



WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
+
CAPITOL HILL
St. Mark's Mission Statement

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE SECOND SUNDAY OF EASTER
MAY 1, 2011

9:00 AM HOLY EUCHARIST + LAYING ON OF HANDS

9:00 AM CHILDREN'S CHAPEL

10:00 AM SERMON SEMINAR

Holy Eucharist, 9.00
Presider: The Reverend Susan Flanders
Co-Presider: The Reverend Paul Roberts Abernathy, Rector

Children's Chapel, 9.00
Leader: The Rector

Sermon Seminar, 10.00
Preacher: Reverend William Flanders

Mr. Jeff Kempskie
Director of Music

Lift Every Voice and Sing (LEVAS) Hymnals are located & stored in the rack under the **front** of your chair.
Cell Phones – Please turn off your cell phone or other electronic devices at any time you are in the Nave.
Hearing – Infrared headsets providing amplified sound are in the tract racks by the doors, or ask an usher.

VISITING OR NEW TO ST. MARK'S?

WE WELCOME YOU TO ST. MARK'S! Wherever you are on your faith journey, we invite you to celebrate life with us. Worship is in the round, and you are invited to sit anywhere in the Nave. Bulletin boards, rest-rooms and a water fountain are located in the hallway, and the Parish Hall is just beyond. If you have questions, please introduce yourself to the Vestry Greeter at the end of the service.

WORSHIP SERVICES AT ST. MARK'S

The **9 am** is a **Holy Eucharist** without a sermon. At 9:45 am, children go to Sunday School classes while adults remain in the Nave for coffee, announcements and Sermon Seminar.

The **9am Children's Chapel**, in the Adams Room, is a kid-friendly short service (20 minutes or so) of songs, prayers, and a confession ritual. At the Peace, the group rejoins the service in the Nave. (On the second Sunday of the month, when the 9am service is the Family Eucharist, Children's Chapel is not held.)

The **10 am Sermon Seminar**. After the sermon, anybody can feel free to comment on what or how the sermon "spoke" personally. Sermon Seminar concludes by 10:45 am and is often followed by a **Coffee Hour** in the Parish Hall.

The **11:15 am Eucharist and Sermon** is a more traditional format. It is often followed by a **Pub Lunch** at 12:30 pm in the Parish Hall, to which all visitors are invited as our guests.

The **5 pm Eucharist** is a contemplative service with a homily and meditative music held every Sunday. An informal social hour follows the service where food and beverages are shared.

In the spirit of inclusion we offer both a "teleloop" system and infrared headsets for those who are hard of hearing. To access the signal, switch your own hearing aid to the "T" position. Headsets are available by the doors from the beadles (ushers).

CUSTOMS AND TRADITIONS

Open Communion is our invitation to *everyone* to gather around the altar for spiritual and communal nourishment. We believe this meal is a manifestation of God's love for each of us, regardless of our religion, beliefs or questions.

Announcements of church activities are often made by parishioners during the service. You can find more details in the Sunday Bulletin as well as on our website, www.stmarks.net.

Childcare - St. Mark's Nursery provides care for children up to 3 1/2 yrs old during the Sunday morning worship services. Caregivers are available from 8:45 -12:45 pm in the Nursery (lower level).

The Holy Eucharist

Prelude O Sons and Daughters, Let us Sing

O filii et filiae / arr. Wilbur Held (b. 1914)

Opening Hymn Hymn 182 Christ is alive! Let Christians sing

Truro

Opening Sentences

Presider Alleluia. Christ is risen.

People **The Lord is indeed. Alleluia.**

The Collect of the Day

Presider God be with you.

People **And also with you.**

Presider Let us pray,

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Epistle Acts 2:14a, 22-24

Read by Henry Wolfinger

But Peter, standing with the eleven, raised his voice and addressed them: 'Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. 'You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know— this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

The Gospel John 20.19-29

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to thee, O Lord**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.' But Thomas (who was called

the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.' A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'

Gospeller The Gospel of the Lord.

People Praise to thee, O Lord

The Prayers of the People

Written by Randy Marks

Read by Maureen Shea

Leader God of mystery and compassion, we pray for your grace.

We celebrate this week the miracle of Jesus. His life as a man mirrors ours: he had great hopes, suffered greatly, and out of that suffering found new life. In humility, he turned to you and your love raised him from the tomb. We seek that same grace to turn to you in humility, that we too may find your love and a resurrected life. We pray to you in humility,

People Seeking new life in you.

Leader We celebrate this week the triumph of love. We, your children, go astray and suffer spiritual death whenever we place our desires above your commands. We seek the grace to delight in your will and walk in your ways. We pray to you in humility,

People Seeking new life in you.

Leader We celebrate this week the power of community. Although he was your son, Jesus could not save himself. We seek the grace to see you in one another and to support each other. We pray to you in humility,

People Seeking new life in you.

Leader We celebrate this week the beauty of liturgy. We seek you in the mystery of ritual: prayer, music, and Eucharist. We seek the grace to connect to you, while being aware that we honor you more by being your hands in the world than by being voices in church. We pray to you in humility,

People Seeking new life in you.

