Glendale, AZ Spc. Keith D. Benson, 27, of Brockton, MA
 Cpl. Jon-Luke Bateman, 22, of Tulsa, OK Lance Cpl. Kenneth E. Cochran, 20, of Wilder, ID
 Sgt. 1st Class Benjamin B. Wise, 34, of Little Rock, AK

Cycle of Prayer

In the Diocese of Washington:

THEOLOGICAL EDUCATION SUNDAY
 The Canon for Academic and Transitional Ministries
 The Diocesan Commission on Ministry
 All Seminaries, Seminarians, and Seminary Professors; Postulants, and Candidates
 Christ Church, Georgetown

In the Anglican Communion:

We pray for The Anglican Church of Canada

This Week at St. Mark's as of 2/1/12 at 9:30am

Sunday, February 5

8:45am – 12:45pm 9:00am – 10:00am	Child Care (Nursery) Holy Eucharist (Nave) Rev. Justi Schunior, Presiding; Rev. Paul Roberts Abernathy, Co-Presiding
9:00am - 9:30am 10:00am - 11:00am 10:00am - 11:00am 11:00am – 11:45am	Children's Chapel (Adams Room) Marcella Gillis, Leading Marching Through the Bible (Music Studio) Sermon Seminar (Nave) Rev. Justi Schunior, Preaching Boys and Girls Choir Rehearsal (Room 1)
11:15am - 12:30pm	Holy Eucharist (Nave) Rev. Justi Schunior, Presiding and Preaching; Rev. Paul Roberts Abernathy, Co-Presiding
12:45pm – 2:00pm 2:00pm - 4:00pm 4:30pm - 6:00pm	Pub Lunch (Parish Hall) What's an Episcopalian? (Adams Room) Yoga Class (Dance Studio)
5:00pm – 6:00pm 5:00pm - 6:00pm	Contemplative Eucharist (Nave)) Rev. Justi Schunior, Presiding and Preaching ACoA Meeting (Room 6)

Monday, February 6	
10:00am – 7:30pm 10:00am – 5:00pm 6:00pm - 7:05pm 7:30pm - 9:30pm 7:30pm - 9:30pm	Dance Classes (Dance Studio) Little Lights Urban Ministry Retreat (Parish Hall) Yoga Class (Adams Room) Insight Meditation (Adams Room) Literary Lions (Penniman Room)
Tuesday, February 7	
12:15pm - 1:15pm 4:00pm - 9:00pm 5:00pm - 7:00pm 6:00pm - 7:05pm 7:30pm - 9:30pm	Yoga Class (Dance Studio) Dance Classes (Dance Class) Vision 2020 (Gregory Room) Yoga Class (Adams Room) Life, Community and Faith Class (Adams Room, Classrooms)
Wednesday, February 8	
11:00am - 1:00pm 11:30am - 8:00pm 6:00pm - 7:05pm 7:00pm - 9:00pm 7:00pm - 9:00pm	Wednesday Bible Study (Adams Room) Dance Classes (Dance Studio) Yoga Class (Adams Room) Executive Committee of the MEWG (Library) Liturgy Planning Team (Nave)
Thursday, February 9	
7:00am - 8:00am 12:00pm – 12:30pm 4:00pm - 8:30pm 6:30pm - 8:00pm 7:00pm - 9:00pm 7:30pm - 9:30pm	Insight Meditation Group (Nave) Thursday Noon Eucharist (Chapel) Dance Classes (Dance Studio) Yoga Class (Adams Room) Thursday Bible Study (Penniman Room) Choir Rehearsal (Nave)
Friday, February 10	
7:00am - 8:00am 11:45am – 7:30pm 6:00pm - 8:00pm	LCF Retreat Weekend Yoga Class (Dance Studio) Dance Classes (Dance Studio) Women's AA Meeting (Adams Room)
Saturday, February 11	
8:30am - 6:30pm 10:00am -12:00pm 11:00am - 4:00pm 6:00pm - 9:00pm 6:30pm – 10:00pm	LCF Retreat Weekend Dance Classes (Dance Studio) Yoga Class (Adams Room) Memorial Service for Lael Stegall (Nave, Parish Hall) AA Meeting (Adams Room) Haitian Concert (Parish Hall)
Sunday, February 12	
8:45am – 12:45pm 9:00am –10:00am 10:00am -11:00am 10:00am - 11:00am 11:00am – 11:45am 11:15am -12:30pm 12:45pm – 2:00pm 2:00pm - 4:00pm 4:30pm - 6:00pm 5:00pm – 6:00pm 5:00pm - 6:00pm	LCF Retreat Weekend Child Care (Nursery) Family Eucharist (Nave) Rev. Paul Roberts Abernathy, Presiding; Marching Through the Bible (Music Studio) Sermon Seminar (Nave) Jude Harmon, Preaching Boys and Girls Choir Rehearsal (Room 1) Holy Eucharist (Nave) Rev. Paul Roberts Abernathy, Presiding; Jude Harmon, Preaching; Pub Lunch (Parish Hall) What's an Episcopalian? (Adams Room) Yoga Class (Dance Studio) Contemplative Eucharist (Adams Room) Rev. Paul Roberts Abernathy, Presiding and Preaching ACoA Meeting (Room 6)