Leader We celebrate this week the joy of service. You call upon us to love and serve our neighbors. We seek the grace to look with compassion on those in need, even when that is difficult, and to have the courage and wisdom to give them what they need. We pray to you in humility,

People Seeking new life in you.

Leader We invite everyone to offer their own prayers, silently or if aloud, saying "God, in your mercy" to which all will respond "Hear our prayer."

Leader Let us pray.

All We offer our prayers in the faith that you, O God, love us, that Jesus our risen brother walks with us, and that the Holy Spirit strengthens us. And so we humbly follow you, finding new life in your love. Amen.

The Peace

Presider The peace of Christ be always with you.

People And also with you.

Vestry Greeting

Rector's Greeting

The Liturgy of the Table

Offertory Anthem Hallelujah Chorus, from *Messiah* George Frideric Handel
All are invited to sing as able. You may join others in the chancel, where music is available, or sing from your seat in the congregation.

*Hallelujah: for the Lord God omnipotent reigneth.
The kingdom of this world is become
The kingdom of our Lord and of his Christ;
And he shall reign for ever and ever.
King of Kings, and Lord of Lords.*

Presentation Hymn 193 That Easter day with joy was bright, v. 5 *Puer nobis*
*All praise, O risen Lord, we give to thee, who, dead, again dost live;
To God the Father equal praise, and God the Holy Ghost, we raise.*

Eucharistic Prayer *Thanksgiving of the People of God, NZPB, adapted*

Presider God is here.

People God's Spirit is with us.

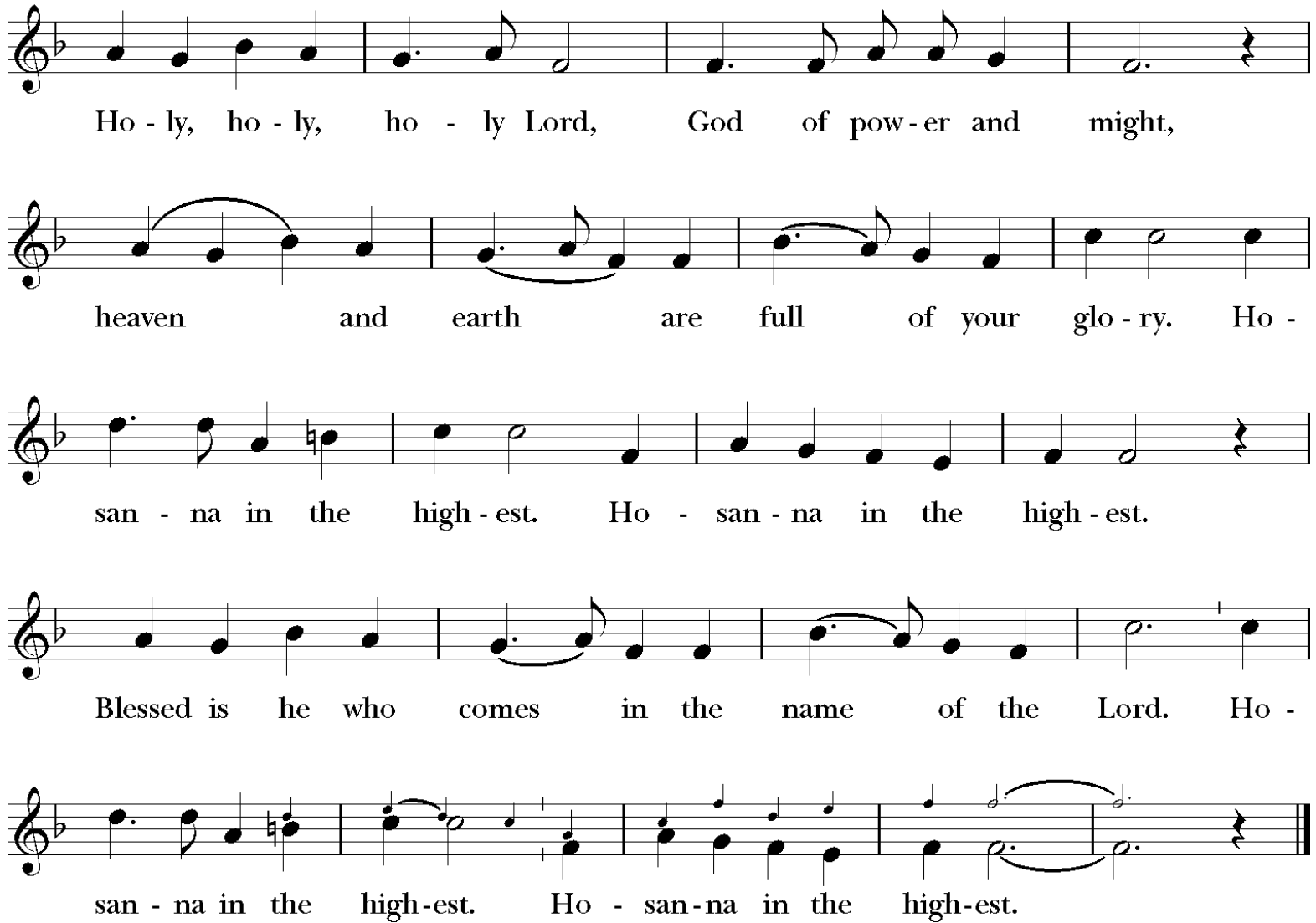
Presider Lift up your hearts.

People We lift them to God.

Presider Let us give thanks to God.

People It is right to offer thanks and praise.

Presider It is right indeed, holy God, at all times and in all places to give you thanks and praise. You are the source of all life; through your eternal Word you create all things, forming us in your image. When we turn away from you, you call us back to yourself, giving your Son to share our human nature. Out of love for us he accepted death and, lifted high upon the cross, he drew the whole world to himself. Therefore with the faithful who rest in him, with angels and archangels and all the company of heaven, we proclaim your glorious name, singing:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

Presider On the night before he died, Jesus, took bread. When he had given thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

Co-Presider After supper he took the cup; when he had given thanks, he gave it to them and said: Drink this, all of you, for this is my blood of the new covenant which is shed for you and for all; do this as often as you drink it, to remember me.

Therefore loving God, recalling your great goodness to us in Jesus, his suffering and death, his resurrection and ascension, and looking for his coming in glory, we celebrate our redemption with this bread of life and this cup of salvation.

People **O Jesus, your death we show forth, your resurrection we proclaim, and your coming we await!**

Co-Presider O God, send your Holy Spirit that these gifts of bread and wine which we receive may be to us spiritual food, and that we, filled with the Spirit's grace and power, may be renewed for service.

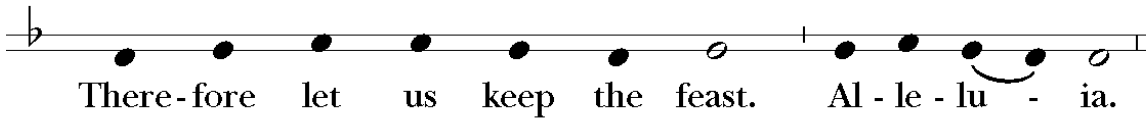
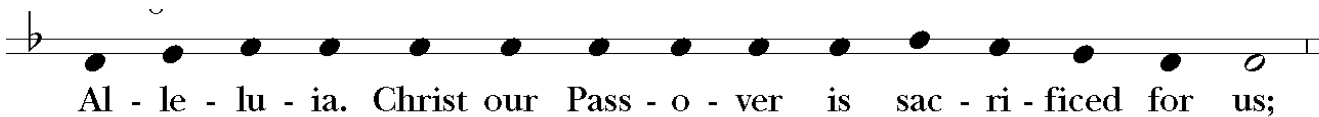
People **Blessing, honor and glory be yours, O God here and everywhere, now and forever. AMEN!**

Presider And now, as Jesus taught us, we pray,
Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory forever and ever. Amen.

The Breaking of the Bread

S 152

Ambrosian chant; adapt. Mason Martens



The Communion

Everyone is invited to God's Table. Gather, one group at a time, around the altar platform. Remain until everyone has received the bread and wine and has been dismissed by the Presider, saying, "Go in peace." You may consume the bread, then receive the wine by taking a sip from the chalice or goblet OR you may hold the bread, which will signal that you wish to intinct (dip it) into the chalice or the goblet. A non-alcoholic alternative to wine is offered in the plain goblet, and gluten-free crackers are available upon request. Laying-on-of-hands is available in the chapel to the right of the High Altar.

Music During Communion

Hymn 206 O sons and daughters, let us sing!
LEVAS 105 I'm So Glad, Jesus Lifted Me
Hymn 192 This joyful Eastertide

O filii et filiae
Traditional Spiritual
Vruechten

The Post-Communion Prayer

Presider Let us pray.

All **God of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share in Christ's body live his risen life; we who drink his cup bring life to others; we**

whom the Spirit enlightens give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name. Amen.

Closing Hymn 296 We know that Christ is raised and dies no more

Engelberg

The Blessing

Presider Let us commit together to live into a new life as children of God.

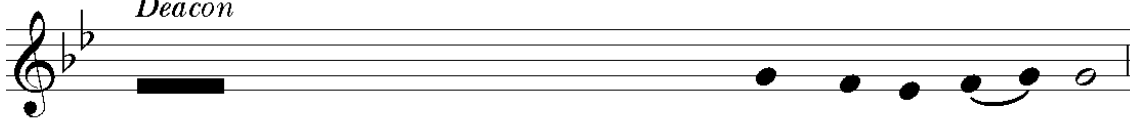
People **May we, as God's children, find his love by humbly following Jesus and by loving and serving each other.**

Presider May the blessing of God, Father, Son, and Holy Spirit be on each of us forever.

All **Amen.**

The Dismissal

Deacon



Let us go forth in the name of Christ, al - le - lu - ia,



al - le - lu - ia.

People



Thanks be to God, al - le - lu - ia, al - le - lu - ia.