St. Mark's Episcopal Church, Capitol Hill

+

3rd and A Streets, SE

Baxter House Church Office: 118 3rd Street, SE, Washington, DC 20003

202-543-0053 (phone) 202-546-3695 (fax) www.stmarks.net

Office Directory

The Rev. Paul Roberts Abernathy, Rector	paul.abernathy@stmarks.net
The Rev. Justi Schunior, Assistant Rector	justi.schunior@stmarks.net
Jeff Kempskie, Director of Music	jeff.kempskie@stmarks.net
Marcella Gillis, Director of Youth Ministries	marcella.gillis@stmarks.net
Susan C. Block, Parish Administrator for Finance & Membership	susan.block@stmarks.net
Rebecca Richards Parish Administrator for Programs and Facilities	rebecca.richards@stmarks.net
Warren E. O'Hearn, Bookkeeper	wohearn@hotmail.com
Edwin D. Green, Maintenance Contractor (240-447-0027)	edwin.green@stmarks.net
Jude Harmon, Seminarian	jude_aaron@post.harvard.edu
Kristen Hawley, Seminarian	khawley@vts.edu

Adjunct Clergy: The Reverends William Flanders, Susan Flanders, Carl Siegel, Arnold Taylor

The Vestry

Senior Warden	Cecilia Monahan (cartermonahan@yahoo.com)
Junior Warden	Phil Guire (stmarksjuniorwarden@gmail.com)
Class of '12	Ed Corr, Jim Steed, Vicki Street
Class of '13	Bill Dickinson, Rick Hayes, Marilu Sherer
Class of '14	Grady Hedgespath, Charlotte Murray, Janet Vail
Officers	Crane Miller, <i>Treasurer</i> , Mary Cooper, <i>Register</i> , Susan Sedgewick, <i>Manciple Coordinator</i> , Karlyn Stanley, <i>Counsel</i>

Diocesan Delegates

David Deutsch

Rick Rutherford

Maureen Shea

Liturgical Leaders and Worship Participants

Verger	Loretta Veney
Acolytes	Kate Billings, Emily Townsend and Avery Townsend (9:00)
Lay Servers	Randy Marks, Dick Rumpf, David Willson, and Nat White (9:00) Rosemary Harold, Michael Knipe, Jane Byrne and Linda Chandlee (11:15)
Altar Guild	Josie Jordan and Janice Brown (9:00) Anne and Robert Headley; Mary and Burt Cooper (11:15)
Bread and Wine	Phyllis Jane Young (9:00) Lil and Arnold Taylor, in memory of Dr. Thomas Henry Taylor's 50 th birthday
Beadles	Peter Hawley, Linda Huntington and Chuck Divine (11:15)
Laying on of Hands	Josie Jordan & Jan Lipscomb (9:00) Lilly March & Barbara Nelson (11:15)