Postlude We Know That Christ Is Raised

Engelberg / arr. David Cherwien

Sermon Seminar

Announcements *please limit each announcement to 30 seconds.*

The Epistle Acts 2:14a, 22-24

Read by

Sermon

Rev. William Flanders

✘ ✘ ✘

Jesus loves me, this I know.
In my heart i know it's so.
Little children he adored.
He's my friend and he's my lord.
Yes, Jesus loves me, (3)
In my heart I know it's so.

I love you and you love me.
That's the way we are to be.
To each other we belong.
All together we are strong.
Love one another. (3)
In our hearts we know it's so.

Announcements

Announcements should not exceed 125 words and should be submitted to Rebecca Richards by 5:00pm on Tuesday preceding the Sunday announcement is to run.

VISION 2020 -- BOLDLY ENGAGING IN OUR FUTURE

The Vision 2020 Steering Committee has selected an architect for St. Mark's capital campaign project of renovating and expanding the Parish Hall. Bonstra | Haresign Architects, a Washington-based firm, was chosen from among three finalists, all of which made compelling presentations to the Steering Committee. Bonstra was chosen, in part, because of its commitment to sustainable design, its understanding of the project (BHA produced the drawings of possible renovations during the Discernment Phase of this project in 2010) and our community, and its strong track record in working with local and federal historic preservation boards on renovations of historic properties. BHA will begin working on more detailed plans for renovation of the Parish Hall later this month. The Steering Committee is now engaged in a process of choosing a Project Manager for the construction project. The goal continues to be to begin fundraising this fall, with construction to start in 2012. Mike Townsend and Kenn Allen are co-chairs of the project, with Doris Burton, Ed Corr, Jane Rutherford and John Sedgewick serving as Steering Committee members, and Paul Abernathy continuing to play a key role in each step of the process. In the coming months, there will be ample opportunity for members of the community to weigh in on the many decisions that lie ahead. If you have any questions, please don't hesitate to contact a member of the Steering Committee.

Christian Ed

We welcome your participation and your interest in Christian Education classes offered at St. Mark's. Let us know where your interests lie in becoming more involved in the life of the parish!

1. **SUNDAY SCHOOL – BANNER SUNDAY May 22nd** – The end of the Sunday School year is traditionally marked with Banner Sunday which will be celebrated with one service on **May 22nd**. For these last three weeks, Sunday School for children ages 3 through 5th grades will continue to meet downstairs in the Undercroft of the church for their Catechesis of the Good Shepherd classes. Middle School will meet in the Adams Room and high school students will continue to meet in Baxter House at 118 3rd St., SE.
2. **CATECHESIS III and SUNDAY SCHOOL SURVEY** – We encourage all parents of Sunday School students to fill out the electronic survey, the link to which was sent via e-mail this past week, by **May 13th**. We are at the end of the two-year trial period for Catechesis III and need to decide as a community if we'd like to continue this program for our 4th and 5th graders or return to the functional (or experiential) approach that is currently used for Middle School and High School. While special emphasis will be placed on Catechesis III, we welcome feedback on the entire Sunday School program and encourage parents to contact Bobbi Smith at bsmith@thyroid.org or Katherine Loevinger at k.loevinger@yahoo.com if they'd like to discuss the program in more detail.
3. **"NUTS and BOLTS": CHRISTIAN ED TRAINING** – Interested in teaching a functionally led Adult Class or Middle School or High School in the future? Then this class is for you. Please join Marilu Sherer and Bruce Sherman in the Adam's Room on **May 4th, 11th and 18th** at 7:30 to learn more about Functional Christian Education. Attendees will learn how to plan classes and the training promises to be informative, hands-on, and fun. Please contact any of the Christian Ed Co-Directors, Will Long, will.long@comcast.net, Bobbi Smith, bsmith@thyroid.org, Penny Farley, p3farley@verizon.net, or Katherine Loevinger, k.loevinger@yahoo.com, for more information. A sign-up sheet is in the hall.
4. **CHRISTIAN ED GALA** – In appreciation for their dedication and hard work throughout the year, all teachers, supervisors, support staff and their partners are invited to the Christian Ed Gala on **May 21st** from 6:30-9:30. Jack and Tucker Harris have graciously offered to host this event in their home. Mark your calendars and look for an official E-vite. If you don't get one, and think you should, please accept our apologies in advance and notify one of the Christian Ed Co-Directors.

Spring Adult Class

5. **TURNING DOWN THE CHATTER, TUNING INTO PEACE – **NEW – IN TOWN RETREAT**** -- In this short Penniman course, of two evenings and a weekend in-town, we will explore our strategies for finding inner peace, what serves us and what may get in the way. We will seek a greater understanding of what pulls us toward more stimulation and activity and more meaningful participation in life and how that sometimes turns into more than we bargained for. Where does a peaceful existence happen? How can our functional education discipline help us get there? Classes will be held on **May 3rd** and **10th** from 7:30-9:30 in the Adams Room with the **May 6th** (evening) and **May 7th** (all day) in-town retreat at the home of Jane Rutherford on Capitol Hill. Please contact the teaching team with any questions or to register, Jeff Kincheloe kinchel@yahoo.com; Jane Rutherford jrutherford@dcaccess.net; Tom Wickenden twickenden@msn.com; and Linda Ewald LLERBE@aol.com. A sign-up sheet is also on the bulletin board. *Cost: \$50 which will include lunch and snacks during the retreat.*

6. **BEYOND THE FRAME** - "What Makes Us Smile?" - Mel Brooks said: "Humor is but another weapon against the universe." Tickling this universal and compelling subject, the current exhibit at the American Visionary Arts Museum (AVAM) in Baltimore offers a delightful vehicle for humor. Lynda Smith-Bugge and Stewart Andrews will lead this program designed to explore the hilarious aspects of our human nature. We will travel to AVAM on Saturday morning, **May 7th** to tour the exhibit, followed by lunch and lively discussion on site. Families and children are encouraged to participate. Carpooling is encouraged. Questions? Please contact Lynda at Lynda@SculptureForTheSoul.com or Stewart at noodlebox@verizon.net. Cost: \$30 for adults, no cost for kids under 16 (will cover museum entrance costs and Christian Ed program expenses.)

7. **THE DIVINE FEMININE** – How might the divine feminine influence my life--male or female? What is the interplay between my feminine and masculine spirits? How might I achieve more balance and awareness in my life? The facilitators are Julie Gaebe (jgaebe@gmail.com) and Matthew Black (matthewblack904@yahoo.com; 202-340-9177). Join fellow seekers in exploring the theme of the divine feminine through the life and teachings of the historic Jesus in the Synoptic Gospels and through ancient myth. Based on the unique approach of the Guild for Psychological Studies (www.guildsf.org), we will also use meditation, expressive arts, movement, journaling and music to deepen our exploration. This one-day class will be held in Baxter House on Saturday, **May 14**. A signup sheet is on the bulletin board. *Cost: \$30 includes materials. Bring your own bag lunch.*

Summer Offering:

8. **WHO I AM, I MUST BECOME: A SPIRITUAL JOURNEY.** Registration is now open for an experiential retreat to be held from **July 23rd** - **July 31st** at Shepherd's Spring, Sharpsburg, Maryland. This seminar will encourage participants to transform their individual spiritual journeys by accessing the wisdom, creativity, and power we hold at our core. Our work will be the quest to know ourselves more fully by using Jungian psychology as it interfaces with the teachings of Jesus, as well as western spiritual and contemplative traditions. This retreat is sponsored by St. Mark's Church, the Guild for Psychological Studies, the Center for Progressive Christianity, and the Jung Society of Washington and will be led by two Guild for Psychological Studies leaders – Hal Childs, PhD, MFT, MDiv and Patricia Stenger, MA, MFT. Contact: susanthompsonhoffman@yahoo.com or Matthew Black at Matthewblack904@yahoo.com for registration. Signups are in the foyer of St. Mark's Church.

Outreach

9. **CASSEROLES FOR THE SOUP KITCHEN** - **Today**, please pick up one or more casserole recipes and pans from the table near the High Altar. Bring your casserole(s) **next Sunday, May 8**, to any of the **three services**, and thereby help us feed needy Capitol Hill persons at the **Capitol Hill United Methodist Church!** Our monthly goal is **20 casseroles**. Questions? Contact Soup Kitchen Team Members Jack Richards; Mary Lee Watts; or Jim Shelar.

10. **OTHER SOUP KITCHEN ACTIVITIES** - Next Sunday, May 8, from 5–60 P.M, we will be making sandwiches for the Soup Kitchen in our Parish Hall. We always need 4-5 volunteers to help us finish on time! Please plan to join us in support of those on Capitol Hill who need nourishment, from our abundance.

11. **MITE BOX CAMPAIGN 2011**. With the arrival of Easter comes Mite box collection time! Starting **May 1st** until May 15th an Outreach Board member has been designate to collect the mite boxes and your donation at the end of each service. All money collected will go to the Friends of St. Vincent's Center for Handi-capped Children in Haiti and the Bishop Walker School for Boys in Southeast D.C. Please include your name, total amount, and pledge number if you would like your donation recorded for tax purposes. If you have any questions, please contact Grace O'Neill at ge_oneill@yahoo.com.

12. **SHELTER MINISTRY**. This summer St. Mark's will once again host the Shelter Ministry in July and August in cooperation with our friends at the Capitol Hill Group Ministry. Next week representatives from the Group Ministry will present Mission Moments at both morning services. There will be an information and orientation meeting for everyone interested in volunteering on Sunday, **May 15th** at 3:30 pm at Baxter House. For more information contact Stephanie Deutsch, 202-547-8624, or Susan Sedgewick, 202-546-0160, or Ryan Velasco, 202-413-7202

13. **GOOD FRIDAY OFFERING** - The Mid-East Working Group reports that we received \$1,580 in donations for the Dioceses of Jerusalem and Cyprus and the Gulf States at the Maundy Thursday service. The money will be sent to the dioceses to support their institutions ministering to the needs of their communities. These institutions serve all people, regardless of faith. Many thanks to all who contributed!

14. **WE NEED TWO BUDDIES** (as in "buddy system") to fill in for Bill and me this summer at the Samaritan Ministry's Anacostia office, a 10-minute drive from St. Mark's. One morning a week, we write simple resumes and correspondence for poor people seeking to improve their lives, one step at a time. The work is very rewarding. Sign up with Gayle Butzgy (gbutzgy@samaritanministry.org) or contact me (Ellen Frost) for more information: ((202) 547-8366 or ellefrost@earthlink.net.

Music

15. **SINGERS NEEDED: ALL VOICE PARTS** Consider joining the St. Mark's Chancel Choir. Rehearsals take place in the Nave every **Thursday** from 7:30-9:30 pm. The ability to read music is helpful but not required. For this and all other music-related announcements, please contact Director of Music Jeff Kempskie for more information.

16. **NEW BOYS & GIRLS CHOIR REHEARSAL TIME** In an effort to increase participation in the Boys & Girls Choir, Nadine Hathaway has offered to lead rehearsals every **Sunday** from 11:00 to 11:30 am in the Music Studio downstairs. Open to all children in grades 1-8. No prior experience necessary.

Parish Life

17. **CAREGIVERS SUPPORT GROUP**. The next meeting of the support group for those caring for a loved one or ones seriously ill or otherwise incapacitated, will be on **Monday, May 9**, at 7:30 PM in the Penniman Room. Feel free to contact the group leaders: Suella Henn, swhenn@mac.com, phone 202-544-0113, or Mary Welker, marymwelker@aol.com, 202-387-4083.

18. **NEWS FROM THE CAREGIVERS**: St Mark's now has 8 laypeople who are authorized to bring **communion** to parishioners in their homes or in the hospital. Susan Pinkerton trained them before she left to assist Paul during this time when he is without an associate. If you need this service and Paul is not available, please call Linda Ewald, John Barton, Fairfield Butt, Suella Henn, Randy Marks, Cecilia Monahan, Christine Powell or Gary Sloan to make arrangements.

19. **SERVICE TO HONORING CAREGIVERS**. On **May 2**, there will be a **service of worship at the Cathedral at noon** to honor the senior caregivers in all the churches in the Diocese. We will especially honor **Nancy Karpeles** whose **ministry of baking** is such a wonderful gift to our parish. Nancy has

also been a faithful friend to Mary Lacey Nohrden and often brings her to church. Come join us to honor Nancy! Lunch will be provided after the service.

20. **THIRD AGERS' Spring Potluck Luncheon & Program** will be held on **Sat 7 May 2011** in the Parish Hall from 10:30-2:30. Speakers from Seabury Care Ministries will talk about "Aging Safely at Home." Sign up on the bulletin board to bring a dish for 8+. Contacts: Gretchen Willson: 202-362-4417, willson-gretchen@yahoo.com; Tiiu Kera: 202-547-8295, t.kera@verizon.net; or Mimi Chesslin: 202-544-0748, mchesslin@yahoo.com.

21. **PEACE IN THE HOLY LAND: WHAT CAN I DO?** If you have ever asked yourself that question, the Mid-East Working Group invites you to come to the Adams Room on Sunday, **May 15**, for an hour of conversation after either the 9 am or the 11:15 am services. We will review the positions of the Episcopal Church on Israel/Palestine and discuss specific steps that individuals can take to advocate for peace, justice, and security for both nations.

Worship & Meditation

22. **CONTEMPLATIVE EUCHARIST AT 5PM.** Please join us in the Nave at 5:00 PM this Sunday for our contemplative Eucharist service. Feel free to bring a beverage and/or snack to share during the social hour that follows our service.

23. WEEK-DAY SERVICE AND MEDITATION OPPORTUNITIES

<u>Mondays 7:30 to 9:00pm</u>	Insight Meditation in the Nave
<u>Thursdays 7:00 to 8:30am</u>	Insight Meditation in the Nave
<u>Thursdays Noon to 12:45pm</u>	Holy Eucharist in the Chapel

Youth and Family Ministry

*Megan Courtney, St. Mark's Director of Youth Ministries can be reached at
megan.courtney@stmarks.net or (202) 543-0053 x320*

24. **CHILDREN'S CHAPEL TODAY** – This morning we will hold Children's Chapel in the Adams Room. This short service is for young children during the Liturgy of the Word upstairs. Songs, drawn prayers, and a confession ritual are part of this hands-on, kid-friendly gathering, led this Sunday by Paul. The group rejoins the service in the Nave at the Peace. Questions or concerns? Please contact Susan Flanders, susanflanders@earthlink.net.

25. **YOUTH CONFIRMATION CLASS CONTINUES, 11:20 – 1:30, ADAMS ROOM** - The youth confirmation course will meet today in the Adams Room from 11:20 – 1:30 for our final class. The confirmation service will take place at the National Cathedral on Saturday, May 14 for those who chose to be confirmed. We will acknowledge all students on Sunday, May 15 during the 9:00 service. Join us for coffee hour to celebrate those youth who committed to this year's youth confirmation class.

26. **MIDDLE SCHOOL SERVICE RETREAT** – All youth currently in middle school or entering middle school next fall are invited to participate in a summer service trip to the For Love of Children (F.L.O.C.) outdoor education center in Harpers Ferry, WV. **The trip will take place Thursday, July 7 to Sunday, July 10.** To sign up, please submit a deposit of \$50 no later than May 22. (trip cost: \$120 per child to cover 3 nights lodging, 9 meals, and a canoe trip. Scholarship available).

27. **SAFEGUARDING GOD'S CHILDREN TRAINING** - The spring classes for the required child abuse prevention training (for full time church employees and volunteers working with youth) are listed below. Dates and locations are:

- Sat. 5/7/ 11 St. Thomas', Croom (Region 6) 9:30 am – 12:30pm
- Sat. 5/21/11 Transfiguration (Region 4) 9:30 am - 12:30pm
- Sat. 6/11/11 St. George's, DC (Region 1) 9:30 am – 12:30pm

Online registration is required and is available at www.edow.org/prevention.

Parish Prayer List

Taylor Adams • Michael Bennett (sister of Raiford Gaffney) • Mimi Chesslin • Joya Cox •
 Betty and Jack Davis (Beryl Maloney-Lillaston's Aunt and Uncle) • Gabrielle Giffords •
 Amy Greyson (friend of Susan Block) • Celia Hahn • Ray Lacey • Dennis Lewis •
 Paul Long (brother of Elizabeth Long) • Janet McGregor • Winnie Mosher • Randell Prothro •
 Bruce Ritter • Al Rollins • Carroll Russell Sherer (Peter's mom) • Elin Whitney-Smith • Vicki Street •
 Kathy Tatko

Those of our Parish serving in the military: Clint Billings (son of Kevin Billings and Mary Louise Wagner),
 George Brown (son of Margaret Brown),
 August Dannenmaier (son of Chris Dannenmaier and nephew of Bill & Molly Dannenmaier),
 Jason Earnest (son of Erika Bugge and grandson of Paul Bugge and Lynda Smith Bugge),
 Karen Gangloff (daughter of Don Gangloff and Linda Huntington),
 Christian Schmidle (son of Robert and Pamela Schmidle, fiancé of Jen Salerno)

Military Service Deaths

Spc. Paul J. Atim, 27, of Green Bay, WI • Spc. Charles J. Wren, 25, of Beeville, TX
 Pfc. Joel A. Ramirez, 22, of Waxahachie, TX Sgt. • 1st Class Charles L. Adkins, 36, of Sandusky, OH
 Staff Sgt. Cynthia R. Taylor, 39, of Columbus, GA • Sgt. Linda L. Pierre, 28, Immokalee, FL
 Petty Officer 3rd Class Micah Aaron Hill, 27, of Ralston, NE • Pfc. John F. Kihm, 19, of Philadelphia, PA
 Sgt. Sonny J. Moses, 22, of Koror, Palau, • Sgt. John P. Castro, 25, of Andrews, TX
 1st Lt. Omar J. Vazquez, 25, of Hamilton, NJ • Pfc. Antonio G. Stiggins, 25, of Rio Rancho, NM
 Staff Sgt. James, A. Justice, 32, of Grimes, IA
 Chief Warrant Officer, Terry L. Varnadore II, 29, of Hendersonville, NC

Cycle of Prayer

In the Diocese of Washington:

St. Mark's Church, Washington • St. Mark's Church, Fairland • St. Philip's Church, Laurel
 St. Philip's Church, Brandywine (Baden Parish)
 The Parish of St. Monica's and St. James', Washington

This Week at St. Mark's as of 4/6/1 at 9:30am	
Sunday, May 1	
8:45am - 12:30pm	Nursery Care (Nursery)
9:00am – 10:00am	HOLY EUCHARIST and Laying on of Hands , Rev. Susan Flanders, Presiding; Rev. Paul Roberts Abernathy, Co-Presiding
9:00am - 10:00am	Children's Chapel (Adams Room) led by Rev. Paul Roberts Abernathy
9:45am - 10:45am	Sunday School (Classrooms)
10:00am -10:50am	Sermon Seminar (Nave) Rev. William Flanders, Preaching
11:00am - 11:30am	Girls and Boys Choir (Music Studio)
11:15am -12:30pm	HOLY EUCHARIST and Laying on of Hands , Rev. Paul Roberts Abernathy, Presiding; Rev. William Flanders Co-presiding and Preaching
11:30am - 1:30pm	Youth Confirmation Class (Adams Room)
12:45pm - 1:30pm	Boys and Girls Choir (Music Studio)
12:45pm - 2:00pm	Pub Lunch (Parish Hall)
1:00pm - 4:00pm	De-Greening (Nave, Parish Hall)
2:00pm -11:00pm	Players Rehearsal (Nave, Parish Hall)
4:30pm - 6:00pm	Yoga (Dance Studio)
5:00pm – 6:00pm	Contemplative Eucharist (Adams Room), Paul Roberts Abernathy; Presiding and Preaching
5:00pm – 6:00pm	ACoA Meeting (Room 6)

Monday, May 2

10:15am –7:30pm	Dance Classes (Dance Studio)
5:00pm - 11:00pm	Players Technical Rehearsal: Chicago (Nave, Parish Hall)
6:00pm - 7:05pm	Yoga (Adams Room)
7:30pm - 9:00pm	Insight Meditation Group (Adams Room)
7:30pm - 9:00pm	St. Mark's Reading Group (Penniman Room)

Tuesday, May 3

12:15pm – 1:15pm	Yoga Class (Dance Studio)
4:00pm - 8:45pm	Dance Studio Classes (Dance Studio)
5:00pm -11:00pm	Players Technical Rehearsal: Chicago (Nave, Parish Hall)
6:00pm - 7:05pm	Yoga Class (Adams Room)
7:00pm - 9:00pm	Liturgy Planning Team (Gregory Room)
7:30pm –9:30pm	Turning Down the Chatter (Adams Room)

Wednesday, May 4

10:30am –11:00am	Organ Rehearsal (Nave)
11:00am - 1:00pm	Wednesday Bible Study (Adams Room)
11:30am - 7:30pm	Dance Studio Classes (Dance Studio)
5:00pm -11:00pm	Players Tech Rehearsal: Chicago (Nave, Parish Hall)
6:00pm - 7:05pm	Yoga Class (Adams Room)
7:00pm - 9:00pm	Associate/Assistant Rector Search Committee (Gregory Room)
7:30pm - 9:30pm	Executive Committee of the MEWG (Library)

Thursday, May 5

7:00am - 8:00am	Insight Meditation Group (Nave)
12:00pm -12:30pm	Noon Eucharist (Nave)
4:00pm - 8:30pm	Dance Classes (Dance Studio)
6:30pm - 8:00pm	Yoga Class (Adams Room)
6:30pm - 8:30pm	Thursday Bible Study (Penniman Room)
7:15pm - 10:00pm	Choir Rehearsal (Nave)

Friday, May 6

7:00am – 8:00am	Turning Down the Chatter Retreat (Off-site)
5:00pm – 7:30pm	Yoga Class (Dance Studio)
5:00pm - 11:00pm	Dance Classes (Dance Studio)
6:00pm - 8:00pm	Players Production (Nave, Parish Hall)
8:00pm -11:00pm	Women's AA Meeting (Adams Room)
	Players Performance (Nave, Parish Hall)

Saturday, May 7

8:30am - 6:00pm	Turning Down the Chatter Retreat (Off-site)
10:00am –12:00pm	Dance Classes (Dance Studio)
5:00pm - 11:00pm	Yoga (Adams Room)
6:00pm - 9:00pm	Players Production (Nave, Parish Hall)
8:00pm - 11:00pm	AA Meeting (Adams Room)
	Players Performance: Chicago (Nave Parish Hall)

Sunday, May 8

8:45am - 12:30pm

9:00am – 10:00am

9:45am - 10:45am

10:00am - 10:30am

10:00am - 10:50am

11:00am - 11:30am

11:15am - 12:30pm

12:45pm - 1:30pm

1:00pm - 7:00pm

2:00pm - 11:00pm

4:30pm - 6:00pm

5:00pm – 6:00pm

5:00pm – 7:00pm

5:00pm – 6:00pm

Turning Down the Chatter Retreat (Off-site)

Nursery Care (Nursery)

Family EUCHARIST, Rev. Paul Roberts Abernathy, Presiding and Children's Reflection;
Susan Flanders, Co-Presiding

Sunday School (Classrooms)

Placing of Jerry McKenzie's Columbarium Plaque (Chapel)

Sermon Seminar (Nave) Loretta Veney, Preaching

Girls and Boys Choir (Music Studio)

HOLY EUCHARIST, Rev. Paul Roberts Abernathy, Presiding; Loretta Veney, Preaching

Girls and Boys Choir (Music Studio)

Players Production: Chicago (Nave, Parish Hall)

Pub Lunch (Parish Hall)

Yoga (Dance Studio)

Contemplative Eucharist (Adams Room), Paul Roberts Abernathy; Presiding and Preaching

Players Performance: Chicago (Nave, Parish Hall)

ACoA Meeting (Room 6)

St. Mark's Episcopal Church, Capitol Hill

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3rd and A Streets, SE

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Office Directory

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Adjunct Clergy: The Reverends William Flanders, Susan Flanders, Carl Siegel, Arnold Taylor

The Vestry

Senior Warden

Cecilia Monahan

(cartermonahan@yahoo.com)

Junior Warden

Phil Guire

(stmarksjuniorwarden@gmail.com)

Class of '12

Ed Corr, Jim Steed, Vicki Street

Class of '13

Bill Dickinson, Rick Hayes, Marilu Sherer

Class of '14

Grady Hedgespath, Charlotte Murray, Janet Vail

Officers

Crane Miller, *Treasurer*, Mary Cooper, *Register*,

Susan Sedgewick, *Manciple Coordinator*, Karlyn Stanley, *Counsel*

Diocesan Delegates

David Deutsch

Rick Rutherford

Maureen Shea

Liturgical Leaders and Worship Participants

Verger

David Deutsch

Acolytes

Mark Ossolinski, Josh Abramowitz, and Kate Billings

Altar Guild

Sherrill Taylor and Nancy Lucas

Lay Servers

Dick Rumpf, Dave Willson, Jude Harmon, and Sherrill Taylor

Bread & Wine

Phyllis Jane Young

Laying On of Hands

Josie Jordan